

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast: French Toast, Peaches
Snack: Cream Cheese, Graham Crackers
Lunch: Fiesta Casserole Rice & Beef, Peas, Bananas
Snack: Chex Mix
Dinner: Fiesta Casserole Rice & Beef, Peas, Pineapple

Breakfast: Pancakes, Bananas
Snack: Pretzels
Lunch: Chicken with Pasta, Mixed Vegetables, Pineapples
Snack: Nutri-Grain Bars
Dinner: Chicken with Pasta, Mixed Vegetables, Apple Sauce

Breakfast: Egg Tacos, Fruit
Snack: Graham Crackers
Lunch: Turkey Meatball w/Rice & Gravy, Mixed Vegetables, Pineapples
Snack: Nutri-Grain Bars
Dinner: Turkey Meatball w/Rice & Gravy, Corn, Apple Sauce

Breakfast: Biscuits, Jam, Oranges
Snack: String Cheese
Lunch: Pizza Casserole w/Turkey Pepperoni, Green Beans, Peaches
Snack: Vanilla yogurt, Cheerios
Dinner: Pizza Casserole w/Turkey Pepperoni, Carrots, Pears



Breakfast: KIX Cereal, Peaches
Snack: Cheez-It Crackers
Lunch: Bean & Cheese Nachos, Peas, Bananas
Snack: Nutri-Grain Bars
Dinner: Bean & Cheese Nachos, Peas, Pineapple

Breakfast: Whole Wheat Cheese Toast, Bananas
Snack: Cream Cheese, Graham Crackers
Lunch: Pasta with Beef Sauce, Peas, Bananas
Snack: Cheerios, Raisins
Dinner: Pasta with Beef Sauce, Green Beans, Pineapples

Breakfast: Breakfast Tacos w/Eggs, Bananas
Snack: Animal Crackers
Lunch: Chicken Alfredo Pasta, Mixed Vegetables, Pineapples
Snack: Peaches, Yogurt
Dinner: Chicken Alfredo Pasta, Steamed Corn, Apple Sauce

Breakfast: Biscuits & Jelly, Oranges
Snack: Vanilla Wafers, Pudding
Lunch: Beef Spaghetti, Green Beans, Peaches
Snack: Cheez-Its & Raisins
Dinner: Beef Spaghetti, Carrots, Pears

Breakfast: Waffles, Oranges
Snack: Graham Crackers, Pudding
Lunch: Beef & Bean Chili over Corn Chips, Green Beans, Peaches
Snack: Rice Cakes
Dinner: Beef & Bean Chili over Corn Chips, Carrots, Pears

Breakfast: KIX Cereal, Peaches
Snack: Nutri-Grain Bars
Lunch: Chicken Soft Taco with Cheese, Corn, Fruit
Snack: Corn Chips & Salsa
Dinner: Chicken Soft Taco with Cheese, Mixed Vegetables, Bananas

Breakfast: Vanilla Yogurt, Fruit
Snack: Pretzels & Cheese Cubes
Lunch: Taco Casserole with Chicken, Mixed Vegetables, Pineapples
Snack: Nutri-Grain Bars
Dinner: Taco Casserole with Chicken, Mixed Vegetables, Pineapples

Breakfast: Breakfast Tacos w/Eggs, Bananas
Snack: String Cheese
Lunch: Beef Stew over Rice, Green Beans, Pineapples
Snack: Yogurt, Cheerios
Dinner: Beef Stew over Rice, Corn, Peaches

Breakfast: French Toast, Fruit
Snack: Vanilla Wafers, Pudding
Lunch: Chili Mac with Beef Sauce, Goldfish & Raisins
Snack: Yogurt, Cheerios
Dinner: Chili Mac with Beef Sauce, Carrots, Pears

Breakfast: Homestyle Waffles, Bananas
Snack: Graham Crackers
Lunch: Red Beans & Rice with Beef Sausage, Mixed Vegetables, Pineapples
Snack: Chex Mix
Dinner: Red Beans & Rice with Beef Sausage, Corn, Apple Sauce

Breakfast: KIX Cereal, Bananas
Snack: Vanilla wafers & Pudding
Lunch: Chicken Nuggets, Green Beans, Oranges
Snack: Cheerios, Raisins
Dinner: Chicken Nuggets, Green Beans, Oranges

Breakfast: Cheese Toast on whole Wheat Bread, Fruit
Snack: Animal Crackers
Lunch: Turkey Meat, Cheese, Crackers, Mixed Vegetables, Pineapples
Snack: Nutri-Grain Bars
Dinner: Turkey Meat, Cheese, Crackers, Mixed Vegetables, Pineapples

Breakfast: Eggs & Cheese Tacos, Bananas
Snack: Rice Cakes
Lunch: Sloppy Joes with Beef, Mixed Vegetables, Pineapples
Snack: Graham Crackers, Yogurt
Dinner: Sloppy Joes with Beef, Corn, Apple Sauce

Breakfast: Pancakes w/Syrup, Oranges
Snack: String Cheese
Lunch: Beef Stroganoff, Green Beans, Peaches
Snack: Cheez-It Crackers, Raisins
Dinner: Beef Stroganoff, Carrots, Pears

Breakfast: Homestyle Waffles, Bananas
Snack: Graham Crackers
Lunch: Chicken Patty Sandwich, Mixed Vegetables, Pineapples
Snack: Vanilla Yogurt, Cheerios
Dinner: Chicken Patty Sandwich, Corn, Apple Sauce

Breakfast: KIX Cereal, Peaches
Snack: Rice Cakes
Lunch: Beef Tacos with cheese, lettuce, Peas, Bananas
Snack: Chex Mix
Dinner: Beef Tacos with cheese, Peas, Pineapple

Breakfast: Cheerios, Bananas
Snack: Pretzels
Lunch: Chicken & Rice Casserole, Mixed Vegetables, Pineapples
Snack: Goldfish Crackers, Raisins
Dinner: Chicken & Rice Casserole, Mixed Vegetables, Apple Sauce

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