

A.M. Snack: Pears, water

**Lunch**: Lemon pepper chicken w/ carrots, pears,

**P.M. Snack**: Graham crackers w/ yogurt, water

crackers, milk

## 2024 MENU

## September

Monday	Tuesday	Wednesday	Thursday	Friday
Multicultural Focus: Spain	Breakfast: Cheerios w/ 3 blueberries, milk	Breakfast: Bagels w/ 4 bananas, milk	<b>Breakfast</b> : Biscuits w/ <b>5</b> turkey sausage, blueberries, milk	Breakfast: Bean and 6 cheese tacos w/ pineapples, milk
	A.M. Snack: Pears, water  Lunch: BBQ Meatballs w/	<b>A.M. Snack</b> : Orange slices, water	A.M. Snack: Peaches, water	<b>A.M. Snack</b> : Raisin bread w/ sun butter, water
	green beans, pears, milk  P.M. Snack: Graham	Lunch: Chicken w/ egg noodles, peas, peaches, milk	Lunch: Chili mac and cheese w/ carrots, fruit cocktail, milk	Lunch: Pizza sticks w/ salad, bananas, milk
	crackers w/ applesauce, water	<b>P.M. Snack</b> : String cheese, apple juice	<b>P.M. Snack</b> : Wheat thins w/ celery sticks, water	P.M. Snack: Rice cakes, orange slices, water
<b>Breakfast</b> : Cheerios <b>9</b> w/ blueberries, milk	Breakfast: Waffles w/ 10 peaches, milk	Breakfast: Egg bites w/ 11 blueberries, milk	Breakfast: Oatmeal w/ 12 peaches, milk	Breakfast: Sausage w/ 13 egg tacos, blueberries, milk
<b>A.M. Snack</b> : Pears, water	<b>A.M. Snack</b> : Bananas, water	<b>A.M. Snack</b> : Oranges, water	<b>A.M. Snack</b> : Apple sauce w/ wafers, water	<b>A.M. Snack</b> : Yogurt w/ strawberries, water
<b>Lunch</b> : Chicken fajitas w/ peppers, rice, pears, milk	Lunch: Turkey w/ cheese sandwich, veggie straws, mandarin oranges, milk	Lunch: Picadillo w/ rice, carrots, apple slices, milk  P.M. Snack: Wheat thins,	Lunch: Chicken alfredo w/ broccoli, fruit cocktail, milk	<b>Lunch</b> : Chicken nuggets w/ sweet potato fries, bananas, milk
<b>P.M. Snack</b> : Cheez its, applesauce, water	P.M. Snack: Goldfish, carrots, water	apple juice	<b>P.M. Snack</b> : Teddy grahams, yogurt, water	P.M. Snack: Pretzel's w/cheese, apple juice
<b>Breakfast</b> : Cheerios <b>16</b> w/ blueberries, milk	Breakfast: French toast 17 w/ strawberries, milk	Breakfast: Omelets w/ 18 blueberries, milk	Breakfast: Bagels w/ 19 strawberry cream cheese, milk	Breakfast: Apple muffins, milk
<b>A.M. Snack</b> : pears, water	<b>A.M. Snack</b> : Bananas, water	<b>A.M. Snack</b> : Oranges, water	<b>A.M. Snack</b> : Fruit bars, water	<b>A.M. Snack</b> : Apple sauce w/ wafers, water
Lunch: Chicken w/ yellow rice, peas, pears, milk	<b>Lunch</b> : Hamburger's w/ hummus, apple slices, milk	Lunch: Chicken mac and cheese w/ carrots, oranges, milk	Lunch: Popcorn chicken salad w/ pineapples, milk	<b>Lunch</b> : Fish sticks w/ tater tots, fruit cocktail, milk
<b>P.M. Snack</b> : Yogurt w/ bananas, water	<b>P.M. Snack</b> : Tiger bites, apple slices, water	<b>P.M. Snack</b> : Sun chips, cucumber slices, water	<b>P.M. Snack</b> : Baby carrots, apple juice	P.M. Snack: Teddy grahams w/ yogurt, water
Breakfast: Cheerios 23 w/ blueberries, milk	Breakfast: English muffins w/ apple sauce, turkey bacon, milk	Breakfast: Oatmeal w/ 25 peaches, milk	Breakfast: Pancakes w/ <b>26</b> syrup, blueberries, milk	Breakfast: Potato and 27 egg tacos w/ apple slices, milk
<b>A.M. Snack</b> : Pears, water	<b>A.M. Snack</b> : Bananas, water	<b>A.M. Snack</b> : Applesauce w/ raisin bread, water	<b>A.M. Snack</b> : Yogurt w/ strawberries, water	<b>A.M. Snack</b> : Trail mix, water
<b>Lunch</b> : Baked chicken w/ mixed veggies, mandarin oranges, milk	Lunch: Bean chili w/ cornbread, apple slices, milk	Lunch: Chicken and waffles w/ potatoes, pears, milk	Lunch: Meat and potatoes w/ corn, wheat bread, peaches, milk	Lunch: Dino nuggets w/ sweet potatoes, pineapples, milk
<b>P.M. Snack</b> : Cheez its, apple slices	<b>P.M. Snack</b> : String cheese, sliced pears	<b>P.M. Snack</b> : Wheat thins, yogurt, water	<b>P.M. Snack</b> : Broccoli crowns, apple juice	P.M. Snack: Trail mix w/ baby carrots, water