

# 5 YEAR OLD

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Week

8

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Smart Activities



SMART CHOICE. SMARTER CHILD.®

## Virtual Field Trip: All About Ducks

**Materials:** internet access, website:  
<https://www.youtube.com/watch?v=qHgKppJq8sY>

**Preparation:** Preview video.

### Instructions:

1. Watch video with your child.
2. Ask questions about the video, ex: "What other birds are related to ducks?" "Where are ducks not found?" "What types of foods do ducks eat?"



## *Duck at the Door*

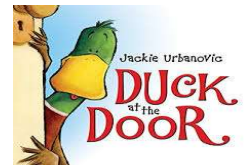
by Jackie Urbanovic

**Materials:** internet access, website:  
<https://www.youtube.com/watch?v=iaIFoi2Wy34>

**Preparation:** Preview video.

### Instructions:

1. Sit back, relax, and enjoy this story about a duck spending the winter away from his flock.
2. Ask questions about the book, ex: "Why didn't Max stay with his flock for winter?" "What items did Max say Brody could keep?" "What item did the animals try to keep away from Max?"



## More Water Please!

**Materials:** 2 small cups, baby oil, construction paper, paintbrush, turkey baster, water

**Preparation:** Cut construction paper into 2 long strips. Place small amount of water and baby oil into separate cups.

### Instructions:

1. Ask your child: "How do you think ducks stay dry and warm in the cold water?" Answer: They produce an oil that makes their feathers waxy and water-repellant.
2. Use turkey baster to put drops of water on one strip of paper.
3. Turn the paper over. Say, "What happened to the paper?" (Notice all the water is absorbed.)
4. Use paintbrush and coat the other strip of paper with baby oil.
5. Use baster and put drops of water onto the paper. Ask, "What happened?" (Notice water runs off.)

## Time to Jump!

**Materials:** internet access, website:  
<https://youtu.be/kcQJDpj5TSY>

**Preparation:** Find or create an open area.

### Instructions:

1. Say to your child, "It's time to jump around!"
2. Play the video and encourage your child to follow the instructions of the song.
3. Enhance the activity by joining your child and jump around!



## Pesky Mosquitoes

**Materials:** internet access, website:  
<https://www.youtube.com/watch?v=1HHaeO4sias>

**Preparation:** Preview video.

**Instructions:**

1. Watch the video with your child.
2. Ask questions about the video, ex: "Which mosquito bites you?" "How much blood can a mosquito drink from one bite?" "What acts as a numbing agent when a mosquito is about to bite?"



## Mr. Mosquito Put on His Tuxedo

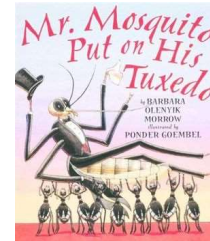
by Barbara Olenyk Morrow

**Materials:** internet access, website:  
<https://www.youtube.com/watch?v=MXOmGFGSsWA>

**Preparation:** Preview video.

**Instructions:**

1. Listen to this story about a mosquito's night at a ball!
2. Ask your child questions about the story, ex: "What were some of the insects at the ball?" "What award did Mr. Mosquito win?"



## My Favorite Part

**Materials:** crayons, markers, paper, pencil

**Preparation:** Review the story *Mr. Mosquito Put on His Tuxedo*.

**Instructions:**

1. Discuss the story *Mr. Mosquito Put on His Tuxedo* with your child.
2. Ask your child what his/her favorite part of the story was.
3. Encourage your child to utilize the materials and illustrate his/her favorite part and write a sentence about their drawing.



## Quick Like a Mosquito

**Materials:** 6 balls (tennis size), bin, tape (You can substitute balls with other items if necessary.)

**Preparation:** Find or create an open area.

**Instructions:**

1. Say, "We are going to play a fun relay game! You are going to pretend to be quick like a mosquito!"
2. Take a piece of tape and make a line at one end of the room. Place balls behind the line. Take the bin and place it at the other side of the room.
3. Tell your child that he/she is going to take a ball and place into the bin one at a time until all balls are in the bin.
4. Enhance the activity by timing your child.



## Virtual Field Trip: Learning About Raccoons

**Materials:** internet access, website:  
<https://www.youtube.com/watch?v=1IViKrWgTYk>

**Preparation:** Preview video.

### Instructions:

1. Watch video with your child.
2. Ask questions about the video, ex: "What are baby racoons called?" "How are baby racoons born?"



## The Raccoon Song

**Materials:** internet access, website:  
<https://www.youtube.com/watch?v=0W6SRqh8bas>

**Preparation:** Preview video.

### Instructions:

1. Say, "We are going to pretend to be racoons in the night."
2. Encourage your child to listen to the song and follow the movements.
3. Enhance activity by participating with your child.



## My Raccoon Mask

**Materials:** construction paper, crayons, felt, glue, markers, paint, paintbrush, scissors, yarn

**Preparation:** Protect table and floor.

### Instructions:

1. Gather materials. (You do not need to utilize all materials.)
2. Say, "We are going to create our own racoon mask!"
3. Create/design a template of the racoon mask.
4. Paint/color your template.
5. Cut out your template and attach yarn.
6. When done say, "Whoa! We created our own racoon mask!"



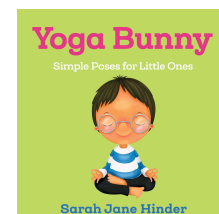
## Animal Yoga by Sara Jane Hinder

**Materials:** internet access, website:  
[https://www.youtube.com/watch?v=wwFLNNY\\_3c4](https://www.youtube.com/watch?v=wwFLNNY_3c4)

**Preparation:** Preview video.

### Instructions:

1. Say to your child, "We are going to do animal yoga poses."
2. With your child, try to do the poses.
3. Continue the activity if your child shows interest.



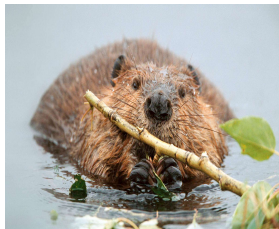
## Virtual Field Trip: The Importance of Beavers

**Materials:** internet access, website:  
<https://www.youtube.com/watch?v=Zm6X77ShHa8>

**Preparation:** Preview video.

### Instructions:

1. Watch the video with your child.
2. Ask questions about the video, ex: "What species of animals do beavers belong to?" "What are beavers' teeth reinforced with?" "What will happen to humans and land if beavers go extinct?"



## *The Adventures of the Silly Little Beaver: A Day at the Lake*

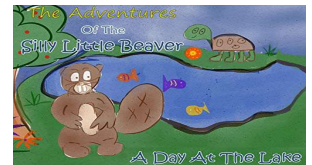
by Luke Dalien

**Materials:** internet access, website:  
<https://www.youtube.com/watch?v=C6WC71IxdTU>

**Preparation:** Preview video

### Instructions:

1. Listen and enjoy this story about the Silly Little Beaver's day at the lake.
2. Ask questions about the story, ex: "Whose farm did the Silly Little Beaver walk through?" "What was the Silly Little Beaver's original plan?"



## Dam Builder

**Materials:** container, cup, leaves, rocks, sand, sticks, twigs

**Preparation:** Prepare area and gather materials.

### Instructions:

1. Say to your child, "We are going to pretend we are beavers building a dam!"
2. Encourage your child to utilize materials and create a dam in the container.
3. Pour water to see if your dam is as strong as a beaver's.



## It's Time to Boogie!

**Materials:** internet access, website:  
<https://www.youtube.com/watch?v=cZeM18fPbvI>

**Preparation:** Preview video.

### Instructions:

1. Say to your child, "It's time to boogie!"
2. Enjoy listening to the song and following movements and directions.
3. Repeat activity if your child shows interest.





## How I Became a Frog

**Materials:** internet access, website:

<https://www.youtube.com/watch?v=F3EIGMVU6SY>

**Preparation:** Preview video.

**Instructions:**

1. Watch video with your child.
2. Discuss and ask questions about the video:  
"What are frogs called when they are born?"  
"Where do female frogs lay their eggs?"



## Frog on a Log

by Kes Gray

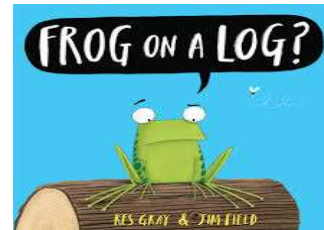
**Materials:** internet access, website:

<https://www.youtube.com/watch?v=Q22HH2DpAPI>

**Preparation:** Preview video.

**Instructions:**

1. Enjoy this wonderful rhyming word book about a frog inquiring where other animals sit.
2. Ask questions about the story, ex: "Why didn't the frog want to sit on the log?"  
"What did the cat say lizards sit on?"



## Fly Catcher

**Materials:** small balls, plastic cups

**Preparation:** Gather materials.

**Instructions:**

1. Discuss with your child how frogs utilize their tongues to catch flies for dinner.
2. Provide your child a cup and choose a short distance (5ft).
3. Encourage your child to try and catch the ball with the cup as you throw it towards him.
4. Alternate turns to see who the best fly catcher is!



## The Great Frog Race

**Materials:** tape (2 pieces)

**Preparation:** Create or find an open area.

**Instructions:**

1. Use pieces of tape to create start and finish lines.
2. Say, "We are going to be pretend we are frogs leaping to the end of the pond!"
3. Go to the start line and get into a "frog" position and leap towards the finish line.
4. See who wins the Great Frog Race!

