

Week 1	3	4	5	6	7
Breakfast	Waffles, Apples & Milk	Bagels w/ Cream Cheese, bananas & Milk	Cereal & Bananas	Cinnamon Toast & Fruit Cocktail	Oatmeal & Peaches
Snack AM	Wheat Thins w/ Cheese Cubes	Graham Crackers, yogurt	Carrot Sticks w/Ranch, Club Crackers	Ritz Crackers w/ Cream Cheese	Vanilla Yogurt, Animal Crackers
Lunch	Chicken nuggets, Mashed Potatoes, Mixed Fruit & Milk	Bean and Cheese Burrito, Spanish Rice, Fruit Cocktail & Milk	Beef Spaghetti, Mandarin Oranges, Green Beans & Milk	Grilled Cheese Sadwich, Tomato Soup, Apple Slices & Milk	Chicken with Rice, Peaches, Broccoli & Milk
Snack PM	Goldfish & Apple Juice	String Cheese & Apple Juice	Animal Crackers & Applesauce	Chocolate Chip Cookie	Cheez-Itz & Apple Juice
Week 2	10	11	12	13	14
Breakfast	Whole Wheat Pancakes, Pears & Milk	Cheese Toast, Bananas & Milk	Chex, Oranges & Milk	French Toast Sticks, Oranges & Milk	Biscuit & Sausage, Apples & Milk
Snack AM	Animal Crackers, Applesauce	Ritz Crackers w/ Sliced Cheese	Cucumbers w/Ranch, Club Crackers	Wheat Thins w/ Cheese Cubes	Strawberry Yogurt, Graham Crackers
Lunch	Chicken Alfredo, Broccoli, Peaches & Milk	Chicken Quesadilla, Pears, Peas & Carrots & Milk	Cheese pizza, salad with ranch, pears & milk	Cheeseburger, Sweet Potato Fries, Seasonal Fruit & Milk	Meatballs with Rice, Mixed Fruit, Mixed Vegetables & Milk
Snack PM	Cheese Cubes, Crackers	Cheez-Itz & Apple Juice	Goldfish & Apple Juice	Chocolate Chip Cookie	String Cheese & Apple Juice
Week 3	15	16	17	18	19
Breakfast	Waffles, Apples & Milk	Bagels w/ Cream Cheese, bananas & Milk	Cereal & Bananas	Cinnamon Toast & Fruit Cocktail	Oatmeal & Peaches
Snack AM	Wheat Thins w/ Cheese Cubes	Graham Crackers, yogurt	Carrot Sticks w/Ranch, Club Crackers	Ritz Crackers w/ Cream Cheese	Vanilla Yogurt, Animal Crackers
Lunch	Chicken nuggets, Mashed Potatoes, Mixed Fruit & Milk	Bean and Cheese Burrito, Spanish Rice, Fruit Cocktail & Milk	Beef Spaghetti, Mandarin Oranges, Green Beans & Milk	Grilled Cheese Sadwich, Tomato Soup, Apple Slices & Milk	Chicken with Rice, Peaches, Broccoli & Milk
Snack PM	Goldfish & Apple Juice	String Cheese & Apple Juice	Animal Crackers & Applesauce	Chocolate Chip Cookie	Cheez-Itz & Apple Juice
Week 4	24	25	26	27	28
Breakfast	Whole Wheat Pancakes, Pears & Milk	Cheese Toast, Bananas & Milk	Chex, Oranges & Milk	French Toast Sticks, Oranges & Milk	Biscuit & Sausage, Apples & Milk
Snack AM	Animal Crackers, Applesauce	Ritz Crackers w/ Sliced Cheese	Cucumbers w/Ranch, Club Crackers	Wheat Thins w/ Cheese Cubes	Strawberry Yogurt, Graham Crackers
Lunch	Chicken Alfredo, Broccoli, Peaches & Milk	Chicken Quesadilla, Pears, Peas & Carrots & Milk	Cheese pizza, salad with ranch, pears & milk	Cheeseburger, Sweet Potato Fries, Seasonal Fruit & Milk	Meatballs with Rice, Mixed Fruit, Mixed Vegetables & Milk
Snack PM	Cheese Cubes, Crackers	Cheez-Itz & Apple Juice	Goldfish & Apple Juice	Chocolate Chip Cookie	String Cheese & Apple Juice
Week 5	31	1	2	3	4
Breakfast	Waffles, Apples & Milk	Bagels w/ Cream Cheese, bananas & Milk	Cereal & Bananas	Cinnamon Toast & Fruit Cocktail	Oatmeal & Peaches
Snack AM	Wheat Thins w/ Cheese Cubes	Graham Crackers, yogurt	Carrot Sticks w/Ranch, Club Crackers	Ritz Crackers w/ Cream Cheese	Vanilla Yogurt, Animal Crackers
Lunch	Chicken nuggets, Mashed Potatoes, Mixed Fruit & Milk	Bean and Cheese Burrito, Spanish Rice, Fruit Cocktail & Milk	Beef Spaghetti, Mandarin Oranges, Green Beans & Milk	Grilled Cheese Sadwich, Tomato Soup, Apple Slices & Milk	Chicken with Rice, Peaches, Broccoli & Milk
Snack PM	Goldfish & Apple Juice	String Cheese & Apple Juice	Animal Crackers & Applesauce	Chocolate Chip Cookie	Cheez-Itz & Apple Juice

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Snack PM	Goldfish & Apple Juice	String Cheese & Apple Juice	Animal Crackers & Applesauce	Chocolate Chip Cookie	Cheez-Itz & Apple Juice
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Breakfast	Whole Wheat Pancakes, Pears & Milk	Cheese Toast, Bananas & Milk	Chex, Oranges & Milk	French Toast Sticks, Oranges & Milk	Biscuit & Sausage, Apples & Milk
Snack AM	Animal Crackers, Applesauce	Ritz Crackers w/ Sliced Cheese	Cucumbers w/Ranch, Club Crackers	Wheat Thins w/ Cheese Cubes	Strawberry Yogurt, Graham Crackers
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Snack PM	Cheese Cubes, Crackers	Cheez-Itz & Apple Juice	Goldfish & Apple Juice	Chocolate Chip Cookie	String Cheese & Apple Juice
Week 3	17	18	19	20	21
Breakfast	Waffles, Apples & Milk	Bagels w/ Cream Cheese, bananas & Milk	Cereal & Bananas	Cinnamon Toast & Fruit Cocktail	Oatmeal & Peaches
Snack AM	Wheat Thins w/ Cheese Cubes	Graham Crackers, yogurt	Carrot Sticks w/Ranch, Club Crackers	Ritz Crackers w/ Cream Cheese	Vanilla Yogurt, Animal Crackers
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