

Week 1	28	29	30	1	2
Snack AM	WG Bagels*, Jelly & Bananas	Chex Cereal* and Bananas	French Toast* and Pears	Granola* Yogurt Parfait w/Berries	Blueberry Muffins
Lunch	Sausage Breakfast Potatoes Pineapple	Grilled Turkey/Cheese on Whole Grain Bread* Green Beans/ Apples	Whole Grain Steak Fingers* Broccoli and Cheese Oranges	Chicken Alfredo Peas Watermelon	Lunchables on WG Crackers* Carrot Sticks Peaches
<i>Vegetarian</i>	Veggie Sausage	Grilled Cheese	Veggie Nuggets	Meatless Chicken Strips	N/A
Snack PM	Chips and Salsa/Mixed Fruit	Cheese & Crackers/Mixed Fruit	Chex Mix/Mixed Fruit	Pretzels and String Cheese/Mixed Fruit	Graham Crackers*/ Applesauce
Week 2	5	6	7	8	9
Snack AM	French Toast* and Bananas	Granola*, Yogurt Parfait w/Berries	Mixed Berry WG Oatmeal*	Cinnamon Wheat* Toast and Pears	Cheerios* & Bananas
Lunch	Macaroni and Cheese Mixed Veggies Pineapple	Grilled Cheese Peas Apples	Chicken Fried Chicken Mashed Potatoes Oranges	Corn Dogs Tater Tots Watermelon	Whole Grain Cheese Pizza* Green Beans Oranges
<i>Vegetarian</i>	N/A	N/A	Veggie Chicken Patty	Veggie Corn Dog	N/A
Snack PM	Chex Mix/Mixed Fruit	Cheese & Saltine Crackers/ Mixed Fruit	Pretzels/ String Cheese & Mixed Fruit	Animal Crackers/Mixed Fruit	Graham Crackers*/ Applesauce
Week 3	12	13	14	15	16
Snack AM		Pancakes and Bananas	Cinnamon Wheat Toast* & Blueberries	French Toast* and Pears	Blueberry Muffins
Lunch	CLOSED	Dino Nuggets* Tater Tots Pineapples	Macaroni & Cheese Peas and Carrots Apples	Salisbury Steak Mashed Potatoes Watermelon	Chicken Sandwich Side Salad Peaches
<i>Vegetarian</i>		Veggie Nuggets	N/A	Veggie Patty	<i>Veggie Chicken Patty</i>
Snack PM		Goldfish/Mixed Fruit	Pretzels/ Bananas	Chips & Salsa/Mixed Fruit	Graham Crackers*/ Applesauce
Week 4	19	20	21	22	23
Snack AM	Hashbrowns and Pears	Eggs, Turkey Sausage & Peaches	French Toast* and Blueberries	Croissants, Jelly & Peaches	Cheerios* & Bananas
Lunch	Spaghetti & Meat Sauce Green Beans Apples	Taquitos Refried Beans Pineapple	Whole Grain Steak Fingers* Broccoli and Cheese Oranges	Chicken Quesadillas Green Beans Pears	Whole Grain Cheese Pizza* Mixed Veggies Oranges
<i>Vegetarian</i>	Meatless Sauce & Crumbles	Veggie Taquito Bites	Veggie Nuggets	Bean & Cheese Quesadilla	N/A
Snack PM	Whole Grain Crackers*, String Cheese/Mixed Fruit	Graham Crackers*/ Applesauce	Pretzels/ Bananas	Cheese, Whole Wheat* Butter Rounds/Mixed Fruit	Graham Crackers*/ Applesauce
Week 5	26	27	28	29	30
Snack AM	English Muffins, Jelly & Mandarin Oranges	Pancakes and Peaches	Granola* Yogurt Parfait w/Berries	Blueberry WG Oatmeal*	Cheerios* and Bananas
Lunch	Cheeseburger Smile Fries Apples	Fish Sticks Mixed Veggies Pineapples	Swedish Meatballs Peas and Carrots Oranges	Chicken Rice Casserole Mixed Veggies Watermelon	Chicken Taco Salad Oranges
<i>Vegetarian</i>	Veggie Burger	Veggie Fish Filets	Meatless Meatballs	Meatless Chicken Strips	N/A
Snack PM	Wheat Thins*, Cheese/ Mixed Fruit	Whole Grain Crackers*, String Cheese/Mixed Fruit	Animal Crackers/ Mixed Fruit	Chips & Salsa/Mixed Fruit	HALLOWEEN PARTIES