

2022 MENU



Monday

Breakfast
Croissants, Orange Juice,
Milk

Lunch

Spaghetti w/Meat, Peas and Carrots, Mandarins, WG Bread, Milk

Snack

Gold Fish, Apples (Applesauce), Milk

Breakfast

English Muffin, Turkey Slices, Peaches, Milk

Lunch

Cheeseburger, (Shredded Chicken sandwich), Fries, Pineapples, Milk

Snack

WG Bread, Cheese, Fruit Cocktail, Milk

Breakfast

Waffles, Peaches, Milk

Lunch

Macaroni and Cheese, Fish Sticks, Peas & Carrots, Pineapples, WG Bread, Milk

Snack

Cucumber/Carrot, Hummus, Spinach Dip, Saltines, Juice

Breakfast

Cheerios, Peaches, Milk

Lunch

Cheeseburger, (Shredded Chicken sandwich), Fries, Tropical Fruit (Applesauce) Milk

Snack

WG Bread, Cheese (Cottage Cheese), Pineapple

Breakfast

Croissants, Orange Juice, Milk

Lunch

Spaghetti w/Meat, Peas and Carrots, Mandarins, WG Bread, Milk

Snack

Gold Fish, Apples (Applesauce), Milk

Tuesday

Breakfast
Pancakes, Applesauce, Milk

Lunch

Chicken Nuggets, Broccoli, Diced Pears, WG Bread, Milk

Snack

Vanilla Yogurt, Tropical Fruit (Diced Peaches), Crackers

Breakfast

8

15

22

29

Croissants, Orange Juice, Milk

Lunch

Spaghetti w/Meat, Peas and Carrots, Mandarins, WG Bread, Milk

Snack

Saltines, Cottage Cheese, Pineapples, Juice

Breakfast

Cheerios, Mandarin, Milk

Lunch

Rice with Chicken, Coleslaw, Pears, Peas, WG Bread, Milk

Snack

Trail Mix, (Gold Fish), Apple Juice

Breakfast

Waffles, Applesauce, Milk

Lunch

Rice with Beans, Coleslaw, Fruit Cocktail (Diced Pears) WG Bread, Milk

Snack

Trail Mix, (Gold Fish), Banana, Milk

Breakfast

Pancakes, Applesauce, Milk

Lunch

Chicken Nuggets, Broccoli, Diced Pears, WG Bread, Milk

Snack

Vanilla Yogurt, Tropical Fruit (Diced Peaches), Crackers

Wednesday

Breakfast Cheerios, Peaches, Milk

Lunch

Meatballs, Mashed Potato, Green Beans, Pineapples, WG Bread, Milk

Snack

Saltines, Cucumber/Carrots, Hummus, Crackers, Apple Juice

Breakfast

9

16

23

30

Pancakes, Mandarins, Milk

Lunch

Fish Sticks, Macaroni & Cheese, Peas, Apples WG Bread, Milk

Snack

Trail Mix (Graham Crackers), Yogurt, Milk

Breakfast

Muffins, Juice, Milk

Lunch

Cheese Pizza (Chicken Pasta), Salad, Apples, Milk

Snack

WG Bread, Cheese, Raisins, Milk

Breakfast

Croissants, Orange Juice, Milk

Lunch

Chicken Alfredo Pasta, Peas, Apples (Mandarins) WG Bread, Milk

Snack

Graham Crackers, Fruit Cocktail, Milk

Breakfast

Cheerios, Peaches, Milk

Lunch

Meatballs, Mashed Potato, Green Beans, Pineapples, WG Bread, Milk

Snack

Saltines, Cucumber/Carrots, Hummus, Crackers, Apple Juice

Thursday

Breakfast

Bagels w Cream Cheese, (Cheerios), Diced Pears, Milk

Lunch

Chicken Alfredo Pasta, Coleslaw, Seasonal Fruit, WG Bread, Milk

Snack

Bananas, Graham Crackers, Milk

Breakfast

Croissants, Orange Juice, Milk

Lunch

10

17

24

31

Beef Stew, Rice, Mixed Vegetables, Oranges (Mandarins) WG Bread, Milk

Snack

Bananas, Animal Cracker, Milk

Breakfast

Pancakes, Applesauce, Milk

Lunch

Meatballs with Gravy, Mashed Potatoes, Corn, Pears, WG Bread, Milk

Snack

Graham Crackers, Bananas, Milk

Breakfast

French toast Sticks, Diced Pears, Milk

Lunch

Fish Sticks, Broccoli, Seasonal Fruit (Applesauce) WG Bread, Milk

Snack

Yogurt, Tropical Fruit (Mandarin) Animal Crackers

Friday

Breakfast

French Toast Sticks, Applesauce, Milk

Lunch

Turkey/Cheese WG Sandwich, Salad, Oranges Milk

Snack

11

18

25

Muffins, Milk

Breakfast

Bagels w/Cream Cheese (Cheerios), Pineapples, Milk

12

Lunch

Chicken Nuggets, Green Beans, Peaches, WG Bread, Milk

Snack

Mandarin, Cottage Cheese, Saltines

Saidifies

Peaches, Milk

BreakfastFrench toast Sticks, Diced

Chicken Nuggets, Green Beans, Mandarins WG Bread, Milk

Snack

Yogurt, Tropical Fruit (Applesauce), Crackers

Breakfast

Bagels w Cream Cheese, (Cheerios), Bananas, Milk

26

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LunchGrilled Chicken Sandwich,
Salad, Oranges (Mandarins)
Milk

Snack

Tortilla Chips (WG Bread), Cheese/Salsa, Milk

Milk is served with breakfast and lunch; water is also available to the children throughout the day. Infants- 24 months will be served whole milk. Children 2 years

and up will be served 1% *Appropriate substitutions will be made for the Toddler and Twos We are a Nut- Free environment!

All fresh fruits are seasonal

