SPRING/SUMMER MENU - 2023



			10/ L		
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Lunch	Sausage & Biscuit	Kolaches	Oatmeal	Buttermilk Waffles	Scrambled Eggs
	Jelly	Fresh Fruit	Whole wheat toast	Syrup	Hash Browns
	Fresh Fruit	2% Milk	Fresh Fruit	Fresh Fruit	Fresh Fruit
	2% Milk		2% Milk	2% Milk	2% Milk
	Frito Pie	Chicken Nuggets	Meat Lasagna	Hamburger w/ Whole Wheat Bun	Pepperoni Pizza
Editeri	Corn	Mac & Cheese	Green Beans	French Fries	Salad w/ Ranch
	Fruit	Fruit & 2% Milk	Fruit & 2% Milk	Fruit & 2% Milk	Fruit & 2% Milk
	2% Milk	Truit & 2 70 Pilik	Truit & 2 /0 Pilik	Truit & 270 Plik	Truit & 2 /0 Pilik
Snack PM	Strawberry Light	Saltine Crackers	Vanilla Wafers W/ Bananas	Cantaloupe Balls w/ Cheese cubes	String Cheese
	& Fit Yogurt Parfaits	Sliced Cheese	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
10/c - 1 2	Water	Water	*Chicken Nuggets	* Pretzels w/ Ranch	* Mini Bagel Bites
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Sausage & Biscuit	Kolaches	Oatmeal	Buttermilk Waffles	Scrambled Eggs
	Jelly	Fresh Fruit	Whole wheat toast	Fresh Fruit	Hash Browns
	Fresh Fruit	2% Milk	Fresh Fruit	2% Milk	Fresh Fruit
	2% Milk	270111110	2% Milk	270 7 11110	2% Milk
Lunch	Grilled Chicken Bites	Steak Fingers	Meatballs & Rice	Chicken Fettuccini Alfredo	Taquito
	Roasted Potatoes	Mashed Potatoes	Peas	Green Beans	Spanish Rice
	Fruit & 2% Milk	Corn	Fruit	Fruit & 2% Milk	Fruit
	Truit & 270 Plink	Fruit & 2% Milk	2% Milk	Truck & 2 70 I-mik	2% Milk
Snack PM	Fresh Apple Slices	Animal Cookies w/ Oranges	Chex-Mix	Nutri Grain Bar	Chocolate Chip Granola Bar
	String Cheese	100% Fruit Juice	Water	2% Milk	100% Fruit Juice
	100% Fruit Juice	*Fish Sticks	rrace.	270111111	*French Fries & Ketchup
Wools 2			\\/adia aday	Thursday	
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Sausage & Biscuit	Kolaches	Oatmeal	Buttermilk Waffles	Scrambled Eggs
	Jelly	Fresh Fruit	Whole wheat toast	Syrup	Hash Browns
	Fresh Fruit	2% Milk	Fresh Fruit	Fresh Fruit	Fresh Fruit
	2% Milk	= 70 1 mm	2% Milk	2% Milk	2% Milk
Lunch	Rotini Pasta w/Meatballs	Hamburger Steak	Spaghetti W/ Meat Sauce	Chicken Patty	White Cheddar Shells w/ Chicken 8
	Corn	Mashed Potatoes	Green Beans	Sweet Potatoes	Broccoli
	Fruit	Green Beans	Fruit & 2% Milk	Fruit & 2% Milk	Fruit & 2% Milk
	2% Milk	Fruit & 2% Milk	Truit & 270 Plink	Truck & 270 Fink	Truit & 270 Plink
Snack PM	Carrots w/ Ranch Dip	Whole Grain Goldfish	Homemade Cinnamon Muffins	Vanilla Yogurt	Club Crackers & Cubed Cheese
	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	Whole Grain Teddy Grahams	100% Fruit Juice
Wook 4	100% Fruit Juice *Bosco pizza sticks	100% Fruit Juice	100% Fruit Juice *Mac & Cheese	Whole Grain Teddy Grahams 100% Fruit Juice	100% Fruit Juice *Chocolate Muffins
Week 4	100% Fruit Juice		100% Fruit Juice	Whole Grain Teddy Grahams	100% Fruit Juice
	100% Fruit Juice *Bosco pizza sticks Monday	100% Fruit Juice Tuesday	100% Fruit Juice *Mac & Cheese	Whole Grain Teddy Grahams 100% Fruit Juice Thursday	100% Fruit Juice *Chocolate Muffins Friday
Week 4 Breakfast	100% Fruit Juice *Bosco pizza sticks Monday Sausage & Biscuit	100% Fruit Juice Tuesday Kolaches	100% Fruit Juice *Mac & Cheese Wednesday Oatmeal	Whole Grain Teddy Grahams 100% Fruit Juice Thursday Buttermilk Waffles	100% Fruit Juice *Chocolate Muffins Friday Scrambled Eggs
	100% Fruit Juice *Bosco pizza sticks Monday Sausage & Biscuit Jelly	Tuesday Kolaches Fresh Fruit	100% Fruit Juice *Mac & Cheese Wednesday Oatmeal Whole wheat toast	Whole Grain Teddy Grahams 100% Fruit Juice Thursday Buttermilk Waffles Syrup	100% Fruit Juice *Chocolate Muffins Friday Scrambled Eggs Hash Browns
	100% Fruit Juice *Bosco pizza sticks Monday Sausage & Biscuit Jelly Fresh Fruit	100% Fruit Juice Tuesday Kolaches	100% Fruit Juice *Mac & Cheese Wednesday Oatmeal Whole wheat toast Fresh Fruit	Whole Grain Teddy Grahams 100% Fruit Juice Thursday Buttermilk Waffles Syrup Fresh Fruit	100% Fruit Juice *Chocolate Muffins Friday Scrambled Eggs Hash Browns Fresh Fruit
Breakfast	100% Fruit Juice *Bosco pizza sticks Monday Sausage & Biscuit Jelly Fresh Fruit 2% Milk	Tuesday Kolaches Fresh Fruit 2% Milk	100% Fruit Juice *Mac & Cheese Wednesday Oatmeal Whole wheat toast Fresh Fruit 2% Milk	Whole Grain Teddy Grahams 100% Fruit Juice Thursday Buttermilk Waffles Syrup Fresh Fruit 2% Milk	100% Fruit Juice *Chocolate Muffins Friday Scrambled Eggs Hash Browns Fresh Fruit 2% Milk
	100% Fruit Juice *Bosco pizza sticks Monday Sausage & Biscuit Jelly Fresh Fruit 2% Milk Bow Tie Chicken Salad	Tuesday Kolaches Fresh Fruit 2% Milk Chicken Parmesan W/ Egg Noodles	100% Fruit Juice *Mac & Cheese Wednesday Oatmeal Whole wheat toast Fresh Fruit 2% Milk Crunchy Beef Tacos	Whole Grain Teddy Grahams 100% Fruit Juice Thursday Buttermilk Waffles Syrup Fresh Fruit 2% Milk Penne Pasta W/ Chicken	100% Fruit Juice *Chocolate Muffins Friday Scrambled Eggs Hash Browns Fresh Fruit 2% Milk Honey Garlic Stir Fry
Breakfast	100% Fruit Juice *Bosco pizza sticks Monday Sausage & Biscuit Jelly Fresh Fruit 2% Milk	Tuesday Kolaches Fresh Fruit 2% Milk Chicken Parmesan W/ Egg Noodles Corm	100% Fruit Juice *Mac & Cheese Wednesday Oatmeal Whole wheat toast Fresh Fruit 2% Milk Crunchy Beef Tacos Rice	Whole Grain Teddy Grahams 100% Fruit Juice Thursday Buttermilk Waffles Syrup Fresh Fruit 2% Milk Penne Pasta W/ Chicken Peas	100% Fruit Juice *Chocolate Muffins Friday Scrambled Eggs Hash Browns Fresh Fruit 2% Milk Honey Garlic Stir Fry Steamed Rice
Breakfast	100% Fruit Juice *Bosco pizza sticks Monday Sausage & Biscuit Jelly Fresh Fruit 2% Milk Bow Tie Chicken Salad	Tuesday Kolaches Fresh Fruit 2% Milk Chicken Parmesan W/ Egg Noodles	100% Fruit Juice *Mac & Cheese Wednesday Oatmeal Whole wheat toast Fresh Fruit 2% Milk Crunchy Beef Tacos	Whole Grain Teddy Grahams 100% Fruit Juice Thursday Buttermilk Waffles Syrup Fresh Fruit 2% Milk Penne Pasta W/ Chicken Peas Fruit	100% Fruit Juice *Chocolate Muffins Friday Scrambled Eggs Hash Browns Fresh Fruit 2% Milk Honey Garlic Stir Fry Steamed Rice Fruit
Breakfast Lunch	100% Fruit Juice *Bosco pizza sticks Monday Sausage & Biscuit Jelly Fresh Fruit 2% Milk Bow Tie Chicken Salad Fruit & 2% Milk	Tuesday Kolaches Fresh Fruit 2% Milk Chicken Parmesan W/ Egg Noodles Corm Fruit & 2% Milk	100% Fruit Juice *Mac & Cheese Wednesday Oatmeal Whole wheat toast Fresh Fruit 2% Milk Crunchy Beef Tacos Rice Fruit & 2% Milk	Whole Grain Teddy Grahams 100% Fruit Juice Thursday Buttermilk Waffles Syrup Fresh Fruit 2% Milk Penne Pasta W/ Chicken Peas Fruit 2% Milk	100% Fruit Juice *Chocolate Muffins Friday Scrambled Eggs Hash Browns Fresh Fruit 2% Milk Honey Garlic Stir Fry Steamed Rice Fruit 2% Milk
Breakfast	100% Fruit Juice *Bosco pizza sticks Monday Sausage & Biscuit Jelly Fresh Fruit 2% Milk Bow Tie Chicken Salad Fruit & 2% Milk Strawberries	Tuesday Kolaches Fresh Fruit 2% Milk Chicken Parmesan W/ Egg Noodles Corm Fruit & 2% Milk Applesauce Cups	100% Fruit Juice *Mac & Cheese Wednesday Oatmeal Whole wheat toast Fresh Fruit 2% Milk Crunchy Beef Tacos Rice Fruit & 2% Milk Animals Cookie &	Whole Grain Teddy Grahams 100% Fruit Juice Thursday Buttermilk Waffles Syrup Fresh Fruit 2% Milk Penne Pasta W/ Chicken Peas Fruit 2% Milk Cheez-Its	100% Fruit Juice *Chocolate Muffins Friday Scrambled Eggs Hash Browns Fresh Fruit 2% Milk Honey Garlic Stir Fry Steamed Rice Fruit 2% Milk Cheese Nachos
Breakfast Lunch	100% Fruit Juice *Bosco pizza sticks Monday Sausage & Biscuit Jelly Fresh Fruit 2% Milk Bow Tie Chicken Salad Fruit & 2% Milk Strawberries W/ Vanilla Wafers	Tuesday Kolaches Fresh Fruit 2% Milk Chicken Parmesan W/ Egg Noodles Corm Fruit & 2% Milk Applesauce Cups Graham Crackers	100% Fruit Juice *Mac & Cheese Wednesday Oatmeal Whole wheat toast Fresh Fruit 2% Milk Crunchy Beef Tacos Rice Fruit & 2% Milk Animals Cookie & Chocolate Pudding	Whole Grain Teddy Grahams 100% Fruit Juice Thursday Buttermilk Waffles Syrup Fresh Fruit 2% Milk Penne Pasta W/ Chicken Peas Fruit 2% Milk	100% Fruit Juice *Chocolate Muffins Friday Scrambled Eggs Hash Browns Fresh Fruit 2% Milk Honey Garlic Stir Fry Steamed Rice Fruit 2% Milk
Breakfast Lunch	100% Fruit Juice *Bosco pizza sticks Monday Sausage & Biscuit Jelly Fresh Fruit 2% Milk Bow Tie Chicken Salad Fruit & 2% Milk Strawberries	Tuesday Kolaches Fresh Fruit 2% Milk Chicken Parmesan W/ Egg Noodles Corm Fruit & 2% Milk Applesauce Cups	100% Fruit Juice *Mac & Cheese Wednesday Oatmeal Whole wheat toast Fresh Fruit 2% Milk Crunchy Beef Tacos Rice Fruit & 2% Milk Animals Cookie &	Whole Grain Teddy Grahams 100% Fruit Juice Thursday Buttermilk Waffles Syrup Fresh Fruit 2% Milk Penne Pasta W/ Chicken Peas Fruit 2% Milk Cheez-Its	100% Fruit Juice *Chocolate Muffins Friday Scrambled Eggs Hash Browns Fresh Fruit 2% Milk Honey Garlic Stir Fry Steamed Rice Fruit 2% Milk Cheese Nachos