Kids R Kids Learning Academy

Menu

MARCH 2019

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This month's Multi-Cultural Theme is IRELAND We will be featuring a signature dish that will represent these countries.	**Please note:** Water is suggested as a beverage for all snacks even when other beverages are offered to encourage children to drink water.			**1** **Breakfast** Raisin toast, cream cheese, applesauce, milk **AM Snack** 100% Welch's fruit snacks, water **Lunch** Turkey & cheese croissant, sun chips, pineapples tidbits, milk **PM Snack** String cheese, apple juice
4 **Breakfast** Cereal, strawberries, milk **AM Snack** Cheez-itz, water **Lunch** Breaded fish, corn, mixed fruit, milk **PM Snack** Tortilla roll-up w/cheese, apple juice	**5** **Breakfast** Muffin, 100% orange juice **AM Snack** Babybel cheese, ritz crackers, water **Lunch** Grilled chicken w/salad & Italian dressing, garlic bread, diced peaches, milk **PM Snack** Saltine crackers, smoked turkey, apple juice	**6** **Breakfast** Oatmeal w/raisins, milk **AM Snack** Goldfish, water **Lunch** Steak fingers, mashed potatoes, sweet peas, mandarin oranges, milk **PM Snack** 100% Welch's fruit snack	**7** **Breakfast** Scrambled eggs, toast, 100% orange juice **AM Snack** Carrots w/ranch, water **Lunch** Gemelli w/meat sauce salad w/ranch, pineapple tidbits, milk **PM Snack** Jello w/apples, water	**8** **Breakfast** French toast w/syrup, bananas, milk **AM Snack** Fruit nutri-grain bar, water **Lunch** Potato & cheese soup, mandarin oranges, milk **PM Snack** Ritz crackers, sliced cheese, apple juice
11 **Breakfast** Cereal, strawberries, milk **AM Snack** Gold fish, water **Lunch** Dino nuggets, baked french fries, diced peaches, milk **PM Snack** 100% Welch's fruit snacks, water	**12** **Breakfast** Egg taco, blueberries milk **AM Snack** Fruit nutri-grain bar, water **Lunch** BBQ meatballs, mashed potatoes, rolls, mixed fruit, milk **PM Snack** Jello w/fruit, water	**13** **Breakfast** Mini bagels w/cream cheese, 100% orange juice **AM Snack** Belvita crackers, water **Lunch** Pepperoni pizza rolls, mixed veggie, pears, milk **PM Snack** Yogurt raisins, water	**14** **Breakfast** French toast w/syrup, bananas, milk **AM Snack** Nilla wafers, water **Lunch** Tater tot casserole w/cheese, vegetables & beef, applesauce, milk **PM Snack** Wheat thin crackers w/sliced cheese, apple juice	**15** **Breakfast** Raisin toast, cream cheese, applesauce, milk **AM Snack** Cheez-Itz, water **Lunch** Turkey & cheese croissant, sun chips, pineapples tidbits, milk **PM Snack** String cheese, apple juice
18 **Breakfast** Cereal, strawberries, milk **AM Snack** Cheez-itz, water **Lunch** Breaded fish, corn, mixed fruit, milk **PM Snack** Tortilla roll-up w/cheese, apple juice	**19** **Breakfast** Muffin, 100% orange juice **AM Snack** Babybel cheese, ritz crackers, water **Lunch** Shepherd's pie w/mashed potatoes applesauce, milk **PM Snack** Saltine crackers, smoked turkey, apple juice	**20** **Breakfast** Oatmeal w/raisins, milk **AM Snack** Goldfish, water **Lunch** Steak fingers, mashed potatoes, sweet peas, mandarin oranges, milk **PM Snack** 100% Welch's fruit snack	**21** **Breakfast** Scrambled eggs, toast, 100% orange juice **AM Snack** Carrots w/ranch, water **Lunch** Gemelli w/meat sauce salad w/ranch, pineapple tidbits, milk **PM Snack** Jello w/apples, water	**22** **Breakfast** French toast w/syrup, bananas, milk **AM Snack** Fruit nutri-grain bar, water **Lunch** Potato & cheese soup, mandarin oranges, milk **PM Snack** Ritz crackers, sliced cheese, apple juice
25 **Breakfast** Cereal, strawberries, milk **AM Snack** Gold fish, water **Lunch** Dino nuggets, baked french fries, diced peaches, milk **PM Snack** 100% Welch's fruit snacks, water	**26** **Breakfast** Egg taco, blueberries milk **AM Snack** Fruit nutri-grain bar, water **Lunch** BBQ meatballs, mashed potatoes, rolls, mixed fruit, milk **PM Snack** Jello w/fruit, water	**27** **Breakfast** Mini bagels w/cream cheese, 100% orange juice **AM Snack** Belvita crackers, water **Lunch** Pepperoni pizza rolls, mixed veggie, pears, milk **PM Snack** Yogurt raisins, water	**28** **Breakfast** French toast w/syrup, bananas, milk **AM Snack** Nilla wafers, water **Lunch** Tater tot casserole w/cheese, vegetables & beef, applesauce, milk **PM Snack** Wheat thin crackers w/sliced cheese, apple juice	**30** **Breakfast** Raisin toast, cream cheese, applesauce, milk **AM Snack** Cheez-Itz, water **Lunch** Turkey & cheese croissant, sun chips, pineapples tidbits, milk **PM Snack** String cheese, apple juice