





Week 1	29	30	1	2	3
Snack AM	Fruit and Grain Bars	Eggs and Sausage	Oatmeal	French Toast	Cheerios and Bananas
Lunch	Chicken/Rice Casserole	Grilled Cheese	Macaroni and Cheese	Cheese Pizza	Bean and Cheese Tacos
	Mixed Veggies	Tomato Soup	Peas and Carrots	Green Beans	Salad w Ranch
	Fruit	Fruit	Fruit	Fruit	Fruit
Vegetarian	Meatless Strips	N/A	N/A	N/A	N/A
Snack PM	S'mores Trail Mix	Graham Crackers & Applesauce	Jello and Fruit	Chips and Dip	Fig Bars and Yogurt
Week 2	6	7	8	9	10
Snack AM	Oatmeal	Pancakes/Waffles	Sausage and Biscuits	Fruit Muffins	Fruit and Grain Bars
Lunch	Fish Sticks	Chicken Nuggets	Grilled Turkey and Cheese	Steak Fingers	Chicken Taco Salad
	Peas	Tater Tots	Veggie Straws	Broccoli and Cheese	Fruit
	Fruit	Fruit	Fruit	Fruit	
Vegetarian	Veggie Fish Filets	Veggie Nuggets	Grilled Cheese	Veggie Corn Dog	Meatless Strips
Snack PM	Pudding and Wafers	Gold Fish and Fruit	Oatmeal Cookies/Raisins	Graham Crackers and Applesauce	Fig Bars and Yogurt
Week 3	13	14	15	16	17
Snack AM	Cheerios and Bananas	Bagels and Cream Cheese	French Toast	Butter Toast	Cereal
Lunch	Sausage	Macaroni and Cheese	Chicken Fried Chicken	Corn Dogs	Cheese Pizza
	Breakfast Potatoes	Mixed Veggies	Mashed Potatoes	French Fries	Green Beans
	Fruit	Fruit	Fruit	Fruit	Fruit
Vegetarian	Veggie Sausage	N/A	Veggie Patty	Veggie Corn Dog	N/A
Snack PM	Pretzels and String	Chips and Salsa	Gold Fish and Fruit	Fruit Snacks and Graham	Trail Mix
	Cheese			Crackers	
Week 4	20	21	22	23	24
Snack AM	Biscuits and Gravy	Croissants w/Jelly	Hash Browns and Sausage	Pancakes/Waffles	Bananas and Yogurt
Lunch	Steak Fingers	Chicken Alfredo	Fish Sticks	Cheese Quesadillas	Chicken Sandwich
	Broccoli and Cheese	Peas	Mixed Veggies	Green Beans	Salad w/Ranch
	Fruit	Fruit	Fruit	Fruit	Fruit
Vegetarian	Veggie Nuggets	Meatless Strips	Veggie Patty	N/A	Veggie Patty
Snack PM	Fig Bars and Yogurt	Pop Tarts w/Fruit	Chips w/Salsa	Graham Crackers and Applesauce	Animal Crackers w/Fruit
Week 5	27	28	29	30	31
Snack AM		English Muffins w/Jelly	Pancakes/Waffles	Bagels and Cream Cheese	Cereal
Lunch	CLOCED	Swedish Meatballs	Taquitos	Spaghetti and Meat Sauce	Lunchables
	<b>CLOSED</b>	Peas	Refried Beans	Green Beans	Veggie Straws
		Fruit	Fruit	Fruit	Fruit
Vegetarian		Meatless Meatballs	Veggie Taquito Bites	Meat Crumbles	Cheese Roll-Ups
Snack PM		Cheese Its & Fruit	Cheese and Crackers	Sandwich Cream Cookies	Chex Mix