

<p>1</p> <p>Breakfast Cereal, strawberries, milk</p> <p>AM Snack Goldfish crackers, water</p> <p>Lunch Beans w/rice, broccoli, mandarin oranges, milk</p> <p>PM Snack Animal crackers, apple juice</p>	<p>2</p> <p>Breakfast Mini bagel w/cream cheese, blueberries, milk</p> <p>AM Snack 100% welch's fruit snack, water</p> <p>Lunch Corndog mini's, green beans, pineapples tidbits, milk</p> <p>PM Snack Fig newton bar, apple juice</p>	<p>3</p> <p>Breakfast French toast w/syrup, apple slices, milk</p> <p>AM Snack Rice cake, water</p> <p>Lunch Meatballs w/gravy, cilantro lime rice, mixed vegetables, pears, milk</p> <p>PM Snack Graham crackers, apple juice</p>	<p>4</p> <p><i>Have a Great 4th of July!</i></p> 	<p>5</p> <p>Breakfast Turkey sausage link, biscuits w/jelly, applesauce, milk</p> <p>AM Snack Watermelon, water</p> <p>Lunch Grilled cheese, sandwich, tater tots, diced peaches, milk</p> <p>PM Snack Nilla wafers, apple juice</p>
<p>8</p> <p>Breakfast Cereal, strawberries, milk</p> <p>AM Snack String cheese, water</p> <p>Lunch Dino chicken nuggets, corn, mixed fruit, milk</p> <p>PM Snack Cheez-Itz, apple juice</p>	<p>9</p> <p>Breakfast Scrambled eggs, toast w/jelly, orange juice</p> <p>AM Snack Watermelon, water</p> <p>Lunch Bean stew w/rice, broccoli, diced peaches, milk</p> <p>PM Snack Hummus w/pita bread, apple juice</p>	<p>10</p> <p>Breakfast Waffle w/syrup, bananas, milk</p> <p>AM Snack Nilla wafers, water</p> <p>Lunch Beef ravioli's w/marinara sauce, green beans, pears, milk</p> <p>PM Snack 100% welch's fruit snacks, water</p>	<p>11</p> <p>Breakfast French toast w/syrup, apple slices, milk</p> <p>AM Snack Belvita crackers, water</p> <p>Lunch Pepperoni pizza rolls, salad w/ranch, mandarin, milk</p> <p>PM Snack Graham crackers, apple juice</p>	<p>12</p> <p>Breakfast Oatmeal w/blueberries, milk</p> <p>AM Snack Rice cake, water</p> <p>Lunch Bean & cheese taco, sweet peas, pineapple tidbits, milk</p> <p>PM Snack Goldfish crackers, apple juice</p>
<p>15</p> <p>Breakfast Pancakes w/syrup, strawberries, milk</p> <p>AM Snack Goldfish crackers, water</p> <p>Lunch Beans w/rice, broccoli, mandarin oranges, milk</p> <p>PM Snack Animal crackers, apple juice</p>	<p>16</p> <p>Breakfast Mini bagel w/cream cheese, blueberries, milk</p> <p>AM Snack 100% welch's fruit snack, water</p> <p>Lunch Corndog mini's, green beans, pineapples tidbits, milk</p> <p>PM Snack Fig newton bar, apple juice</p>	<p>17</p> <p>Breakfast French toast w/syrup, apple slices, milk</p> <p>AM Snack Rice cake, water</p> <p>Lunch Meatballs w/gravy, cilantro lime rice, mixed vegetables, pears, milk</p> <p>PM Snack Graham crackers, apple juice</p>	<p>18</p> <p>Breakfast Pancakes w/syrup, bananas, milk</p> <p>AM Snack Fruit granola bars, water</p> <p>Lunch Mac & cheese w/bacon bits, sweet peas, applesauce, milk</p> <p>PM Snack Cucumbers w/ranch, apple juice</p>	<p>19</p> <p>Breakfast Turkey sausage link, biscuits w/jelly, applesauce, milk</p> <p>AM Snack Watermelon, water</p> <p>Lunch Grilled cheese, sandwich, tater tots, diced peaches, milk</p> <p>PM Snack Nilla wafers, apple juice</p>
<p>22</p> <p>Breakfast Cereal, strawberries, milk</p> <p>AM Snack String cheese, water</p> <p>Lunch Dino chicken nuggets, corn, mixed fruit, milk</p> <p>PM Snack Cheez-Itz, apple juice</p>	<p>23</p> <p>Breakfast Scrambled eggs, toast w/jelly, orange juice</p> <p>AM Snack Watermelon, water</p> <p>Lunch Bean stew w/rice, broccoli, diced peaches, milk</p> <p>PM Snack Hummus w/pita bread, apple juice</p>	<p>24</p> <p>Breakfast Waffle w/syrup, bananas, milk</p> <p>AM Snack Nilla wafers, water</p> <p>Lunch Beef ravioli's w/marinara sauce, green beans, pears, milk</p> <p>PM Snack 100% welch's fruit snacks, water</p>	<p>25</p> <p>Breakfast French toast w/syrup, apple slices, milk</p> <p>AM Snack Belvita crackers, water</p> <p>Lunch Pepperoni pizza rolls, salad w/ranch, mandarin, milk</p> <p>PM Snack Graham crackers, apple juice</p>	<p>26</p> <p>Breakfast Oatmeal w/blueberries, milk</p> <p>AM Snack Rice cake, water</p> <p>Lunch Bean & cheese taco, sweet peas, pineapple tidbits, milk</p> <p>PM Snack Goldfish crackers, apple juice</p>
<p>29</p> <p>Breakfast Cereal, strawberries, milk</p> <p>AM Snack Graham crackers, water</p> <p>Lunch  Hamburger helper sweet peas, peaches, milk</p> <p>PM Snack Animal crackers, apple juice</p>	<p>30</p> <p>Breakfast Mini bagel w/cream cheese, blueberries, milk</p> <p>AM Snack 100% welch's fruit snack, water</p> <p>Lunch Corndog mini's, green beans, pineapples tidbits, milk</p> <p>PM Snack Fig newton bar, apple juice</p>	<p>31</p> <p>Breakfast French toast w/syrup, apple slices, milk</p> <p>AM Snack Rice cake, water</p> <p>Lunch Meatballs w/gravy, cilantro lime rice, mixed vegetables, pears, milk</p> <p>PM Snack Graham crackers, apple juice</p>	<p>This month's Multi-Cultural Theme is</p> <p>USA</p>  <p>We will be featuring a signature dish that will represent these countries.</p>	<p>Please note: Water is suggested as a beverage for all snacks even when other beverages are offered to encourage children to drink water.</p>