

5 YEAR OLD

Week

29

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Do Scarecrows Really Work?

Materials: internet access, website:

<https://youtu.be/7zt2DQpSab8>

Preparation: Preview video.

Instructions:

1. Say, "We are going to learn about scarecrows!"
2. Watch the video with your child.
3. Ask questions about the video, ex. "What are scarecrows used for?" "Does the traditional scarecrow scare away animals?"



The Lonely Scarecrow

by Tim Preston

Materials: internet access, website:

https://youtu.be/86_Vefnbfnk

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about a scarecrow looking for friendship.
2. Ask questions about the video, ex: "What was the combine monster?" "Why did the scarecrow lose sight of the animals?" "What was the scarecrow mostly afraid of?"



Writing the Letter Gg

Materials: paper (manuscript book), pencil

Preparation: Gather materials.

Instructions:

1. Say, "We are going to write the letter Gg."
2. Model how to "draw" the letter Gg in the air while repeating the movements verbally (repeat this several times).
3. Encourage your child to "draw" the letter Gg in the air while you repeat the movements verbally.
4. Provide materials. Encourage your child to write the letter Gg on the paper while you repeat the movements verbally.
5. Praise for effort!



Pizza Man

Materials: internet access, yoga mat (optional), website:

<https://youtu.be/4rm0LYLz1Wg>

Preparation: Preview video. Find or create an open area.

Instructions:

1. Say, "We are going to do a brain break activity!"
2. Enhance the activity by doing the activity together and/or with family members.
3. Continue activity if interest remains.



Field Trip to an Apple Orchard

Materials: internet access, website:
<https://youtu.be/vUoc7j73iK4>

Preparation: Preview video.

Instructions:

1. Say, "We are going apple picking!"
2. Ask questions about the video, ex. "What types of apples were available for picking?" "How do you pick an apple from an apple tree?"



The Biggest Apple Ever

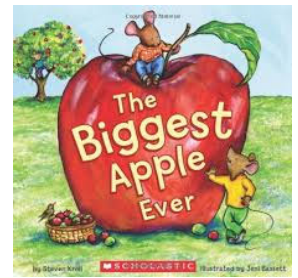
by Steve Kroll

Materials: internet access, website:
<https://youtu.be/EyxXykPZdac>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about an apple contest!
2. Ask questions about the video, ex: "Why did the class go to Barnaby's Apple Orchard?" "What did Clayton and Desmond use to make the apple pie?"



Rhyming Words

Materials: index cards, marker

Preparation: Write "_et" on an index card. Write consonant letters of the alphabet on separate cards. Gather materials.

Instructions:

1. Say, "We are going to create rhyming words!"
2. Remind your child that rhyming words are words with the same ending sound.
3. Make a word using _et, ex: bet. Then say, "Can you help me make a word that rhymes with bet?"
4. Encourage your child to say the word created and ask him/her if it rhymes.
5. Praise for effort.

bat	mat
cat	pat
fat	rat
hat	sat

Jump Up! Bend Down!

Materials: internet access, yoga mat (optional), website:

<https://youtu.be/X7jSWdnoshw>

Preparation: Preview video. Find or create an open area.

Instructions:

1. Say, "We are going to get the wiggles out!"
2. Enhance the activity by doing the activity together and/or with family members.
3. Continue activity if interest remains.



Field Trip: How Do Apples Grow

Materials: internet access, website:
<https://youtu.be/UWLMeh1HIBw>

Preparation: Preview video.

Instructions:

1. Say, "We are going apple picking!"
2. Ask questions about the video, ex: "What type of apples originally grew in the United States?" "Where did the apples we eat today come from?"



The Bad Apple

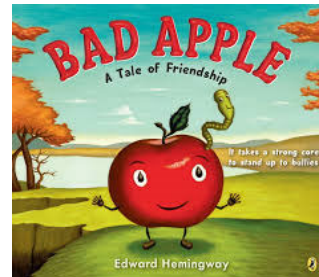
by Edward Hemingway

Materials: internet access, website:
<https://youtu.be/1VG11cLk7c4>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about friendship!
2. Ask questions about the video, ex: "How did Mac and Will meet?" "Why didn't the other apples want to play with Mac?" "What were some things Mac and Will had in common?"



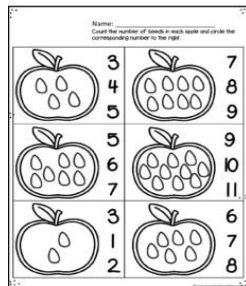
Counting Apple Seeds

Materials: Counting Apple Seeds template, crayon

Preparation: Print template.

Instructions:

1. Say, "We are going to do a counting activity."
2. Provide worksheet and read instructions to your child.
3. Encourage your child to count and circle correct answer. Assist if necessary.
4. Praise for effort.



Wednesday Workout

Materials: internet access, yoga mat (optional), website:

https://youtu.be/L_A_HjHZxfI

Preparation: Preview video. Find or create an open area.

Instructions:

1. Say, "We are going to workout!"
2. Enhance the activity by doing the activity together and/or with family members.
3. Enjoy the sweat!



Field Trip: How Do Apples Grow (Part II)

Materials: internet access, website:
<https://youtu.be/UWLMeh1HIBw>

Preparation: Preview video.

Instructions:

1. Say, "We are continuing to learn how apples grow!"
2. Ask questions about the video, ex: "What is the technique used to grow apple trees?" "How do flowers turn into fruit?"



Apple Trouble

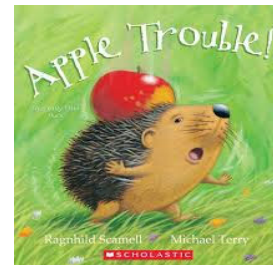
by Ragnhild Seamell (Part I)

Materials: internet access, website:
<https://youtu.be/KyoBodM9w80>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about a hedgehog's dilemma when it's stuck with unwanted guest!
2. Ask questions about the video, ex: "Why did the hedgehog build a nest?" "What was the third item that stuck to the hedgehog?"



Rhyme Time

Materials: index cards, marker

Preparation: Write "_ag" on an index card. Write consonant letters of the alphabet on separate cards. Gather materials.

Instructions:

1. Say, "We are going to create rhyming words!"
2. Remind your child that rhyming words are words with the same ending sound.
3. Make a word using _ag, ex: bag. Then say, "Can you help me make a word that rhymes with bet?"
4. Encourage your child to say the word created and ask him/her if it rhymes.
5. Praise for effort.



Yoga with Friends

Materials: internet access, yoga mat (optional), website:

<https://youtu.be/vpUqY2bCcXk>

Preparation: Preview video. Find or create an open area.

Instructions:

1. Say, "We are going to yoga with friends!"
2. Enhance the activity by doing the activity together and/or with family members.
3. Enjoy!



Field Trip: How Do Apples Grow (Part III)

Materials: internet access, website:
<https://youtu.be/UWLMeh1HIBw>

Preparation: Preview video.

Instructions:

1. Say, "We are continuing to learn how apples grow!"
2. Ask questions about the video, ex: "How do bees help apples grow?" "Where are most nutrients located in an apple?"



Apple Trouble

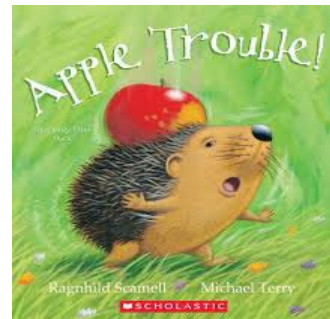
by Ragnhild Seamell (Part II)

Materials: internet access, website:
<https://youtu.be/KyoBodM9w80>

Preparation: Preview video.

Instructions:

1. Continue to enjoy the story.
2. Ask questions about the video, ex: "Why did all the items stick to the hedgehog?" "How was the problem solved?"



Apple Cookies

Materials: 1 cup packed brown sugar, 1/2 cup butter or margarine (softened), 1 egg, 1 1/2 cups all-purpose flour, 1 teaspoon ground nutmeg, 1/2 teaspoon salt, 1/2 teaspoon baking soda, 1 cup chopped medium apple, cookie sheet, mixer, oven, shortening

Preparation: Gather ingredients. Prepare area. Wash hands prior and after activity.

Instructions:

1. Heat oven to 375°. Grease cookie sheet with shortening. Beat brown sugar, butter, and egg in large bowl with electric mixer on medium speed until light and fluffy. Stir in flour, nutmeg, salt, and baking soda. Stir in apple.
2. Drop dough by rounded teaspoonfuls about 2 inches apart onto cookie sheet.
3. Bake 8 to 10 minutes or until light brown. Remove from cookie sheet to wire rack; cool. Store loosely covered.



Circuit Training

Materials: internet access, paper plates, tape, yoga mat (optional), website:

<https://youtu.be/S9Yd9eV3RqQ>

Preparation: Preview video. Find or create an open area.

Instructions:

1. Say, "We are going to do a circuit training!"
2. Enhance the activity by doing the activity together and/or with family members.
3. Enjoy the burn!



Counting Apple Seeds Template

Name: _____

Count the number of seeds in each apple and circle the corresponding number to the right.



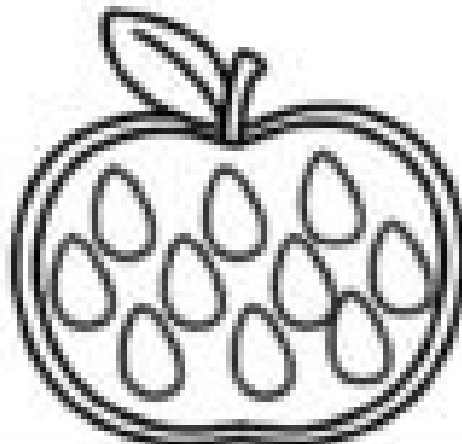
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