

## anuay

Monday

Tuesday

Wednesday

NEW YEAR

Breakfast: Breakfast Tacos w/Eggs, Bananas 🤰 Snack: Granola Bars

Thursday

Cheese, Crackers, Mixed /egetables, Pineapples Snack: Hummus, Ritz Crackers

Lunch: Turkey Meat,

Dinner: Turkey Meat. Cheese, Crackers, Corn, Apple Sauce ISD CLOSED Friday

Breakfast: Buttermilk Biscuits, Pineapples Snack: Cheez-It Crackers, Apple sauce unch: Chicken Alfredo. Peas. Bananas Snack: Cheez-It Crackers, Apple Sauce Dinner: Chicken Alfredo. Green Beans, Pineapples

SD CLOSED

**CLOSED FOR HOLIDAY** 

Breakfast: Belgian Snack: Vanilla wafers, Waffles, Oranges **Pudding** 

Lunch: Turkey Meatball & Lunch: Beef Stroganoff, Gravy over Rice, Green Beans, Peaches Snack: Gold Fish Crackers, Raisins

Gravy over Rice, Carrots, Pears ISD CLOSED

Breakfast: French Toast, Peaches
Snack: GoldFish Crackers, Toast, Peaches Raisins Corn, Watermelon

Snack: Peaches, Graham Crackers

Dinner: Beef Stroganoff, Dinner: Turkey Meatball & Mixed Vegetables, Bananas

\*\*BACK TO SCHOOL\*\*\*

Breakfast: KIX Cereal. Watermelon Snack: Broccoli, Ranch Dip. Crackers Lunch: Tomato Soup,

Bananas

Breakfast: KIX Cereal,

Snack: Hummus, Ritz

Lunch: Pizza Casserole

Dinner: Cheese, Crackers,

Cheese Toast, Peas, Snack: Cheerios, Raisins

Turkey Meat, Green Beans, Apple Sauce

Pineapples

Crackers

Breakfast: Breakfast Tacos w/Eggs, Bananas Snack: Nutri-Grain Bars Lunch: Tator-Tot

Casserole w/Beef, Mixed Vegetables, Pineapples Snack: Peaches, Yogurt Dinner: Tator-Tot Casserole w/Beef. Corn.

Breakfast: Pancakes w/Syrup, Pineapples 10 Snack: Granola Bars Lunch: Tortilla Rollups w/Turkey & Cheese, Carrots, Oranges Snack: Bananas, Animal Crackers

Dinner: Tortilla Rollups w/Turkey & Cheese, Peas,

Breakfast: Pancakes

Peaches

Breakfast: French Toast, Oranges 13 Snack: Graham Crackers, Yogurt Lunch: Red Beans & Rice w/Beef Sausage. Green Beans, Peaches Snack: Goldfish Crackers, Raisins Dinner: Red Beans & Rice w/Beef Sausage.

Carrots, Pears

Breakfast: Whole Wheat Cheese Toast, 14 Watermelon Peaches Snack: String Cheese,

Crackers Lunch: Beef & Vegetables

Stew over Rice. Watermelon

Breakfast: French

Snack: Yogurt, Cheerios Dinner: Beef & Vegetables Stew over Rice, Bananas

w/Turkey Peperoni, Peas, Bananas Snack: Cheerios, Raisins Dinner: Pizza Casserole w/Turkey Peperoni, Green Beans, Pineapples

Breakfast: Breakfast Tacos w/Eggs, Banana§ 🚱 Snack: Crackers & Cheese Cubes Lunch: Spaghetti w/ Meat

(Beef) Sauce, Mixed Vegetables, Pineapples Snack: Cheez-It Crackers,

Yogurt (Beef) Sauce, Steamed

Breakfast: Breakfast

Lunch: Turkey Meat,

Dinner: Spaghetti w/Meat Corn, Apple Sauce

Snack: Graham Crackers

w/Syrup, Pineapples 📲 🍞 Snack: Cheez-It Crackers, Apple Sauce Lunch: Beans & Cheese Nachos, Carrots, Oranges Snack: Bananas, Graham Crackers

Dinner: Beans & Cheese Nachos, Peas, Peaches

**CLOSED FOR HOLIDAY** 

Toast, Peaches 21 Snack: Nutri-Grain Bars Lunch: Chicken & Vegetable Alfredo, Corn. Watermelon Snack: Yogurt, Cheerios Dinner: Chicken & Vegetable Alfredo, Mixed Vegetables, Bananas

Breakfast: Cheerios, Watermelon 22 Snack: Lady Bug on a

Lunch: Beef Tacos. Lettuce, Cheese, Peas, Bananas

Snack: Cheez-It Crackers, Apple Sauce

Dinner: Beef Tacos, Lettuce, Cheese, Green Beans, Pineapples

Cheese, Crackers, Mixed Vegetables, Pineapples Snack: Hummus, Ritz Crackers Dinner: Turkey Meat, Apple Sauce

Sauce

Breakfast: Buttermilk Tacos w/Eggs, Banana🥞 ᢃ Biscuits, Pineapples 🤰 🗸 Snack: Granola Bars Lunch: Beef Stroganoff, Carrots Oranges

> Snack: Graham Crackers. Yogurt

Dinner: Beef Stroganoff, Peas, Peaches

Cheese, Crackers, Corn,

Breakfast: Belgian Waffles, Oranges Snack: Nilla Wafers, Pudding Lunch: Turkey Meatball & Gravy over Rice, Green Beans, Peaches Snack: GoldFish, Raisins

Dinner: Turkey Meatball

& Gravy over Rice.

Carrots, Pears

Breakfast: Whole Wheat Cheese Toast, Peaches Snack: Turkey Pepperoni, Cheese, Crackers Lunch: Beef & Vegetables Stew over Rice, Corn, Watermelon

Snack: Yogurt, Cheerios Dinner: Beef & Vegetables Stew over Rice, Corn. Watermelon

Breakfast: KIX Cereal, Snack: Graham Crackers Lunch: Fiesta casserole w/Beef, Mixed veggies, Pineapples Snack: Hummus, Ritz Crackers Dinner: Fiesta Casserole

w/Beef, Corn, Applesauce

Breakfast: Breakfast Tacos w/Eggs, Banana🕄 🛈 Snack: Nutri-Grain Bars Lunch: Spaghetti w/ Meat (Beef) Sauce, Mixed Vegetables, Pineapples Snack: Hummus, Ritz Crackers Dinner: Spaghetti w/ Meat (Beef) Sauce, Corn, Apple

Breakfast: Buttermilk Biscuits, Pineapples 🔞 🧘 Snack: Cheez-It Crackers, Apple sauce Lunch: Chicken Alfredo, Peas, Bananas Snack: Cheez-It Crackers, Apple Sauce Dinner: Chicken Alfredo, Green Beans, Pineapples

> FINAL COPY Revised 12/19/2024

eakfast, Lunch and Dinner are served with Milk Whole Milk for ages under two and 1% Milk for ages 2 and above. Menu is subject to change to equally nutritious meal, Kids `R' Kids of Lakeshore • 16325 W Lake Houston Pkwy Houston, TX 77044 • 281-454-4244 • www.kidsrkidslakeshore.com