



Monday

Tuesday

Wednesday

Thursday

**Breakfast** Bagels w Cream Cheese, (Cheerios), Bananas, Milk

Friday

Lunch

Grilled Chicken Sandwich, Salad, Oranges (Mandarins)

Snack

**Breakfast** 

Tortilla Chips (WG Bread), Cheese/Salsa, Milk

8

15

22

Milk is served with breakfast and lunch; water is also available to the children throughout the day.

Infants- 24 months will be served whole milk. Children 2 years and up will be served 1%

\*Appropriate substitutions will be made for the Toddler and Twos

We are a Nut- Free environment! All fresh fruits are seasonal

Menu is subject to change based on items availability

**Breakfast** 

Croissants, Orange Juice, Milk

Lunch

Spaghetti w/Meat, Peas and Carrots, Mandarins, WG Bread, Milk

Snack

Gold Fish, Apples (Applesauce), Milk

11

English Muffin, Turkey Slices, Peaches, Milk

Lunch

**Breakfast** 

Cheeseburger, (Shredded Chicken sandwich), Fries, Pineapples, Milk

**Snack** 

WG Bread, Cheese, Fruit Cocktail, Milk

**Breakfast** 

Waffles, Peaches, Milk

Lunch

Macaroni and Cheese, Fish Sticks, Peas & Carrots, Pineapples, WG Bread, Milk

Snack

Cucumber/Carrot, Hummus, Spinach Dip, Saltines, Juice

**Breakfast** 

Cheerios, Peaches, Milk

Lunch

Cheeseburger, (Shredded Chicken sandwich), Fries, Tropical Fruit (Applesauce) Milk

Snack

WG Bread, Cheese (Cottage Cheese), Pineapple

**Breakfast** 

Pancakes, Applesauce, Milk

Lunch

Chicken Nuggets, Broccoli, Diced Pears, WG Bread, Milk

Snack

**Breakfast** 

Bread, Milk

**Breakfast** 

Snack

**Breakfast** 

WG Bread, Milk

Banana, Milk

Trail Mix, (Gold Fish),

Snack

Milk

Lunch

Snack

18

25

Vanilla Yogurt, Tropical Fruit (Diced Peaches), Crackers

Croissants, Orange Juice,

Spaghetti w/Meat, Peas and

Carrots, Mandarins, WG

Saltines, Cottage Cheese,

Cheerios, Mandarin, Milk

Rice with Chicken, Coleslaw,

Pears, Peas, WG Bread, Milk

Trail Mix, (Gold Fish), Apple

Waffles, Applesauce, Milk

Rice with Beans, Coleslaw,

Fruit Cocktail (Diced Pears)

Pineapples, Juice

**Breakfast** 

Cheerios, Peaches, Milk

Lunch

Meatballs, Mashed Potato, Green Beans, Pineapples, WG Bread, Milk

Snack

Saltines, Cucumber/Carrots, Hummus, Crackers, Apple Juice

Pancakes, Mandarins, Milk

Lunch

**Breakfast** 

12

19

26

Fish Sticks, Macaroni & Cheese, Peas, Apples WG Bread, Milk

Snack

Trail Mix (Graham Crackers), Yogurt, Milk

20

13

**Breakfast** Bagels w Cream Cheese,

(Cheerios), Diced Pears,

Lunch

Chicken Alfredo Pasta, Coleslaw, Seasonal Fruit, WG Bread, Milk

Snack

Bananas, Graham Crackers, Milk

Lunch

Turkey/Cheese WG Sandwich, Salad, Oranges Milk

Bagels w/Cream Cheese

Chicken Nuggets, Green

(Cheerios), Pineapples, Milk

Beans, Peaches, WG Bread,

Mandarin, Cottage Cheese,

French Toast Sticks,

Applesauce, Milk

Snack

14

Muffins, Milk

**Breakfast** 

**Breakfast** 

Croissants, Orange Juice, Milk

Lunch

Beef Stew, Rice, Mixed Vegetables, Oranges (Mandarins) WG Bread, Milk

Snack

Bananas, Animal Cracker,

21 **Breakfast** 

Pancakes, Applesauce, Milk

Lunch

Meatballs with Gravy, Mashed Potatoes, Corn, Pears, WG Bread, Milk

Snack

Graham Crackers, Bananas, Milk

Breakfast

Milk

Snack

Saltines

French toast Sticks, Diced Peaches, Milk

Lunch

Chicken Nuggets, Green Beans, Mandarins WG Bread, Milk

Snack

28

Yogurt, Tropical Fruit (Applesauce), Crackers

**Breakfast** 

29 Bagels w Cream Cheese, (Cheerios), Bananas, Milk

Lunch

Grilled Chicken Sandwich, Salad, Oranges (Mandarins) Milk

Tortilla Chips (WG Bread), Cheese/Salsa, Milk

**Breakfast** 

Muffins, Juice, Milk

Lunch

Cheese Pizza (Chicken Pasta), Salad, Apples, Milk

Snack

WG Bread, Cheese, Raisins,

**Breakfast** 

Croissants, Orange Juice, Milk

Lunch

Chicken Alfredo Pasta, Peas, Apples (Mandarins) WG Bread, Milk

Graham Crackers, Fruit Cocktail, Milk

**Breakfast** 

French toast Sticks, Diced Pears, Milk

Lunch

Fish Sticks, Broccoli, Seasonal Fruit (Applesauce) WG Bread, Milk

Yogurt, Tropical Fruit (Mandarin) Animal Crackers