

INFANT

Week

23

Smart Activities



SMART CHOICE. SMARTER CHILD.®

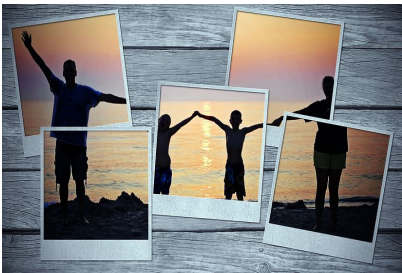
My Family

Materials: family photos, small photo album

Preparation: Gather materials. Place family photos in album.

Instructions:

1. Assist and modify as needed.
2. Show your baby the photo album and point to pictured family members.
3. Observe your baby for reaction as you talk about your family members.



The Birthday Pet

by Ellen Javernick

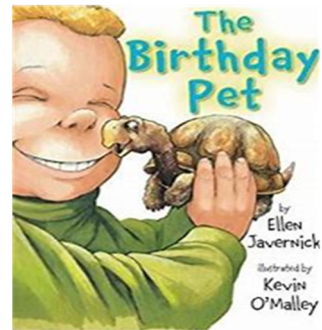
Materials: internet access, website:

<https://youtu.be/yW6-ql4mtD0>

Preparation: Preview video.

Instructions:

1. Gather your baby and listen to the book.
2. Point to the illustrations and discuss what is in the pictures.



Family Painting

Materials: three different colors of paint, one freezer gallon zipper bag, sheet of paper able to fit in bag

Preparation: Gather materials. Place droplets of paint on the paper, then place paper in freezer gallon zipper bag. Zip bag and ensure properly closed.

Instructions:

1. Gather your baby. Assist and modify as needed.
2. Support your baby in exploring how the colors mix in the zipper bag.



Sign Language "Eat"

Instructions:

1. Hold your baby and say, "We are going to sign 'eat.'"
2. Place the flattened "O" hand toward the mouth once for the word "eat."
3. Some people use the sign for "eat" and "food" interchangeably, while others sign "eat" twice for the word "food."



In My World

Materials: pictures of friends

Preparation: Gather materials.

Instructions:

1. Show your baby the pictures of friends.
2. Point to the pictures and say the friends' names.
3. Show your baby pictures of family pets.



I Love My Mommy

by David Bedford & Brenna Vaughan

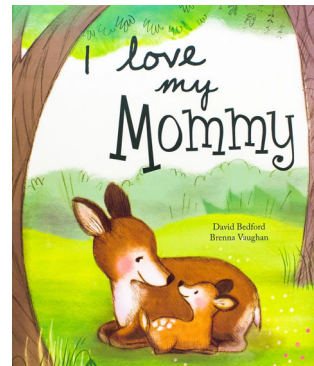
Materials: internet access, website:

https://youtu.be/n1fPr7UG_Lg

Preparation: Preview video.

Instructions:

1. Listen to the read aloud book with your baby.
2. Point and repeat names of objects to promote language development.



Hello

Materials: phone (non-working)

Preparation: Gather material.

Instructions:

1. Gather your baby. Assist and modify as needed. Use the toy phone to start a conversation with someone your baby knows. For example, you could pretend to call a grandparent.
2. As you talk, change your voice, using higher and lower pitch and volume. Mention your baby's name.
3. Put the phone next to your baby's ear and say, "It's for you!" Listen for babbles and coos in response.



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Family Talk

Instructions:

1. Gather your baby. As they coo, gurgle, growl, or giggle, respond by imitating these sounds. This will create a back and forth conversation.
2. Remember to maintain eye contact as you "talk" to each other.
3. Continue activity as long as interest remains.



If You're Happy and You Know It

Materials: internet access, website:

<https://youtu.be/13wd8KvOt58>

Preparation: Preview video.

Instructions:

1. Gather your baby.
2. As you sit with your baby in your lap, sing "If You're Happy and You Know It."
3. Take your baby's hands in yours and encourage your baby to clap to the beat with you.



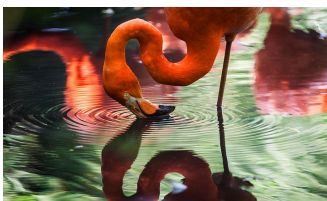
My Reflection

Materials: mirror

Preparation: Gather materials.

Instructions:

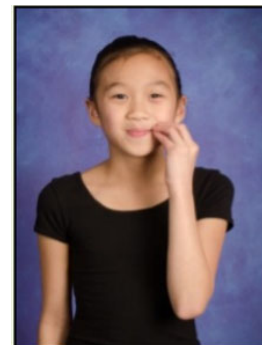
1. Assist and modify as needed. Gather your baby. Walk your baby to a mirror.
2. Point to your baby and say your baby's name.
3. Point to yourself and say your name and who you are to your baby.
4. Point to family, friends, and pets that are near as you say their names and say, "People in My World."
5. Observe your baby's eagerness and delight in self, others, and surroundings.



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Making Music

Materials: two different size plastic containers with proper lid, uncooked beans, uncooked pasta

Preparation: Gather your materials. Place one cup of uncooked beans in the container with lid and ensure it is completely closed. Do the same for pasta.

Instructions:

1. Assist and modify as needed.
2. Shake the containers to make fun sounds.
3. Observe the vocalizations your baby makes as he/she plays with the container and makes different sounds.



My Body Sing Along Song

Materials: internet access, website:

<https://youtu.be/-6-Q1yTEx54>

Preparation: Preview video.

Instructions:

1. Gather your baby.
2. As you sit with your baby in your lap, sing along with the song "My Body."
3. Gently point to your baby's hands and toes as you sing along.



Family Painting

Materials: colors of finger paint representing your family's favorite colors, paper, wipes

Preparation: Gather materials.

Instructions:

1. Assist and modify as needed. Gather your baby.
2. Create art as you and your baby finger paint using your family's favorite colors, representing all the people in your baby's world.
3. As you paint, point and say the names of the colors.



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My World

Materials: different colors of paper, scissors, tape

Preparation: Cut different color strips of paper. Gently tape a strip of paper on each of your fingers on one hand.

Instructions:

1. Assist and modify as needed.
2. Promote hand and eye coordination with your baby by holding your hand up and counting your fingers.
3. Observe as your infant finds interest in finger play.
4. The world is filled with different shapes and colors. Name the different colors as your baby reaches.



Twinkle, Twinkle Little Star

Materials: internet access, website:

<https://youtu.be/yCjJyiqpAuU>

Preparation: Preview video.

Instructions:

1. Gather your baby.
2. Observe how your baby responds as you gently hold your baby and rock to the rhythm of the music.
3. You may also gently pat your baby with the beat as you rock.



Explore

Materials: three different size age-appropriate toys

Preparation: Gather materials.

Instructions:

1. Assist and modify as needed. Gather your baby.
2. Gently place your baby on his/her tummy.
3. Place the toys in front of your baby. Observe as your baby explores objects with different characteristics.



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