## March 2019 Menu

Kids 'R' Kids of Lawler Far	m does not serve red meat,			1
pork, or peanuts.  • Vegetarian options are available upon request. Green Underlined indicates vegetarian option.				Breakfast: Cereal, Muffins, Mixed Fruit
• Toddler substitutions are made for Suites 100-250.				AM Snack: Mixed Fruit
Water is served with every meal, whole milk served to Toddlers; 1%milk served to 3 years and older.				Lunch: BBQ Chicken Flat Bread, Cheesy Flat Bread, Mixed Veg, Apple Sauce
				PM Snack: Nutrigrain Bar
4		6	7	0
Breakfast: Cereal, Muffins, Mixed Fruit	Breakfast: Scrambled Egg Cups, Turkey Bacon, Hash	Turkey Sausage, Mixed	Breakfast: Turkey Bacon and Egg Quesadilla,	Breakfast: Cereal, Muffins, Mixed Fruit
AM Snack: Grapes	Browns, Mixed Fruit	Fruit	Cheese and Egg Quesadilla, Mixed Fruit	AM Snack: Mixed Fruit
Lunch: Chicken Primavera	AM Snack: Apples Lunch: Chicken	AM Snack: Oranges  Lunch: Cheesy Marinara	AM Snack: Bananas	Lunch: Turkey Cheeseburger, Veggie
Pasta, Primavera Pasta, Green Beans, Oranges	Quesadilla, Veggie Quesadilla, Corn, Pears	Pasta, Peas, Peaches	Lunch: Teriyaki Chicken, Teriyaki Veggie Nugget,	Burger, Mixed Veg, Apple Sauce
PM Snack: Trail Mix	PM Snack: Gold Fish	PM Snack: Cheese Stick and Crackers	Veggie Rice, Pineapples  PM Snack: Animal Crackers	PM Snack: Nutrigrain Bar
11	12	13	14	15
Breakfast: Cereal, Muffins,		=	Breakfast: Turkey Bacon	Breakfast: Cereal, Muffins,
Mixed Fruit	Cups, Turkey Bacon, Hash Browns, Mixed Fruit		and Egg Quesadilla, Cheese and Egg	Mixed Fruit
AM Snack: Grapes	AM Snack: Apples	AM Snack: Oranges	Quesadilla, Mixed Fruit	AM Snack: Mixed Fruit
Lunch: Garlic Chicken, Veggie Nuggets, Green	Lunch: Chicken Sandwich,	Lunch: Bean and Cheese	AM Snack: Bananas	Lunch: Grilled Turkey and Cheese Sandwich, Grilled
Beans, Oranges	Veggie Burger, Peas, Pears	Burritos, Corn, Peaches	Lunch: Turkey Ham Flat Bread, Cheese Flat Bread,	Cheese Sandwich, Mixed Veg, Apple Sauce
PM Snack: Trail Mix	PM Snack: Gold Fish	PM Snack: Cheese Stick and Crackers	Carrots, Pineapples	PM Snack: Nutrigrain Bar
			PM Snack: Animal Crackers	
18	19	20	21	22
	Cups, Turkey Bacon, Hash	<b>Breakfast:</b> Pancake Bites, Turkey Sausage, Mixed Fruit	Breakfast: Turkey Bacon and Egg Quesadilla, Cheese and Egg	Breakfast: Cereal, Muffins, Mixed Fruit
AM Snack: Grapes	AM Snack: Apples	AM Snack: Oranges	Quesadilla, Mixed Fruit	AM Snack: Mixed Fruit
Lunch: Chicken Nuggets, Veggie Nuggets, Green	Lunch: Chicken Spaghetti, Veggie Spaghetti, Corn,	Lunch: Grilled Cheese	AM Snack: Bananas	Lunch: Turkey & Cheese Roll Ups, Cheese Roll Ups,
Beans, Oranges  PM Snack: Trail Mix	Pears	PM Snack: Cheese Stick	Lunch: Chicken Stroganoff, Mushroom Stroganoff,	PM Snack: Nutrigrain Bars
The state of the s	PM Snack: Gold Fish	and Crackers	Carrots, Pineapples  PM Snack: Animal Crackers	-
 25	26	27	28	29
Breakfast: Cereal, Muffins,	Breakfast: Scrambled Egg	Breakfast: Pancake Bits,	Breakfast: Biscuits &	Breakfast: Cereal, Muffins,
Mixed Fruit	Cups, Turkey Bacon, Hash Browns, Mixed Fruit	Turkey Sausage, Mixed Fruit	Gravy, Turkey Sausage, and Mixed Fruit	Mixed Fruit
AM Snack: Grapes	AM Snack: Apples	AM Snack: Oranges	AM Snack: Pineapple	AM Snack: Mixed Fruit
Lunch: BBQ Meat Balls, BBQ Veggie Nuggets,	Lunch: Taco Posto	Lunch: Croamy Four	unah. Whale Crain Direct	Lunch: Baked Chicken
Green Beans, Oranges	Lunch: Taco Pasta, Veggie Taco Pasta, Corn, Pears	Lunch: Creamy Four Cheese Spaghetti, Peas, Peaches	<b>Lunch:</b> Whole Grain Pizza w/ Turkey, <u>Cheese Pizza</u> , Corn, Oranges	Ranch Taquitos, Cheesy Ranch Taquitos, Mixed Veg, Apple Sauce
PM Snack: Trail Mix	PM Snack: Gold Fish	PM Snack: Cheese Stick	PM Snack: Animal	PM Snack: Nutrigrain Bar
		and Crackers	Crackers	. 3