

Week 3

*Milk served to 1 year old is whole milk and the rest is 1% and the bread is whole grain

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Peaches Milk	Waffles Applesauce Milk	Muffins Pineapple Milk	Muffins Orange Juice Milk	French Toast Sticks Applesauce Milk
Lunch	Frankfurter (Chopped) Macaroni and Cheese Peas/Carrot Seasonal Fr. Bread/Butter Milk	Chicken and Rice Coleslaw Mandarin Bread/Butter Milk	Cheese Pizza (Chicken with Pasta) (Bread/ Butter) Salad Pineapple Milk	Meatballs Gravy Mashed Potatoes Corn Bread/Butter Diced Pears Milk	Chicken Nuggets Green Beans Mandarin Bread/Butter Milk
Snack	Tortilla Chips Hommus Spinach Dip (Animal Crackers) Juice	Trail Mix Muffins (Goldfish Crackers) Apple Juice	Saltines String Cheese Raisins Milk	Graham Crackers Bananas Milk	Yogurt Tropical Fruit Ritz Crackers

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