

Week 5 SERIES 1000-1050

LEARNING GOALS

- Use sounds, facial expressions, or body movements when recognizing family
- Participates in finger play
- Responds to music
- Examines face for a short period of time
- Shows interest in a book
- Reacts to simple sounds
- Uses simple art material
- Processing language using both sides of the brain

DAILY SCHEDULE

Morning Routine
(Brush teeth, get dressed, breakfast, etc.)
Curriculum Activity
Snack
Independent Play
Brain Waves
Lunch
Rest/Nap
Curriculum Activity
Outdoor Play
Evening Routine

MATERIALS NEEDED

- baby's food
- spoon
- fish cut out (2)
- tape
- internet access
- family pictures
- fish pictures
- soft block
- mirror (unbreakable)
- dry erase marker
- book about fish, such as Hooray for Fish!
by Lucy Cousins
- picture of a fish
- foil
- glue

CURRICULUM SCHEDULE

MONDAY

Language/Literacy: *A Fishing We Will Go*
American Sign Language: *Diaper*
Brain Waves: *Yummy, Yummy*

TUESDAY

Cognitive Exploration: *Fish Family Find*
Dramatic Play: *Five Little Fishes*
Brain Waves: *Yummy, Yummy*

WEDNESDAY

Music/Movement: *I'm a Little Fishy*
Cognitive Exploration (Science): *My Own Spout*
Brain Waves: *Yummy, Yummy*

THURSDAY

Language/Literacy: *Under the Sea*
Theme Exploration: *Fish Face*
Brain Waves: *Yummy, Yummy*

FRIDAY

Music/Movement: *Here We Go Fishing*
Creative Exploration: *Bright Fish*
Brain Waves: *Yummy, Yummy*

Language/Literacy

A Fishing We Will Go

Learning Goal: Reacts and responds to simple sounds

Materials: fish cut out, tape

Preparation: Find a fish and cut it out. Then, tape the fish on the carpet.

Instructions:

1. Sing the following song with your infants:

A Fishing We Will Go
(sung to the tune of “Farmer in the Dell”)
 “A fishing we will go, A fishing we will go
 Let’s crawl around, A fishing we will go”

2. Point to the fish on the carpet as you sing.
3. Encourage your infant to vocalize a response.



American Sign Language

Sign of the Week: Diaper

Learning Goal: Processing language using both sides of the brain

Materials: internet access, website:
<https://www.youtube.com/watch?v=u3FePvoPBS0>

Preparation: Preview video.

Instructions:

1. Sit with your baby and play the Sign Language video. Close the modified “3” fingers (thumb, pointer, third finger) at the hip bones pointing downward. The thumb is hidden underneath the pointer and third finger during the closing gesture.
2. Practice signing with your baby. Say and sign diaper at the same time. Repeat multiple times practicing together.
3. Throughout the week, practice signing with your baby when you are doing diaper changes or other routines.

diaper

Close the modified “3” fingers at the hip bones pointing downward hiding the thumb.



Cognitive Exploration

Fish Family Find

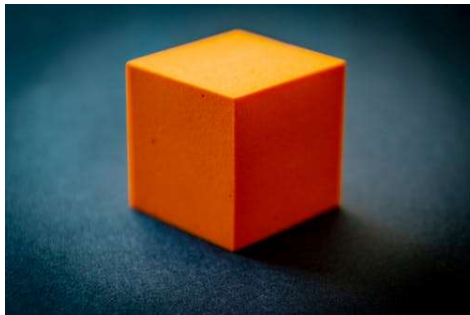
Learning Goal: Use sounds, facial expressions, or body movements when recognizing family

Materials: family pictures, fish picture, soft block, tape

Preparation: Gather family pictures and tape onto blocks. On one side of the block, tape a picture of a fish.

Instructions:

1. Sit with you baby on the floor.
2. Place block in front of your baby.
3. Say, "Find Mommy" or "Find Daddy."
4. Allow infant to explore the block and when family is found say, "You found mommy. Great job."
5. If they have found the fish instead, say, "That's a funny fish! Turn the block this way. Now you have found Daddy!" etc.



Dramatic Play

Five Little Fishes

Learning Goal: Participates in finger play

Instructions:

1. Recite the following finger play:

Five Little Fishes

Five little fishes (hold up five), swimming in the sea.

(handheld sideways like fish swimming)

Teasing Mr. Shark, "You can't catch me!" (shake index finger)

Along came Mr. Shark

(two hands together prayer style swimming back and forth)

Quiet as can be. (hold index finger to lips)

And he snapped that fish right out of the sea!

(clap hands together like a shark's mouth)

2. Continue counting down.



Music/Movement

I'm a Little Fishy

Learning Goal: Responds to music

Instructions:

1. Sing the following song with your baby:

I'm a Little Fishy (sung to the tune of "I'm a Little Teapot")

"I'm a little fishy, I can swim.

Here is my tail, here are my fins.

When I want to have fun with my friends.

I wiggle my tail and dive right in!"

2. Encourage your baby to bounce, wiggle, laugh, and/or coo to the music.



Cognitive Exploration

My Own Spout

Learning Goal: Examines face for a brief period of time

Materials: mirror (unbreakable), dry erase marker

Preparation: On mirror, draw an outline of a whale's body with water spouting out of its head.

Instructions:

1. Bring your child to the mirror or hold a mirror at your baby's eye level.
2. Say, "Look at you! You are a whale spouting water."
3. Share with your child that whales live in the ocean and love to swim.
4. Talk about a whale's features.
5. Continue activity while your child is interested.



Language/Literacy

Under the Sea

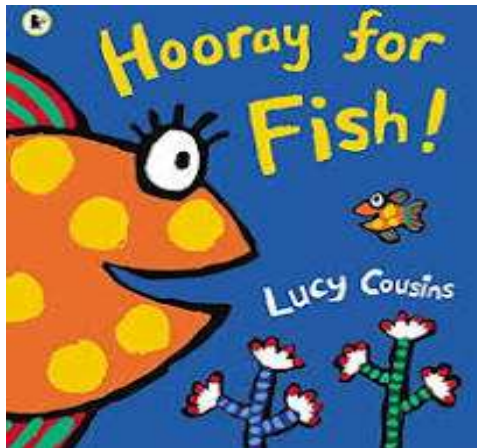
Learning Goal: Shows interest in a book

Materials: book about fish, such as *Hooray for Fish!* by Lucy Cousins *If you do not have a book about fish, you can access a read aloud version at the following website:

<https://www.youtube.com/watch?v=-C2vIVHVnes>

Instructions:

1. Hold your baby.
2. Read the book with your baby, bringing their attention to the illustrations.
3. Observe for responses to viewing illustrations, inflection in your voice, and touching the pages.



Theme Exploration

Fish Face

Learning Goal: Examines face for a short period of time

Materials: dry erase marker, mirror (unbreakable)

Preparation: On the mirror, draw an outline of a fish.

Instructions:

1. Bring your child to the mirror or hold a mirror at your baby's eye level.
2. Say, "Look at you! You are a fish!"
3. Share with your child that fish live in the ocean and love to swim.
4. Talk about a fish's features.
5. Continue activity while your child is interested.



Music/Movement

Here We Go Fishing

Learning Goal: Reacts and responds to simple sounds

Materials: picture of a fish, tape

Preparation: Tape the picture of a fish to the floor.

Instructions:

1. Hold your baby.
2. Sing “Here We Go Fishing” several times.

Here We Go Fishing

(sing to the tune of “Farmer in the Dell”)

“Here we go fishing, Here we go fishing
We caught a fish, Here we go fishing”

3. Point to the fish on the carpet as you sing.
4. Encourage your infant to vocalize a response.



Creative Exploration

Bright Fish

Learning Goal: Uses simple art materials

Materials: aluminum foil, fish cutout, glue

Preparation: Cut aluminum foil into medium ovals.

Instructions:

1. Hold your baby and show him/her the fish cutout.
2. Talk about the features of a fish.
3. Tell them they are going to give the fish bright new scales.
4. Assist infant with gluing the ovals onto the fish cutout.



Supporting the Development of the Parietal Lobe

The parietal lobe deals with perceptual modality and sensory processing. This is the portion of the brain that processes information relating to touch, temperature, and pain; it deals with spatial recognition, visual and speech processing, and perception.



Sensory Stimulation

Yummy, Yummy

Materials: infant's own food, spoon

Instructions:

1. Place your baby in your arms or in a highchair.
2. As you begin to feed him/her, tell them how yummy the food is going to taste. Talk about the various textures of the food and the colors. Ask, "Is your food yummy?" Move your mouth like you are chewing food, and say, "Mmm, this food is so yummy!"
3. Continue activity until feeding time is over.

Activity Variation: Encourage older infants to say "Mmmm"

