

TODDLER

Week

21

Smart Activities



SMART CHOICE. SMARTER CHILD.®

My Nose Can Smell

Materials: lotion (gentle for toddler's skin but with a noticeable smell)

Instructions:

1. Talk about how your nose is a part of the body that helps you do many things. One of its main uses is to smell.
2. Put a small amount of lotion on your toddler's arm and massage it gently.
3. Then, inhale through your nose close to the lotion. Encourage your child to do the same.
4. Describe what you are doing and the fragrance(s) that you smell.



Biscuit Goes to School

by Alyssa Satin Capucilli

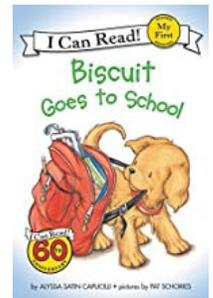
Materials: internet access, website:

<https://youtu.be/UaSrV8cj-Y8>

Preparation: Preview book.

Instructions:

1. Watch the read aloud story with your child.
2. Ask your child related questions, ex: "What does Biscuit say?" "What does Biscuit want to do?"
3. Try to find a time to go to the library to check out a good book!



I Can Touch My Nose

Preparation: This is a simple game to build body awareness, listening skills, and coordinating movements with words.

Instructions:

1. Sing this simple song while touching your nose and your toddler's nose:

This is the way we touch our nose,
Touch our nose, touch our nose,
This is the way we touch our nose,
so early in the morning!

2. Point to other parts of your body and ask, "Is this my nose?"



Sign Language "No"

Instructions:

Bring the thumb, index, and middle fingers together combining the "N" and "O" signs.



Freeze Dance

Materials: internet access, website:

<https://youtu.be/2UcZWXvgMZE>

Preparation: Preview the video.

Instructions:

1. The Freeze Dance game is a fun way to move around and build important listening skills.
2. Play the music and dance. When the music stops show your child how to freeze in place.



I Can Draw

Materials: paper, red crayon, items that are red

Preparation: Arrange the red items into a group.

Instructions:

1. Talk about the color red and describe each item that is red.
2. Hold up the crayon and describe how it is red.
3. What other colors does your child want to draw with?



Hello, Eyes!

Instructions:

1. Isolating eye movements while keeping the head still is helpful for getting ready to read.
2. Have your child stretch his/her arms out to the sides.
3. Then, have your child turn his/her head left and wave fingers to his/her face. Say, "Hello, Eyes!"
4. Repeat to the right.
5. Next, try to have your child keep his/her face forward and use only his/her eyes to look towards the left and right.
6. Repeat a few times.



Sign Language "No"

Instructions:

Bring the thumb, index, and middle fingers together combining the "N" and "O" signs.



Head, Shoulders, Knees, & Toes

Materials: internet access, website:
<https://youtu.be/ZanHgPprl-0>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you.
2. Have him sing along and touch his head, shoulders, knees, and toes. Play it more than once to help him master the various body parts.



Eyes, Nose, Fingers, and Toes

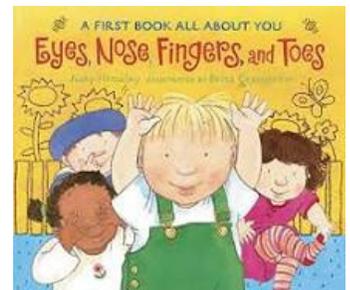
by Judy Hindley

Materials: internet access, website:
<https://youtu.be/OQkUhijF41I>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you.
2. Listen to the story together.
3. Ask questions, ex: "What do you use your mouth for?" "What about necks, shoulders, back?"



I Can Blow with My Mouth

Materials: bubbles

Preparation: Gather materials.

Instructions:

1. Show your child the bubbles and wand.
2. Demonstrate how to blow the bubbles after dipping the wand.
3. Have your child try to blow the bubbles and then both of you have fun chasing and popping the bubbles.



Sign Language "No"

Instructions:

Bring the thumb, index, and middle fingers together combining the "N" and "O" signs.



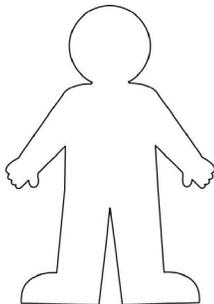
My Body

Materials: My Body template, crayons

Preparation: Print template and gather materials.

Instructions:

1. Have your child point to body parts as you name them, ex: head, eyes, hands, etc.
2. Give your child the template and encourage him/her to draw in the body parts.
3. Praise your child for his/her efforts.



From Head to Toe

by Eric Carle

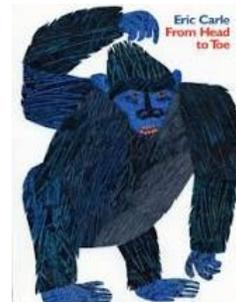
Materials: internet access, website:

<https://youtu.be/liMuGN-NJ6o>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions related to the story, ex: "I can turn my head. Can you do it?"
3. Encourage your child to do the activities.



This is My Body

Instructions:

1. This is a simple song to build body awareness, listening skills, and coordinating movements with words.
2. Sing this simple song while touching the various body parts:

This is the way I point to my ears,
Point to my ears, point to my ears.
This is the way I point to my ears,
that I use to hear.

3. Continue using various body parts.



Sign Language "No"

Instructions:

Bring the thumb, index, and middle fingers together combining the "N" and "O" signs.



My Body

Materials: internet access, website:

https://youtu.be/Rc_kIWKLID8

Preparation: Preview video.

Instructions:

1. Encourage your child to join you.
2. Have him/her watch the video and follow along pointing and singing along with the song.



Lola Goes to School

by Anna McQuinn

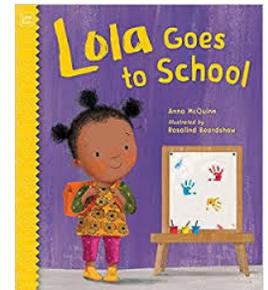
Materials: internet access, website:

<https://youtu.be/4KdsYnibel0>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "What do you miss about school?" "What do you think you will do when you go back to school?"



Pack My Bags

Materials: backpack, clothes, crayons

Preparation: Gather materials.

Instructions:

1. Encourage your child to join you.
2. Show him/her the backpack and supplies.
3. Encourage your child to pack the backpack up and talk about returning to his/her classroom.



Sign Language "No"

Instructions:

Bring the thumb, index, and middle fingers together combining the "N" and "O" signs.



My Body

