

PRESCHOOL

Week

40

Smart Activities



SMART CHOICE. SMARTER CHILD.®

The Letter I Song

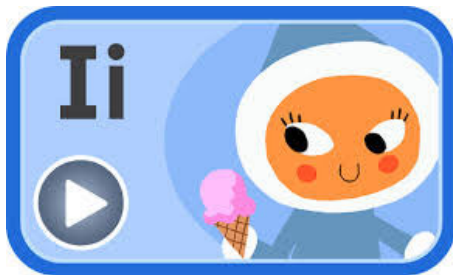
Materials: internet access, website:

<https://youtu.be/mPlrmupZOvI>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Encourage him/her to dance and sing along with the video.
3. After the video, ask your child to name some "I" words. Assist when needed.



Curious George Builds an Igloo

by H.A. Rey

Materials: internet access, website:

<https://youtu.be/3EX2GYhbaHK>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "What shape is the igloo?" "What did George do when he woke up and was cold?" "What happened to the igloo when George brought the ice inside?"



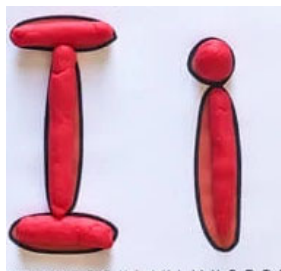
Writing "I" with Playdough

Materials: paper, playdough

Preparation: Draw the letter "I" in a block letter or print from the internet.

Instructions:

1. Give your child the paper with the letter "I" on it.
2. Encourage him/her to identify the letter and then mold playdough into the letter "I."
3. Ask your child to name the different things that start with "I," ex: "igloo," "ice cream," and "iguana."



Scoop and Drop Snowballs

Materials: paper or ping pong balls, spoon, bucket (*Save for activity later in the week.*)

Preparation: Locate a safe, open area. Wad up paper into balls or use ping pong balls. Set the basket away from the chosen starting point.

Instructions:

1. Show your child the balls and basket.
2. Say, "I want you to take the spoon, scoop up a ball, walk to the basket, and drop the ball in. Then, walk back and do it until all the balls are gone."
3. Continue as long as interest remains.



Inside and Outside the Box

Materials: box, small items

Preparation: Gather materials.

Instructions:

1. Show your child the box and the items.
2. Say, "The items are outside the box. Can you put them inside the box?"



My "i" Book

by Jane Belk Moncure

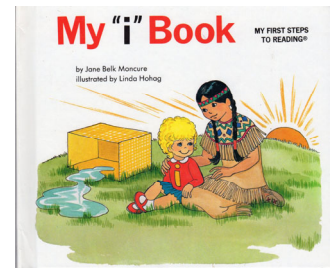
Materials: paper, pencil, crayons, internet access, website:

<https://youtu.be/d6iaUv4HjRI>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud book with your child.
2. Repeat the "i" words together.
3. After listening, encourage your child to write the letter "i" and draw items that begin with the letter "i".



"I" Flour Writing

Materials: sealable plastic container, flour, unsharpened pencil (optional), paper

Preparation: Write your child's name on the paper and the letter "Ii."

Instructions:

1. Show your child the paper with the letter "Ii" and his/her name.
2. Encourage your child to use his/her finger or the pencil to write the letter "Ii" and his/her name in the flour.



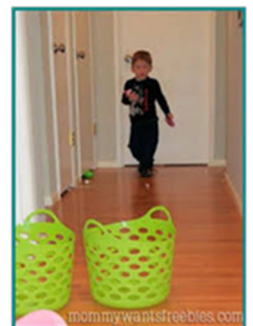
Snowball Baskets

Materials: paper wads, balled up socks or ping pong balls, basket (Use materials from Day 1.)

Preparation: Locate a safe, open area. Set basket away from desired starting point.

Instructions:

1. Have your child stand at one end and try to toss the balls into the basket.
2. Adjust the basket closer or further away as needed.



How Do Polar Bears Stay Warm?

Materials: large bowl, ice, water, 4 sealable sandwich bags, shortening, spatula, towel

Preparation: Fill a large bowl with ice and water. Turn a sandwich bag inside out, place the bag on your hand, and use a spatula to cover both sides of the bag in vegetable shortening. Place the shortening coated bag inside another bag and seal. Turn a clean bag inside out, place it inside another clean bag and seal.

Instructions:

1. Show your child the bags.
2. Have your child place his/her hands inside the bags with one on each hand (one with the shortening and one without).
3. Then have your child place both hands in the ice water.
4. Discuss the difference in what your child feels with each and hand why.



Polar Bears

by Kari Schuetz

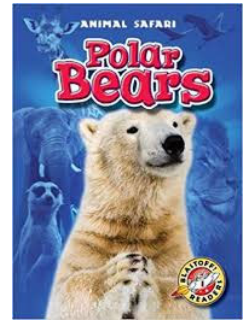
Materials: internet access, website:

<https://youtu.be/ez3DfE7UbYU>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud book with your child.
2. Then ask questions, ex: "Why do polar bears blend into the ice and snow?" "What keeps them steady on ice?" "What keeps the polar bears warm?"



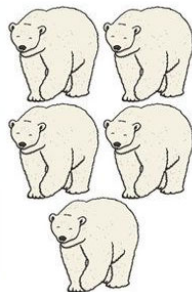
Five Little Polar Bears

Materials: Five Little Polar Bears template, scissors

Preparation: Print template and cut out bears. Preview poem.

Instructions:

1. Give your child the five polar bears. Count them together.
2. Read the poem to your child and have him/her take away a polar bear each time and count together.



Polar Bear Walk

Preparation: Locate a safe, open area.

Instructions:

1. Say, "We are going to walk and growl like a polar bear."
2. Encourage your child to place his/her hands and feet on the ground with bottom up in the air.
3. Then have your child walk and growl like a bear.



Directional Sled

Materials: paper, scissors, Directional Sled template (*Save for activity later today.*)

Preparation: Print template and cut apart.

Instructions:

1. Show your child the sleigh, dog, and musher.
2. Give your child directional directions, ex: "Place the musher on the sled." "Place the dog in front of the sled." "Place the musher beside the sled."



My Alaskan Race

by Rich Linville

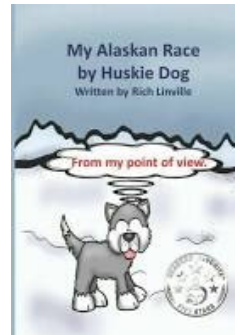
Materials: internet access, website:

<https://youtu.be/SISHLt0HI5Y>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud book with your child.
2. Then discuss what one mitten can do. Ask questions, ex: "How are dogs prepared for the race?" "What place did they come in?"



Connecting Dog and Sled

Materials: Directional Sled template (*from earlier today*), yarn, cardstock, scissors, single hole punch

Preparation: Using the hole punch, make 2 holes in the front of the sleigh and on each side of the dog. Thread the yarn through one hole and tie.

Instructions:

1. Show your child the dog and sled.
2. Say, "I want you to take the yarn and connect the sled and dog together."
3. Assist where needed.



Pulling the Sled

Materials: laundry basket, string, books, other heavy items (ex: blocks, toys, etc.)

Preparation: Locate a safe, open area. Tie the string to laundry basket.

Instructions:

1. Show your child the basket and items.
2. Say, "You are going to pretend the basket is the sleigh and place the items inside the basket. Then take the string and pull it."
3. Add heavier items as he/she pulls it.



Arctic Drawing

Materials: paper, crayons, colored pencils, markers

Preparation: Gather supplies.

Instructions:

1. Tell your child that you would like for him/her to draw a picture of animals living in the Arctic.
2. Encourage your child to think about the stories he/she has heard over the week.
3. Once your child is done, ask him/her to share with you what is in the picture.



Way Up in the Arctic

by Jennifer Ward

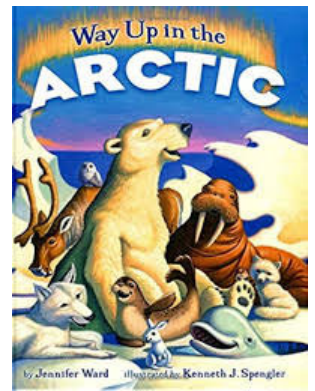
Materials: internet access, website:

<https://youtu.be/Q5t6-WTyVuk>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud book with your child and count along.
2. Then ask, ex: "What was your favorite Arctic animal and why?"



Cotton Ball Pick Up

Materials: cotton balls, containers (2), tongs

Preparation: Place cotton balls in one container. Place an empty container next to it.

Instructions:

1. Show your child the cotton balls and tongs.
2. Say, "I want you to use the tongs to transfer the cotton balls from this container to the empty container."
3. Praise all efforts.



Balloon Up in the Air

Materials: balloon or beach ball

Preparation: Locate a safe, open area. Blow up the balloon or beach ball.

Instructions:

1. Say, "We are going to hit the balloon in the air and try to keep it up without it touching the floor."
2. Encourage your child to move around the room as he/she hits the balloon.



Five Little Polar Bears Template

Five Little Polar Bears

Five little polar bears playing along the shore

One fell in and then there were four.

Four little polar bears swimming in the sea

One swam away then there were three.

Three little polar bears wondering what to do

One went swimming and then there were two.

Two little polar bears lounging in the sun

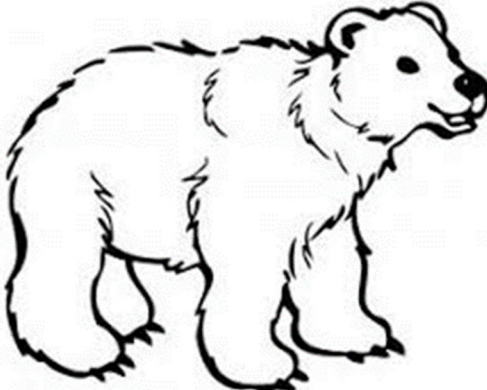
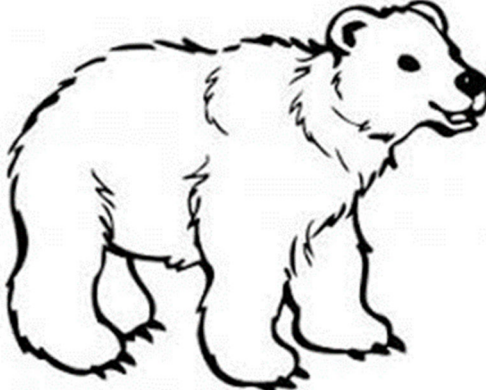
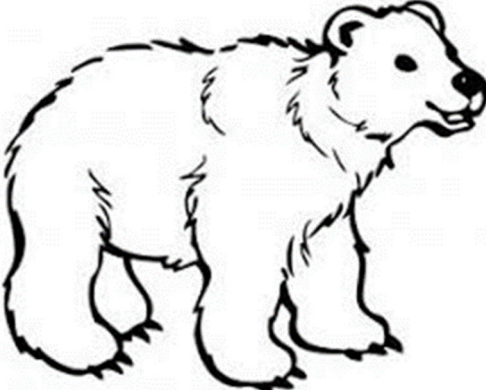
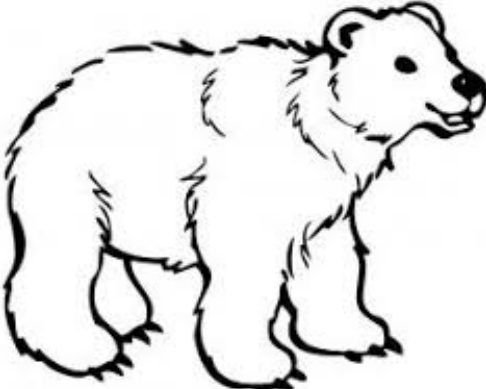
One took a nap and then there was one.

One little polar bear all alone

He looked around and went to find his mom.

Then there were no little polar bears.

Five Little Polar Bears Template



Directional Sled Template

