

Infant

Week 13 SERIES 1000-1050

LEARNING GOALS

- Shows curiosity about people, plants, and animals
- Listens to a simple chant
- Manipulates objects to see what will happen
- Shows interest in books
- Shows interest in rhymes, finger plays, and stories with props
- Moves body through space
- Explores simple art materials
- Attends to bright or contrasting colors

DAILY SCHEDULE

Morning Routine

(Brush teeth, get dressed, breakfast)

Curriculum Activity

Snack

Independent Play

Brain Waves

Lunch

Rest/Nap

Curriculum Activity

Outdoor Play

Evening Routine

MATERIALS NEEDED

- tub (shallow)
- water
- paint
- paintbrush
- toy fish (several, bright colored)
- paper (various colors and textures)
- scissors
- internet access
- oatmeal (uncooked)
- plastic container

CURRICULUM SCHEDULE

MONDAY

Language/Literacy: Which Fish?

Theme Exploration: Puffer Fish

Brain Waves: Oatmeal Cookie

TUESDAY

Music and Movement: Five Little Fish

Creative Exploration: Fishy Feet

Brain Waves: *Oatmeal Cookie*

WEDNESDAY

Creative Exploration: Fish Out of Water

Music and Movement: Fish Crawl

Brain Waves: Oatmeal Cookie

THURSDAY

Language/Literacy: Fish Can Swish

Theme Exploration: Read About Fish

Brain Waves: Oatmeal Cookie

FRIDAY

Music and Movement: I'm a Little Fish

Creative Exploration: The Many Colors of Fish

Brain Waves: Oatmeal Cookie



Language/Literacy

Which Fish?

Learning Goal: Shows curiosity about people, plants, and animals

Materials: toy fish

Instructions:

- 1. Show your baby the toy fish. Talk about the different colors and patterns.
- 2. Move the fish from side to side and encourage your baby to track it with his/her eyes.
- 3. For older infants, place items just beyond reach and encourage him/her to reach or crawl for the toy fish.



Theme Exploration

Puffer Fish

Learning Goal: Manipulates objects to see what will happen

Materials: toy fish (several), tub (shallow), water

- 1. Place the shallow tub with fish in front of your baby.
- 2. Encourage your baby to play with the fish in the water, causing them to sink to the bottom and float back up.
- 3. Talk about what is happening.
- 4. Continue as long as interest remains.





Music and Movement

Five Little Fish

<u>Learning Goal</u>: Shows interest in rhymes, finger plays, and stories with props

Materials: toy fish (optional)

Instructions:

1. Sing the following song to your baby:

Five Little Fish

Five little fish swimming in the sea.

The first one said, "Follow me!"

The second one said, "There's a fisherman over there!"

The third one said, "Oh my! Where?"

The fourth one said, "We need to swim away."

The fifth one said, "We'll come back another day."

Chug, chug went the boat, Heading back to shore.

And the five little fish swam happily evermore.

2. Repeat song throughout the week as you enjoy time with your baby.



Creative Exploration

Fishy Feet

<u>Learning Goal</u>: Explores simple art materials

Materials: paint, paintbrush, paper, scissors, marker

- Use the paintbrush to paint the bottom of your baby's foot. Use words to describe how the paint and paintbrush might feel on your baby's foot.
- 2. Gently press his/her foot onto paper.
- 3. Wash your baby's foot after activity.
- 4. Using the paint, add the fish's fins. Using the marker, create the eye.
- 5. Praise your baby's art efforts!





Creative Exploration

Fish Out of Water

<u>Learning Goal</u>: Attends to bright or contrasting colors

Materials: toy fish (bright colored)

Instructions:

- 1. Sit with your baby and hold a brightly colored fish toy in front of him/her.
- 2. Move the fish from side to side and encourage your infant to track the fish.
- 3. Choose another fish and repeat.
- 4. Continue activity as long as interest remains.



Music and Movement

Fish Crawl

Learning Goal: Moves body through space

Materials: paper (various colors), scissors

Preparation: Cut a few paper fish. Practice singing song.

Instructions:

- 1. Sit with your baby on the floor.
- 2. Put paper fish on the floor in front of him/her.
- 3. Encourage your baby to crawl around the fish with you.
- 4. Sing the following song to the tune of "Here We Go Round the Mulberry Bush":

Here we go crawling around the fish, around the fish, around the fish. Here we go crawling around the fish all around the room.

5. Continue as long as interest remains.





Language/Literacy

Fish Can Swish

Learning Goal: Listens to a simple chant

Materials: internet access, website for video on goldfish:

https://youtu.be/LjbvHSEgMKU

Preparation: Preview video.

Instructions:

1. Hold your baby.

- 2. Visit the link above. Observe how the fish moves its tail fin back and forth.
- 3. Encourage your baby to put his/her hands together and move back and forth like the fish does its tail fin and chant:

Fish can swish. Fish can swish.

4. Continue as long as interest remains



Theme Exploration

Read About Fish

Learning Goal: Shows interest in books

<u>Materials</u>: internet access, website for read aloud book, *Hooray for Fish!*By Lucy Cousins:

https://www.youtube.com/watch?v=P-8ASDajw7s

- 1. Hold your baby and watch the video together.
- 2. Point out details in pictures. Pause the video if necessary.
- 3. Ask and answer questions about the story to promote vocabulary.
- 4. Continue activity as long as interest remains.





Music and Movement

I'm a Little Fish

<u>Learning Goal</u>: Participates in finger plays

<u>Preparation</u>: Make up motions and sing "I'm a Little Fish" to the tune of "I'm a Little Teapot."

Instructions:

- 1. Hold your baby.
- 2. Demonstrate motions and encourage your baby to participate.
- 3. Explain what "to get away whole" means.
- 4. Continue activity as long as interest remains.

I'm a little fish just watch me swim.

Here is my tail and here are my fins.

When I see the fisherman with his pole,
I swim really fast and get away whole.



Creative Exploration

The Many Colors of Fish

Learning Goal: Attends to bright or contrasting colors

Materials: paper (various colors and textures), scissors

Preparation: Cut out fish shapes from paper.

- 1. Sit with your baby.
- 2. Place fish of many colors and textures where your baby can see them.
- 3. Observe your baby to see which one he/she points to, reaches for, or crawls to.
- 4. Continue as long as interest remains.





Supporting the Development of the Parietal Lobe

The parietal lobe deals with perceptual modality and sensory processing. This is the portion of the brain that processes information relating to touch, temperature, and pain; it deals with spatial recognition, visual and speech processing, and perception.



Sensory Stimulation

Oatmeal Cookie

Materials: oatmeal (uncooked), plastic container, water

<u>Preparation</u>: Caution: Adult supervision is required for this activity. Remember to wash hands before and after this activity.

Instructions:

- 1. Place your baby in his/her highchair. Provide him/her with a small amount of oatmeal.
- 2. Using an upbeat tone, talk to your baby about the taste of oatmeal cookies.
- 3. Add several drops of water on oatmeal and allow your baby to explore. Ask if he/she wants to make oatmeal cookies.
- 4. Demonstrate how to pat the oatmeal into a patty. Encourage your baby to imitate you.

<u>Activity Variation</u>: For younger infants, place oatmeal and water in plastic container.