

TODDLER

Week

41

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Winter Weather Song

Materials: internet access, website:

<https://youtu.be/j57olsjKZ2M>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Encourage your child to follow along and move to the music.



Winter

by Ailie Busby

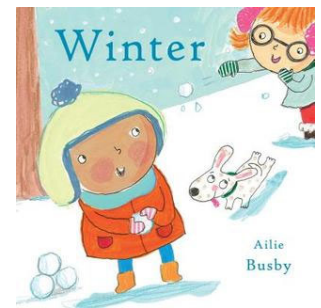
Materials: internet access, website:

<https://youtu.be/U5F4YA3g60Y>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "What clothing do you need for winter?" "What food keeps you warm?" "What games can you play inside in the winter?"



Snow Contact Paper

Materials: cotton balls, cotton swabs, contact paper, round cotton rounds (removes make-up), tape

Preparation: Cut some of the cotton swabs in half. Set out items on a tray. Tape contact paper on a window with the sticky side towards you.

Instructions:

1. Show your child the supplies and talk about winter and what we see, ex: snow, snowflakes, and snowmen.
2. Now, let your child create his/her own snowman, snowflakes, etc.
3. When finished, add another piece of contact paper to the outside, making window art.
4. Enjoy throughout the winter.



Sign Language "Cold"

Instructions:

1. Say, "Let us learn to say 'cold' using our hands."
2. Demonstrate and then have your child make the sign. Assist when needed.

Hold both "S" hands at chest level, shaking them as if shivering.



Snowman Build & Count

Materials: empty coffee creamer bottle, cotton balls, sharpies, tongs

Preparation: Gather supplies. Draw a snowman face and buttons on the bottle.

Instructions:

1. Show your child the empty bottle and cotton balls.
2. Say, "I want you to fill up the bottle with these cotton balls, using the tongs to pick them up. As you place a cotton ball in the bottle, count them. Assist when needed."



All You Need for a Snowman

by Alice Schertle

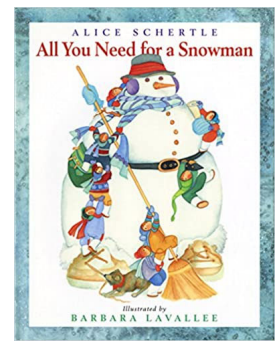
Materials: internet access, website:

<https://youtu.be/o-v0Lp-IBqw>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you.
2. Listen to the story together.
3. Ask questions, i.e. "What must you have first to build a snowman?" "What other items do you need?"



Frozen Yoga

Materials: internet access, website:

<https://youtu.be/xlg052EKMtk>

Preparation: Preview video. Find an open, safe area.

Instructions:

1. Have your child follow the directions in the video doing yoga. (This is a long video, so you might have to finish this session at another time.)
2. To enhance the activity, join in with your child.



Sign Language "Cold"

Instructions:

1. Say, "Let us learn to say 'cold' using our hands."
2. Demonstrate and then have your child make the sign. Assist when needed.

Hold both "S" hands at chest level, shaking them as if shivering.



The Dance Freeze Song

Materials: internet access, website:

https://youtu.be/A1vdKfXIB_g

Preparation: Locate a safe area to dance. Preview video.

Instructions:

1. Tell your child to listen and follow the instructions on the video.
2. To enhance the activity, join your child in this fun freeze dance!



Froggy Gets Dressed

by Jonathan London

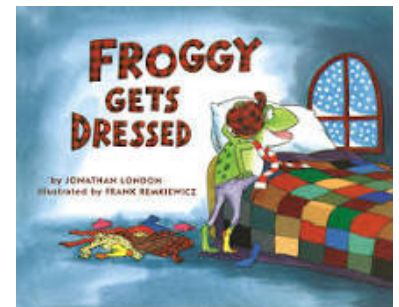
Materials: internet access, website:

<https://youtu.be/UveFBZ6Nn-c>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story together.
2. Ask questions, ex: "What did Froggy see out his window?" "What did Froggy put on to go out in the snow?" "What items did Froggy forget to put on?"



Dress for Winter

Materials: clothing (summer and winter items)

Preparation: Gather materials.

Instructions:

1. Talk about how it is cold outside. Sign the word "cold." Then show your child the different clothing items.
2. Encourage your child to look at the clothing and choose which one is for winter and which one is for summer. Then have him/her put on the winter items.



Sign Language "Cold"

Instructions:

1. Say, "Let us learn to say 'cold' using our hands."
2. Demonstrate and then have your child make the sign. Assist when needed.

Hold both "S" hands at chest level, shaking them as if shivering.



What Color is Winter

Materials: crayons, paper

Preparation: Gather materials.

Instructions:

1. Give your child the paper and discuss what he/she thinks winter looks like.
2. Encourage your child to draw a picture of a winter wonderland.



Winter Is Here

by Kevin Henkes

Materials: internet access, website:

<https://youtu.be/anByRvtTrDE>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "What are some signs of winter?" "What clothing do you need to wear for winter?" "What color is winter in the day and then at night?"



Winter in a bag

Materials: hair gel, glitter, plastic bag, marshmallows (mini and big)

Preparation: Put half a bottle of hair gel in a bag with all the ingredients and seal tightly. Place in the refrigerator to get cold.

Instructions:

1. Show your child the bag and have him/her feel it.
2. Ask your child to describe what he/she feels.
3. Then allow him/her to play by moving the items around and create.



Sign Language "Cold"

Instructions:

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2. Demonstrate and then have your child make the sign. Assist when needed.

Hold both "S" hands at chest level, shaking them as if shivering.



Sleigh Stretch

Preparation: Locate an open, safe area.

Instructions:

1. Have your child lay on his/her stomach.
2. Then have your child lift his/her arms and legs at the same time.
3. Say, "Pretend you are sliding down a hill on the snow."
4. Add sound effects, ex: "Wheeee!" and "Whooooosh!"
5. Repeat exercise as interest remains.



Cleo In the Snow

by Stella Blackstone

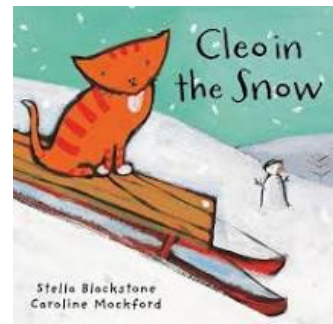
Materials: internet access, website:

https://youtu.be/JZH2hgFEu_0

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "What did Cleo do first?" "Who rode on the sled first?" "What did Cleo decide she liked to do in the snow?"



Let's Go Sledding

Materials: 2 bowls (large & small), shaving cream (non-menthol), 2 round plastic lids, 2 small toy people (i.e. Lego® minis), cookie sheet

Preparation: Place bowls on cookie sheet upside down.

Instructions:

1. Show your child the bowls and begin to spray shaving cream to cover both.
2. Encourage your child to place a toy on the lid and try to make it slide down the snow-covered hill.
3. Discuss which one goes faster.



Sign Language "Cold"

Instructions:

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2. Demonstrate and then have your child make the sign. Assist when needed.

Hold both "S" hands at chest level, shaking them as if shivering.

