Week



Day 1 Week 12

Hermit Crab

Materials: muffin pan, age appropriate toys that fit into the muffin space, age appropriate toys that do not fit into the muffin

Preparation: Gather materials. Place water in different parts of the muffin pan filling halfway. **Instructions:**

- 1. Assist and modify as needed.
- 2. Assist your baby with placing the toys in the muffin pan.
- 3. Try large toys and small toys. Manipulate the objects to see if they will fit like a hermit crab finding a new shell.



Oceanview

Materials: water paint, small container with water, paintbrush, paper, wipes **Preparation:** Gather materials.

Instructions:

- 1. Assist and modify as needed. Gather your baby and gently place the paintbrush in your baby's hand.
- 2. Assist your baby in dipping the brush into the water and water paint. Then, assist your baby with painting on the paper. Discuss the fun colors used.



Duck and Goose Go to the Beach

by Tad Hills

Materials: internet access, website:

https://www.youtube.com/watch?v=W5Prb4qsjcU

Preparation: Preview video.

Instructions:

- 1. Listen to the read aloud book with your child.
- 2. Point and repeat names of objects to promote language development.



Sign Language "More"

Instructions:

- 1. Hold your baby and say, "We are going to sign 'more."
- 2. Touch fingertips of both hands in flattened "O" hands in front of your chest with palms facing down as if bringing one more hand to the other.





Day 2 Week 12

Flip Flops in the Sand

Materials: two different color paper, paint, scissors, glue, wipes

Preparation: Gather materials. Cut four strips of paper to create the straps for your baby's flip flops. Cut out two oval shapes a little larger than your baby's foot for the sole of the flip flop. **Instructions:**

- 1. Assist and modify as needed. Gently paint the bottom of your baby's foot and place footprint on the cutout paper shoe sole. Repeat for the opposite foot.
- Using the cutout strips of paper, create the flip flop straps by gluing one strap between big toe print and pinky toe print. The other strap will be placed from big toe print to other side of big toe creating a foot wearing a flip flop.



Float like a Boat

Materials: age appropriate floatie Preparation: Gather material. Instructions:

- 1. Assist and modify as needed.
- 2. Gently place your baby on his/her tummy. Place age appropriate floatie in front of your baby to explore an item used on a beach.
- 3. Observe as your baby interacts with the object to understand it.



Beach Day

By Karen Roosa Materials: internet access, website: https://www.youtube.com/watch?v=5KbPXpXfxBo Preparation: Preview video.

Instructions:

- 1. Listen to the read aloud book with your child.
- 2. Point and repeat names of objects to promote language development.



Sign Language "More"

Instructions:

- 1. Hold your baby and say, "We are going to sign 'more."
- 2. Touch fingertips of both hands in flattened "O" hands in front of your chest with palms facing down as if bringing one more hand to the other.





Day 3 Week 12

Beach Summer

Materials: different color finger paint, paper, wipes

Preparation: Gather materials. **Instructions:**

- 1. Assist and modify as needed.
- 2. Using the finger paint, assist your baby as he/she explores creating free art with his/her hands.
- 3. Discuss the vibrant colors of the ocean.



Count the Rainbow

Materials: different color paper, scissors, tape **Preparation:** Cut different color strips of paper. Gently tape a strip of paper on each of your fingers on one hand.

Instructions:

- 1. Assist and modify as needed.
- 2. Promote hand-eye coordination with your baby by holding your hand up and counting your fingers.
- 3. Observe as your infant finds interest in finger play.
- 4. Name the different colors as your baby reaches.



The Sandcastle that Lola

Built

By Megan Maynor

Materials: internet access, website: <u>https://www.youtube.com/watch?v=S1yVh8Tu3kE</u> **Preparation:** Preview video.

Instructions:

- 1. Listen to the read aloud book with your child.
- 2. Point and repeat names of objects to promote language development.



Sign Language "More"

Instructions:

- 1. Hold your baby and say, "We are going to sign 'more."
- 2. Touch fingertips of both hands in flattened "O" hands in front of your chest with palms facing down as if bringing one more hand to the other.





Day 4 Week 12

Beach Volleyball

Materials: age appropriate ball of your choice **Preparation:** Gather materials. **Instructions:**

- 1. Assist and modify as needed.
- 2. Gently roll the ball to your baby. Assist your baby with rolling the ball back and forth.



Where is Baby's Beachball? By Karen Katz

Materials: internet access, website:

https://www.youtube.com/watch?v=tlO1lxFIrwE

Preparation: Preview video.

Instructions:

- 1. Listen to the read aloud book with your child.
- 2. Point and repeat names of objects to promote language development.



Building a Sandcastle

Materials: sand or mud Preparation: Gather materials. Instructions:

- 1. Assist and modify as needed.
- 2. Using parent support and supervision, assist your baby with exploring the texture of sand or mud.



Sign Language "More"

Instructions:

- 1. Hold your baby and say, "We are going to sign 'more."
- 2. Touch fingertips of both hands in flattened "O" hands in front of your chest with palms facing down as if bringing one more hand to the other.





Day 5 Week 12

My Little Starfish

Materials: paint, paint brush, paper, and wipes **Preparation:** Gather materials. **Instructions:**

- 1. Assist and modify as needed.
- 2. Gently paint your baby's foot. Gently place your baby's foot on the paper.
- Continue to angle the paper with each footprint. The heel of your baby's foot will be the outside of each part of the star creating a starfish.



Playing in the Sand

Materials: cheerios, large plastic spoon, plastic cup, medium rectangular container **Preparation:** Gather materials. Place the cheerios in medium rectangular container. **Instructions:**

- 1. Assist and modify as needed.
- 2. Assist your baby with exploring the textures of the cheerios.
- Use the large plastic spoon and plastic cup to scoop the cheerios with your baby as if you are on the beach building a sandcastle.



Pete at the Beach

by James Dean

Materials: internet access, website: <u>https://www.youtube.com/watch?v=gy7_ejzboV4</u> **Preparation:** Preview video.

Instructions:

- 1. Listen to this read aloud book with your baby.
- 2. Repeat names of objects to promote language development.



Sign Language "More"

Instructions:

- 1. Hold your baby and say, "We are going to sign 'more."
- 2. Touch fingertips of both hands in flattened "O" hands in front of your chest with palms facing down as if bringing one more hand to the other.



