

MENU

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Biscuit, egg, fresh blueberries & milk	French toast sticks, turkey bacon, peaches & milk	Cheerios, Bananas & Milk	Egg & cheese breakfast burritos, mixed fruit & milk	Sausage, mini bagel, pears & milk
Lunch	BBQ chicken sliders, tater tots, baked beans, tropical mixed fruit & milk	Swedish meatballs with rice, Belgium veggie blend, pears, roll & milk	Grilled chicken strips, corn, tropical fruit mix, bread & milk	Meatloaf, garden veggies, pears, mashed potatoes & milk	Macaroni and cheese, broccoli, peaches, garlic bread & milk
Vegetarian	<i>BBQ beefless meat</i>	<i>Meatless meatballs over rice</i>	<i>Grilled Cheese</i>	<i>Meatless slider</i>	
PM	Yogurt & Berries	Pita chips & Hummus (pita bread for under 2)	KRK Trail Mix	Sunbutter and Jelly sandwich	Brownies
Late PM	Goldfish	Graham crackers	Crackers & Cheese	Animal Crackers	Chex Mix
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	English muffin, eggs, sausage, fresh strawberries & milk	Tater tot casserole, mandarin orange & milk	Waffles, turkey bacon, applesauce & milk	Biscuit, turkey sausage, gravy, bananas & milk	Lemon poppy seed muffins, applesauce & milk
Lunch	Hot Turkey melt slider, mixed veggies, pears & milk	Cheese pizza, Italian veggie blend, mixed fruit & milk	Steak fingers, mashed potatoes, veggies, pineapple, bread & milk	Hamburger, sweet potato fries, mixed fruit & milk	Sweet & sour chicken over veggie fried rice, mandarin oranges, & milk
Vegetarian	<i>Cheese sliders</i>		<i>Vegetarian strips</i>	<i>Veggie patty</i>	<i>Veggie rice</i>
PM	Cucumbers/ carrots with ranch (string cheese & crackers under 2)	Vanilla Wafers and Vanilla Pudding	Apples and Sun Butter (tortilla and sun butter under 2)	Applesauce and Graham crackers	Pretzels
Late PM	Goldfish	Cheese and berries	Chex Mix	Crackers & Cheese sticks	Graham crackers
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Turkey sausage, mini bagel, fruit salad & milk	French toast, turkey bacon, peaches & milk	Toast w/jelly, sausage patty, pineapple & milk	Egg and Cheese Breakfast Burrito, tropical mixed fruit & milk	Pancakes, turkey bacon, applesauce & milk
Lunch	Chicken & cheese quesadilla, refried beans, tropical mixed fruit & milk	Penne Chicken Alfredo, green beans, pineapple, garlic bread & milk	Salisbury steak, mixed veggies, peaches, corn muffin & milk	Chicken lasagna, green beans, mixed fruit, garlic bread & milk	Chicken nuggets, mashed potatoes, Normandy veggies, pineapple bread & milk
Vegetarian	<i>Cheese quesadilla</i>	<i>Penne Alfredo</i>	<i>Veggie patty with gravy</i>	<i>Veggie lasagna</i>	<i>Veggie nuggets</i>
PM	Corndog bites	Banana sun butter tortilla	Pita chips & hummus (pita bread for under 2)	KRK Trail Mix	Chocolate Chip Cookies
Late PM	Apple slices	Animal crackers	Cheez-It	Graham crackers	Goldfish
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Waffles, turkey bacon, applesauce & milk	Biscuit, turkey sausage patty, bananas & milk	Blueberry muffins, peaches & milk	Cheerios, Banana & milk	Cinnamon toast, turkey sausage, mandarin orange & milk
Lunch	Pot Roast, mashed potatoes, peas & carrots, pineapple, & milk	Baked ziti & mini meat ball casserole, broccoli, peaches, garlic bread & milk	Ground turkey soft tacos, refried beans, fruit salad & milk	Chicken & Rice Casserole, green beans, mixed fruit & milk	Chicken patty sandwich, peas, tropical fruit & milk
Vegetarian	<i>Veggie strips</i>	<i>Bake ziti</i>	<i>Cheese tacos</i>	<i>Chicken less Rice casserole</i>	<i>Cheese sliders</i>
PM	Baby carrots & ranch dressing (string cheese & crackers under 2)	Pretzel crisps	Yogurt & Berries	Sun butter & apple slices (tortilla and sun butter under 2)	Spice cake muffin
Late PM	Graham crackers	Club crackers & cheese slices	Goldfish	Pretzels	Chex Mix