

MENU



Week 1	4	5	6	7	8
Snack AM	English Muffins, Jelly & Oranges	Pancakes and Peaches	Granola* Yogurt Parfait w/Berries	Blueberry WG Oatmeal*	Cheerios and Bananas
Lunch	Spaghetti & Meat Sauce Green Beans Apples	Fish Sticks Mixed Veggies Pineapple	Swedish Meatballs Peas and Carrots Oranges	Chicken Rice Casserole Mixed Veggies Watermelon	Whole Grain Cheese Pizza* Green Beans Applesauce
Vegetarian	Meatless Crumbles	Fish Filets	Meatless Meatballs	Meatless Strips	N/A
Snack PM	Wheat Thins* & Cheese & Mixed Fruit	Graham Cracker*/Applesauce	Goldfish and Mixed Fruit	Chex Mix/Mixed Fruit	Cheese & Crackers/ Mixed Fruit
Week 2	11	12	13	14	15
Snack AM	Hashbrowns and Pears	Eggs and Sausage and Fruit Cocktail	French Toast & Blueberries	Croissant /Jelly w Peaches	Cereal* & Bananas
Lunch	Cheeseburger Smile Fries Apples	Taquitos Refried Beans Pineapple	Whole Grain Steak Fingers* Broccoli and Cheese Oranges	Cheese Quesadillas Green Beans Watermelon	Chicken Sandwich Salad w/Ranch Mandarin Oranges
Vegetarian	Veggie Burgers	Veggie Taquito Bites	Veggie Corn Dog	N/A	Veggie Patty
Snack PM	Crackers* and String Cheese/Mixed Fruit	Graham Crackers*/Applesauce	Chex Mix/Mixed Fruit	Cheese and Whole Wheat* Butter Rounds/Mixed Fruit	Cheese its/Mixed Fruit
Week 3	18	19	20	21	22
Snack AM	Cheerios* and Bananas	Peach WG Oatmeal*	Whole Wheat Toast*/Pears	Cereal* & Bananas	Pancakes & Blueberries
Lunch	Macaroni and Cheese Mixed Veggies Pineapple	Grilled Cheese Peas Apples	Chicken Fried Chicken Mashed Potatoes Oranges	Corn Dogs Tater Tots Peaches	Lunchables on WG Crackers* Carrot Sticks Watermelon
Vegetarian	N/A	N/A	Veggie Patty	Veggie Corn Dog	Cheese Roll Up
Snack PM	Pretzels and String Cheese/Mixed Fruit	Chips and Salsa/Mixed Fruit	Goldfish/Mixed Fruit	Animal Crackers/Mixed Fruit	Oatmeal Cookies/Mixed Fruit
Week 4	25	26	27	28	29
Snack AM	Strawberry WG Oatmeal*	Pancakes and Bananas	Cinnamon Toast* & Blueberries	French Toast and Pears	Cheerios* and Bananas
Lunch	Fish Sticks Peas Applesauce	Dino Nuggets* Tater Tots Pineapple	Macaroni & Cheese Peas and Carrots Apples	Salisbury Steak Mashed Potatoes Oranges	Whole Grain Cheese Pizza* Green Beans Watermelon
Vegetarian	Veggie Fish Filets	Veggie Nuggets	N/A	Veggie Patty	N/A
Snack PM	Club Crackers & Cheese Sticks/Mixed Fruit	Goldfish/Mixed Fruit	Cheese & Crackers/Mixed Fruit	Graham Crackers*/ Applesauce	Chex Mix /Mixed Fruit
Week 5	1	2	3	4	5
Snack AM		Granola* Yogurt Parfait w/Berries	Biscuits and Pears	Chex Cereal* and Bananas	Blueberry Muffins
Lunch	CLOSED	Whole Grain Steak Fingers* Broccoli and Cheese Oranges	Grilled Turkey/Cheese on Whole Grain Bread* Green Beans/ Apples	Chicken Alfredo Peas Watermelon	Chicken Taco Salad Oranges
Vegetarian		Veggie Nuggets	Grilled Cheese	Meatless Strips	Meatless Strips
Snack PM		Cheese & Crackers/Mixed Fruit	Oatmeal Cookies/Mixed Fruit	Pretzels and String Cheese/Mixed Fruit	Graham cracker*/ Applesauce