

Week 1	27	28	29	30	1
Snack AM	Hashbrowns and Pears	Eggs, Turkey Sausage & Peaches	French Toast and Blueberries	Croissants, Jelly & Peaches	Cereal* & Bananas
Lunch	Cheeseburger Smile Fries Apples	Taquitos Refried Beans Pineapple Tidbits	Whole Grain Steak Fingers* Broccoli and Cheese Oranges	Chicken Quesadillas Green Beans Pears	Chicken Sandwich Salad w/Ranch Mandarin Oranges
<i>Vegetarian</i>	N/A	Veggie Taquito Bites	Veggie Nuggets	Cheese Quesadilla	Veggie Patty
Snack PM	Whole Grain Crackers*. String Cheese/Mixed Fruit	Graham Crackers*/ Applesauce	Pretzels/ Bananas	Cheese, Whole Wheat* Butter Rounds/Mixed Fruit	Cheese It's/Mixed Fruit
Week 2	4	5	6	7	8
Snack AM	Cereal* & Bananas	Granola* Yogurt Parfait w/Berries	Pancakes and Pears	Chex Cereal* and Bananas	Blueberry Muffins
Lunch	Sausage Breakfast Potatoes Pineapples	Whole Grain Steak Fingers* Broccoli and Cheese Oranges	Grilled Turkey/Cheese on Whole Grain Bread* Green Beans/ Apples	Chicken Alfredo Peas Watermelon	Lunchables on WG Crackers* Carrot Sticks Bananas
<i>Vegetarian</i>	Veggie Sausage	Veggie Nuggets	Grilled Cheese	Meatless Chicken Strips	Meatless Chicken Strips
Snack PM	Chips and Salsa/Mixed Fruit	Cheese & Crackers/ Mixed Fruit	Chex Mix/Mixed Fruit	Pretzels and String Cheese/Mixed Fruit	Graham Crackers*/ Applesauce
Week 3	11	12	13	14	15
Snack AM	Strawberry WG Oatmeal*	Pancakes and Bananas	Cinnamon Wheat Toast* & Blueberries	French Toast and Pears	Cheerios* and Bananas
Lunch	Fish Sticks Peas Peaches	Dino Nuggets* Tater Tots Pineapples	Macaroni & Cheese Peas and Carrots Apples	Salisbury Steak Mashed Potatoes Watermelon	Whole Grain Cheese Pizza* Green Beans Oranges
<i>Vegetarian</i>	Veggie Fish Filets	Veggie Nuggets	N/A	Veggie Patty	N/A
Snack PM	Club Crackers & Cheese Sticks/Mixed Fruit	Goldfish/Mixed Fruit	Pretzels/ Bananas	Graham Crackers*/ Applesauce	Chex Mix /Mixed Fruit
Week 4	18	19	20	21	22
Snack AM	English Muffins, Jelly & Mandarin Oranges	Pancakes and Peaches	Granola* Yogurt Parfait w/Berries	Blueberry WG Oatmeal*	Cheerios* and Bananas
Lunch	Spaghetti & Meat Sauce Green Beans Apples	Fish Sticks Mixed Veggies Pineapples	Swedish Meatballs Peas and Carrots Oranges	Chicken Rice Casserole Mixed Veggies Watermelon	Chicken Taco Salad Oranges
<i>Vegetarian</i>	Meatless Sauce&Crumbles	Veggie Fish Filets	Meatless Meatballs	Meatless Chicken Strips	N/A
Snack PM	Wheat Thins*, Cheese/ Mixed Fruit	Graham Cracker*/Applesauce	Animal Crackers/ Mixed Fruit	Chips and Salsa/Mixed Fruit	Cheese, Pretzels/ Mixed Fruit
Week 5	25	26	27	28	29
Snack AM		Eggs, Turkey Sausage & Peaches	French Toast and Blueberries	Croissants, Jelly & Peaches	Cereal* & Bananas
Lunch	CLOSED	Taquitos Refried Beans Pineapples	Whole Grain Steak Fingers* Broccoli and Cheese Oranges	Chicken Quesadillas Green Beans Watermelon	Chicken Sandwich Salad w/Ranch Mandarin Oranges
<i>Vegetarian</i>		Veggie Taquito Bites	Veggie Nuggets	Cheese Quesadilla	Veggie Patty
Snack PM		Graham Crackers*/ Applesauce	Pretzels / Bananas	Cheese, Whole Wheat* Butter Rounds/Mixed Fruit	Cheese It's/Mixed Fruit