

<p><b>1</b></p> <p><b>Breakfast</b> Cereal, strawberries, milk</p> <p><b>AM Snack</b> Goldfish crackers, water</p> <p><b>Lunch</b> Beans w/rice, broccoli, mandarin oranges, milk</p> <p><b>PM Snack</b> Animal crackers, apple juice</p>	<p><b>2</b></p> <p><b>Breakfast</b> Mini bagel w/cream cheese, blueberries, milk</p> <p><b>AM Snack</b> 100% welch's fruit snack, water</p> <p><b>Lunch</b> Corndog mini's, green beans, pineapples tidbits, milk</p> <p><b>PM Snack</b> Fig newton bar, apple juice</p>	<p><b>3</b></p> <p><b>Breakfast</b> French toast w/syrup, apple slices, milk</p> <p><b>AM Snack</b> Rice cake, water</p> <p><b>Lunch</b> Meatballs w/gravy, cilantro lime rice, mixed vegetables, pears, milk</p> <p><b>PM Snack</b> Graham crackers, apple juice</p>	<p><b>4</b></p> <p><i>Have a Great 4th of July!</i></p> 	<p><b>5</b></p> <p><b>Breakfast</b> Turkey sausage link, biscuits w/jelly, applesauce, milk</p> <p><b>AM Snack</b> Watermelon, water</p> <p><b>Lunch</b> Grilled cheese, sandwich, tater tots, diced peaches, milk</p> <p><b>PM Snack</b> Nilla wafers, apple juice</p>
<p><b>8</b></p> <p><b>Breakfast</b> Cereal, strawberries, milk</p> <p><b>AM Snack</b> String cheese, water</p> <p><b>Lunch</b> Dino chicken nuggets, corn, mixed fruit, milk</p> <p><b>PM Snack</b> Cheez-Itz, apple juice</p>	<p><b>9</b></p> <p><b>Breakfast</b> Scrambled eggs, toast w/jelly, orange juice</p> <p><b>AM Snack</b> Watermelon, water</p> <p><b>Lunch</b> Bean stew w/rice, broccoli, diced peaches, milk</p> <p><b>PM Snack</b> Hummus w/pita bread, apple juice</p>	<p><b>10</b></p> <p><b>Breakfast</b> Waffle w/syrup, bananas, milk</p> <p><b>AM Snack</b> Nilla wafers, water</p> <p><b>Lunch</b> Beef ravioli's w/marinara sauce, green beans, pears, milk</p> <p><b>PM Snack</b> 100% welch's fruit snacks, water</p>	<p><b>11</b></p> <p><b>Breakfast</b> French toast w/syrup, apple slices, milk</p> <p><b>AM Snack</b> Belvita crackers, water</p> <p><b>Lunch</b> Pepperoni pizza rolls, salad w/ranch, mandarin, milk</p> <p><b>PM Snack</b> Graham crackers, apple juice</p>	<p><b>12</b></p> <p><b>Breakfast</b> Oatmeal w/blueberries, milk</p> <p><b>AM Snack</b> Rice cake, water</p> <p><b>Lunch</b> Bean &amp; cheese taco, sweet peas, pineapple tidbits, milk</p> <p><b>PM Snack</b> Goldfish crackers, apple juice</p>
<p><b>15</b></p> <p><b>Breakfast</b> Pancakes w/syrup, strawberries, milk</p> <p><b>AM Snack</b> Goldfish crackers, water</p> <p><b>Lunch</b> Beans w/rice, broccoli, mandarin oranges, milk</p> <p><b>PM Snack</b> Animal crackers, apple juice</p>	<p><b>16</b></p> <p><b>Breakfast</b> Mini bagel w/cream cheese, blueberries, milk</p> <p><b>AM Snack</b> 100% welch's fruit snack, water</p> <p><b>Lunch</b> Corndog mini's, green beans, pineapples tidbits, milk</p> <p><b>PM Snack</b> Fig newton bar, apple juice</p>	<p><b>17</b></p> <p><b>Breakfast</b> French toast w/syrup, apple slices, milk</p> <p><b>AM Snack</b> Rice cake, water</p> <p><b>Lunch</b> Meatballs w/gravy, cilantro lime rice, mixed vegetables, pears, milk</p> <p><b>PM Snack</b> Graham crackers, apple juice</p>	<p><b>18</b></p> <p><b>Breakfast</b> Pancakes w/syrup, bananas, milk</p> <p><b>AM Snack</b> Fruit granola bars, water</p> <p><b>Lunch</b> Mac &amp; cheese w/bacon bits, sweet peas, applesauce, milk</p> <p><b>PM Snack</b> Cucumbers w/ranch, apple juice</p>	<p><b>19</b></p> <p><b>Breakfast</b> Turkey sausage link, biscuits w/jelly, applesauce, milk</p> <p><b>AM Snack</b> Watermelon, water</p> <p><b>Lunch</b> Grilled cheese, sandwich, tater tots, diced peaches, milk</p> <p><b>PM Snack</b> Nilla wafers, apple juice</p>
<p><b>22</b></p> <p><b>Breakfast</b> Cereal, strawberries, milk</p> <p><b>AM Snack</b> String cheese, water</p> <p><b>Lunch</b> Dino chicken nuggets, corn, mixed fruit, milk</p> <p><b>PM Snack</b> Cheez-Itz, apple juice</p>	<p><b>23</b></p> <p><b>Breakfast</b> Scrambled eggs, toast w/jelly, orange juice</p> <p><b>AM Snack</b> Watermelon, water</p> <p><b>Lunch</b> Bean stew w/rice, broccoli, diced peaches, milk</p> <p><b>PM Snack</b> Hummus w/pita bread, apple juice</p>	<p><b>24</b></p> <p><b>Breakfast</b> Waffle w/syrup, bananas, milk</p> <p><b>AM Snack</b> Nilla wafers, water</p> <p><b>Lunch</b> Beef ravioli's w/marinara sauce, green beans, pears, milk</p> <p><b>PM Snack</b> 100% welch's fruit snacks, water</p>	<p><b>25</b></p> <p><b>Breakfast</b> French toast w/syrup, apple slices, milk</p> <p><b>AM Snack</b> Belvita crackers, water</p> <p><b>Lunch</b> Pepperoni pizza rolls, salad w/ranch, mandarin, milk</p> <p><b>PM Snack</b> Graham crackers, apple juice</p>	<p><b>26</b></p> <p><b>Breakfast</b> Oatmeal w/blueberries, milk</p> <p><b>AM Snack</b> Rice cake, water</p> <p><b>Lunch</b> Bean &amp; cheese taco, sweet peas, pineapple tidbits, milk</p> <p><b>PM Snack</b> Goldfish crackers, apple juice</p>
<p><b>29</b></p> <p><b>Breakfast</b> Cereal, strawberries, milk</p> <p><b>AM Snack</b> Graham crackers, water</p> <p><b>Lunch</b>  Hamburger helper sweet peas, peaches, milk</p> <p><b>PM Snack</b> Animal crackers, apple juice</p>	<p><b>30</b></p> <p><b>Breakfast</b> Mini bagel w/cream cheese, blueberries, milk</p> <p><b>AM Snack</b> 100% welch's fruit snack, water</p> <p><b>Lunch</b> Corndog mini's, green beans, pineapples tidbits, milk</p> <p><b>PM Snack</b> Fig newton bar, apple juice</p>	<p><b>31</b></p> <p><b>Breakfast</b> French toast w/syrup, apple slices, milk</p> <p><b>AM Snack</b> Rice cake, water</p> <p><b>Lunch</b> Meatballs w/gravy, cilantro lime rice, mixed vegetables, pears, milk</p> <p><b>PM Snack</b> Graham crackers, apple juice</p>	<p><b>This month's Multi-Cultural Theme is</b></p> <p><b>USA</b></p>  <p>We will be featuring a signature dish that will represent these countries.</p>	<p><b>Please note:</b> Water is suggested as a beverage for all snacks even when other beverages are offered to encourage children to drink water.</p>