

SPRING/SUMMER MENU - 2023

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Sausage & Biscuit Jelly Fresh Fruit 2% Milk	Kolaches Fresh Fruit 2% Milk	Oatmeal Whole wheat toast Fresh Fruit 2% Milk	Buttermilk Waffles Syrup Fresh Fruit 2% Milk	Scrambled Eggs Hash Browns Fresh Fruit 2% Milk
Lunch	Frito Pie Corn Fruit 2% Milk	Chicken Nuggets Mac & Cheese Fruit & 2% Milk	Meat Lasagna Green Beans Fruit & 2% Milk	Hamburger w/ Whole Wheat Bun French Fries Fruit & 2% Milk	Pepperoni Pizza Salad w/ Ranch Fruit & 2% Milk
Snack PM	Strawberry Light & Fit Yogurt Parfaits Water	Saltine Crackers Sliced Cheese Water	Vanilla Wafers W/ Bananas 100% Fruit Juice *Chicken Nuggets	Cantaloupe Balls w/ Cheese cubes 100% Fruit Juice * Pretzels w/ Ranch	String Cheese 100% Fruit Juice * Mini Bagel Bites
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Sausage & Biscuit Jelly Fresh Fruit 2% Milk	Kolaches Fresh Fruit 2% Milk	Oatmeal Whole wheat toast Fresh Fruit 2% Milk	Buttermilk Waffles Fresh Fruit 2% Milk	Scrambled Eggs Hash Browns Fresh Fruit 2% Milk
Lunch	Grilled Chicken Bites Roasted Potatoes Fruit & 2% Milk	Steak Fingers Mashed Potatoes Corn Fruit & 2% Milk	Meatballs & Rice Peas Fruit 2% Milk	Chicken Fettuccini Alfredo Green Beans Fruit & 2% Milk	Taquito Spanish Rice Fruit 2% Milk
Snack PM	Fresh Apple Slices String Cheese 100% Fruit Juice	Animal Cookies w/ Oranges 100% Fruit Juice *Fish Sticks	Chex-Mix Water	Nutri Grain Bar 2% Milk	Chocolate Chip Granola Bar 100% Fruit Juice *French Fries & Ketchup
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Sausage & Biscuit Jelly Fresh Fruit 2% Milk	Kolaches Fresh Fruit 2% Milk	Oatmeal Whole wheat toast Fresh Fruit 2% Milk	Buttermilk Waffles Syrup Fresh Fruit 2% Milk	Scrambled Eggs Hash Browns Fresh Fruit 2% Milk
Lunch	Rotini Pasta w/Meatballs Corn Fruit 2% Milk	Hamburger Steak Mashed Potatoes Green Beans Fruit & 2% Milk	Spaghetti W/ Meat Sauce Green Beans Fruit & 2% Milk	Chicken Patty Sweet Potatoes Fruit & 2% Milk	White Cheddar Shells w/ Chicken & Broccoli Fruit & 2% Milk
Snack PM	Carrots w/ Ranch Dip 100% Fruit Juice *Bosco pizza sticks	Whole Grain Goldfish 100% Fruit Juice	Homemade Cinnamon Muffins 100% Fruit Juice *Mac & Cheese	Vanilla Yogurt Whole Grain Teddy Grahams 100% Fruit Juice	Club Crackers & Cubed Cheese 100% Fruit Juice *Chocolate Muffins
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Sausage & Biscuit Jelly Fresh Fruit 2% Milk	Kolaches Fresh Fruit 2% Milk	Oatmeal Whole wheat toast Fresh Fruit 2% Milk	Buttermilk Waffles Syrup Fresh Fruit 2% Milk	Scrambled Eggs Hash Browns Fresh Fruit 2% Milk
Lunch	Bow Tie Chicken Salad Fruit & 2% Milk	Chicken Parmesan W/ Egg Noodles Corn Fruit & 2% Milk	Crunchy Beef Tacos Rice Fruit & 2% Milk	Penne Pasta W/ Chicken Peas Fruit 2% Milk	Honey Garlic Stir Fry Steamed Rice Fruit 2% Milk
Snack PM	Strawberries W/ Vanilla Wafers 100% Fruit Juice	Applesauce Cups Graham Crackers 100% Fruit Juice *Frito Pie	Animals Cookie & Chocolate Pudding Water	Cheez-Its 100% Fruit Juice *Mozzarella Sticks & Marinara Sauce	Cheese Nachos 100% Fruit Juice