

Monday

Tuesday

Wednesday

Thursday

Friday

Multicultural Focus:



KRK closed for the **1**



Breakfast: French toast sticks w/syrup, milk **2**

A.M. Snack: Cheese w/ crackers, water

Lunch: Turkey sandwich w/ veggie chips, fruit, milk

P.M. Snack: Pretzels w/ hummus, apple juice

Breakfast: French toast w/syrup, strawberries milk **3**

A.M. Snack: Navel oranges, water

Lunch: Fish sticks w/fries, fruit, milk

P.M. Snack: Cheez its, carrots, water

Breakfast: Cereal w/ blueberries, milk **6**

A.M. Snack: Strawberry yogurt, water

Lunch: Chicken salad w/ crackers, fruit, milk

P.M. Snack: Yogurt bites w/carrots, apple juice

Breakfast: English muffins w/ sausage, milk **7**

A.M. Snack: Bananas, water

Lunch: BBQ chicken w/ sweet potato, fruit, milk

P.M. Snack: Rice cakes, water

Breakfast: Chicken and waffles, milk **8**

A.M. Snack: Pineapple tidbits, water

Lunch: Turkey and cheese wraps, fruit, milk

P.M. Snack: Cheez its, apple juice

Breakfast: Egg bites, milk **9**

A.M. Snack: Strawberry yogurt, water

Lunch: Vegetable beef soup w/zucchini, fruit, milk

P.M. Snack: Pretzels w/ cheese, apple juice

Breakfast: Apple muffins, milk **10**

A.M. Snack: Fresh fruit, water

Lunch: Beef bulgogi w/ rice, fruit, milk

P.M. Snack: Graham crackers, apple juice

Breakfast: Raisin toast w/ apple juice **13**

A.M. Snack: Oranges, water

Lunch: Chili mac w/ cornbread, fruit, milk

P.M. Snack: String cheese, water

Breakfast: Cereal w/ blueberries, milk **14**

A.M. Snack: Bananas, water

Lunch: Orange chicken w/green beans, fruit, milk

P.M. Snack: Cheese and crackers, apple juice

Breakfast: Oatmeal w/ raisins, milk **15**

A.M. Snack: Cottage cheese w/pineapples, water

Lunch: Popcorn chicken salad, fruit, milk

P.M. Snack: Goldfish, water

Breakfast: Pancakes w/ syrup, milk **16**

A.M. Snack: Oranges, water

Lunch: Chicken w/ noodles, crackers, fruit, milk

P.M. Snack: Cucumbers w/ ranch dressing, apple juice

Breakfast: Potato and egg tacos, milk **17**

A.M. Snack: Diced pears, water

Lunch: Fish sticks w/ sweet potato fries, fruit, milk

P.M. Snack: Teddy grahams, w/ cheese, apple juice

KRK closed for **20**



Breakfast: English muffins w/sausage, milk **21**

A.M. Snack: Bananas, water

Lunch: BBQ Chicken w/ sweet potato, fruit, milk

P.M. Snack: Rice cakes, water

Breakfast: Chicken and waffles, milk **22**

A.M. Snack: Pineapple tidbits, water

Lunch: Turkey and cheese wraps, fruit, milk

P.M. Snack: Cheez its, apple juice

Breakfast: Egg bites, milk **23**

A.M. Snack: Strawberry yogurt, water

Lunch: Vegetable beef soup w/zucchini, fruit, milk

P.M. Snack: Chex mix, apple juice

Breakfast: Apple muffins, milk **24**

A.M. Snack: Fresh fruit, water

Lunch: Beef taco salad, fruit, milk

P.M. Snack: Graham crackers, apple juice

Breakfast: Raisin toast w/apple juice **27**

A.M. Snack: Oranges, water

Lunch: Chili mac w/ cornbread, fruit, milk

P.M. Snack: String cheese, water

Breakfast: Cereal w/ blueberries, milk **28**

A.M. Snack: Bananas, water

Lunch: Orange chicken w/ green beans, fruit, milk

P.M. Snack: Cheese and crackers, apple juice

Breakfast: Oatmeal w/ raisins, milk **29**

A.M. Snack: Cottage cheese w/pineapples, water

Lunch: Popcorn chicken salad, fruit, milk

P.M. Snack: Goldfish, water

Breakfast: Pancakes w/ syrup, milk **30**

A.M. Snack: Oranges, water

Lunch: Chicken w/ noodles, crackers, fruit, milk

P.M. Snack: Cucumbers w/ranch dressing, apple juice

Breakfast: Potato and egg tacos, milk **31**

A.M. Snack: Diced pears, water

Lunch: Fish sticks w/ sweet potato fries, fruit, milk

P.M. Snack: Teddy grahams, w/cheese, apple juice