



July 2019 Menu



<p>1 Breakfast: Cereal, Muffins, Mixed Fruit AM Snack: Grapes Lunch: Chicken alfredo, <u>Alfredo pasta</u>, Green Beans, Oranges PM Snack: Trail Mix</p>	<p>2 Breakfast: Scrambled Egg Cups, Turkey Bacon, Hash Browns, Mixed Fruit AM Snack: Apples Lunch: Chicken quesadilla, <u>Veggie quesadilla</u>, corn, Pears PM Snack: Gold Fish</p>	<p>3 Breakfast: French toast sticks, Turkey Sausage, AM Snack: Bananas Lunch: <u>Baked mac and cheese</u>, Pears, Peas PM Snack: cheese sticks and crackers</p>	<p>4</p>  <p>Happy 4th!</p>	<p>5 Breakfast: Cereal, Muffins, Mixed Fruit AM Snack: Watermelon Lunch: BBQ Chicken Flat Bread, <u>Cheesy Flat Bread</u>, Mixed Veg, Apple Sauce PM Snack: Vanilla Wafers</p>
<p>8 Breakfast: Cereal, Muffins, Mixed Fruit AM Snack: Grapes Lunch: Chicken Primavera Pasta, <u>Primavera Pasta</u>, Green Beans, Oranges PM Snack: Trail Mix</p>	<p>9 Breakfast: Scrambled Egg Cups, Hash browns, Turkey Bacon, Mixed Fruit AM Snack: Apples Lunch: Chicken Quesadilla, <u>Veggie Quesadilla</u>, Corn, Pears PM Snack: Gold Fish</p>	<p>10 Breakfast: French toast sticks, Turkey Sausage, Mixed Fruit AM Snack: Strawberries Lunch: <u>Cheese Ravioli</u>, Garlic Bread, Peas, Peaches PM Snack: Cheese Stick and Crackers</p>	<p>11 Breakfast: Turkey Bacon and Egg Quesadilla, <u>Cheese and Egg Quesadilla</u>, Mixed Fruit AM Snack: Bananas Lunch: Teriyaki Chicken, <u>Teriyaki Veggie Nugget</u>, Veggie Rice, Pineapples PM Snack: Animal Crackers</p>	<p>12 Breakfast: Cereal, Muffins, Mixed Fruit AM Snack: Watermelon Lunch: Turkey Cheeseburger Sliders, <u>Veggie Burgers</u>, Tater Tots, Mixed Veg, Apple Sauce PM Snack: Vanilla Wafers</p>
<p>15 Breakfast: Cereal, Muffins, Mixed Fruit AM Snack: Grapes Lunch: Garlic Chicken, <u>Veggie Nuggets</u>, Green Beans, Oranges PM Snack: Trail Mix</p>	<p>16 Breakfast: Scrambled Egg Cups, Turkey Bacon, Hash Browns, Mixed Fruit AM Snack: Apples Lunch: Chicken Cheese and Rice Burritos, <u>Cheese Rice and Bean Burritos</u>, Corn, Pears PM Snack: Gold Fish</p>	<p>17 Breakfast: French toast sticks, Turkey Sausage, Mixed Fruit AM Snack: Strawberries Lunch: <u>Veggie Burgers</u>, Peas, Tater Tots, Peaches PM Snack: Cheese Stick and Crackers</p>	<p>18 Breakfast: Turkey Bacon and Egg Quesadilla, <u>Cheese and Egg Quesadilla</u>, Mixed Fruit AM Snack: Bananas Lunch: Turkey Ham Flat Bread, <u>Cheese Flat Bread</u>, Carrots, Pineapples PM Snack: Animal Crackers</p>	<p>19 Breakfast: Cereal, Muffins, Mixed Fruit AM Snack: Watermelon Lunch: Grilled Turkey and Cheese Sandwich, <u>Grilled Cheese Sandwich</u>, Mixed Veg, Apple Sauce PM Snack: Vanilla Wafers</p>
<p>22 Breakfast: Cereal, Muffins, Mixed Fruit AM Snack: Grapes Lunch: Chicken Nuggets, <u>Veggie Nuggets</u>, Green Beans, Oranges PM Snack: Trail Mix</p>	<p>23 Breakfast: Scrambled Egg Cups, Turkey Bacon, Hash Browns, Mixed Fruit AM Snack: Apples Lunch: Chicken Spaghetti, <u>Veggie Spaghetti</u>, Corn, Pears PM Snack: Gold Fish</p>	<p>24 Breakfast: French Toast sticks, Turkey Sausage, Mixed Fruit AM Snack: Strawberries Lunch: <u>Cheese taquitos</u>, refried beans, Peaches PM Snack: Cheese Stick and Crackers</p>	<p>25 Breakfast: Turkey Bacon and Egg Quesadilla, <u>Cheese and Egg Quesadilla</u>, Mixed Fruit AM Snack: Bananas Lunch: Taco pasta, <u>Veggie taco pasta</u>, Carrots, Pineapples PM Snack: Animal Crackers</p>	<p>26 Breakfast: Cereal, Muffins, Mixed Fruit AM Snack: Watermelon Lunch: Turkey and Cheese <u>Cheese and Broccoli Twists</u>, Mixed Veg, Apple Sauce PM Snack: Vanilla Wafers</p>
<p>29 Breakfast: Cereal, Muffins, Mixed Fruit AM Snack: Grapes Lunch: Cajun Chicken, <u>Veggie Nuggets</u>, Green Beans, Oranges PM Snack: Trail Mix</p>	<p>30 Breakfast: Scrambled Egg Cups, Turkey Bacon, Hash Browns, Mixed Fruit AM Snack: Apples Lunch: Turkey meatballs, <u>Veggie nuggets</u>, Mashed potatoes, corn, Pears PM Snack: Gold Fish</p>	<p>31 Breakfast: French Toast sticks, Turkey sausage, mixed AM Snack: Strawberries Lunch: Creamy four cheese penne, peas, peaches PM Snack: Cheese sticks, and crackers</p>	<ul style="list-style-type: none"> • Kids 'R' Kids of Lawler Farm does not serve red meat, pork, or peanuts. • Vegetarian options are available upon request. <u>Green Underlined</u> indicates vegetarian option. • Toddler substitutions are made for Suites 100-250. • Water is served with every meal, whole milk served to Toddlers; 1% milk served to 3 years and older. 	