



MARCH 2019



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



HAPPY ST. PATRICK'S DAY



1
B: Oatmeal, Apple Slices
L/S: Wheat Grilled Cheese, Fresh Garden Salad, Mixed Fruit
PM: Vanilla Yogurt, Graham Crackers

4
B: Biscuits w/Jelly, Mixed Fruit
L/S: Sloppy Joes, Ranch Style Beans, Peaches
PM: Ritz Crackers, Cheese

5
B: French Toast Sticks, Peaches
L/S: Inside Out Turkey & Cheese, Corn, Oranges
PM: Animal Crackers, Bananas

6
B: Warm Blueberry Muffins, Bananas
L/S: Chicken Rotini Casserole, Green Beans, Mandarin Oranges
PM: Strawberry Yogurt, Pineapple

7
B: Mini Pancake Bites, Grapes
L/S: Steak Fingers, Mashed potatoes, Peas, Mixed Fruit
PM: Cheese Toast

8
B: Warm Chocolate Muffins, Apple Slices
L/S: Nachos, Pinto Beans, Fresh Green Salad, Mandarin Oranges
PM: Graham Crackers, Mixed Fruit

SPRING BREAK 11-15, 2019 - Cy-Fair ISD

11
B: Pancakes, Applesauce
L/S: Frito Pie, Pinto Beans, Bread, Apples
PM: Pretzels, Cheese

12
B: Cheesy Eggs, Hash Browns, Pineapple
L/S: **Salisbury Steak, Mashed Potatoes, Carrots, Bread, Grapes
PM: Goldfish, Mixed Fruit

13
B: Sausage and Cheese Biscuits, Fresh Oranges
L/S: Whole Wheat Spaghetti w/Meat Balls, Salad, Pears
PM: Vanilla Yogurt, Apple Slices

14
B: Apple Cinnamon Muffins, Mandarin Oranges
L/S: Beanie Weenie, Green Beans, Fruit Mix, Bread
PM: Cheese Quesadilla

15
B: French Toast Sticks, Peaches
L/S: **Cheeseburgers, Tator Tots, Fresh Oranges
PM: Graham Crackers, Applesauce

18
B: Biscuits w/Jelly, Mix Fruit
L/S: Mini Corn Dogs, Green Beans, Peaches
PM: Goldfish, Applesauce

19
B: Blueberry Waffles, Fresh Oranges
L/S: Chicken Nuggets, Mashed Potatoes, Corn, Mixed Fruit
PM: Animal Crackers, Bananas

20
B: Mini Pancake Bites, Bananas
L/S: Cheesy Chicken Mac, Ranch Style Beans, Mandarin Oranges
PM: Vanilla Yogurt W/Apple Cinnamon Cheerios

21
B: Cream of Wheat, Grapes
L/S: BBQ Wieners, Broccoli, Bread, Pineapple
PM: Pretzels, Cheese

22
B: Banana Muffins, Mixed Fruit
L/S: Fish Nuggets, Bread, Fresh Garden Salad, Peaches
PM: Graham Crackers, Mandarin Oranges

25
B: Waffles, Applesauce
L/S: Pizza, Peas, Peaches
PM: Cheese Crackers, Pears

26
B: Cheesy Eggs, Toast, Mixed Fruit
L/S: Turkey Hot Dogs, Tator Tots, Fresh Oranges
PM: Breadsticks, Marinara Sauce

27
B: Warm Blueberry Muffins, Bananas
L/S: Meatballs w/Gravy, Rice, Green Beans, Peaches
PM: Ritz Crackers, Mixed Fruit

28
B: Turkey Bacon, Biscuits, Grapes
L/S: Chicken Quesadillas, Ranch Style Beans, Mandarin Oranges
PM: Saltine Crackers, Cheese

29
B: Oatmeal, Apple Slices
L/S: Wheat Grilled Cheese, Fresh Garden Salad, Mixed Fruit
PM: Vanilla Yogurt, Graham Crackers

Milk served at meals. Water served at snacks.

Age appropriate and food allergy substitutions will be made when applicable.