# INFANT Week Solution



# Day 1 Week 38

#### **Sweet Pictures**

**Materials:** pictures of sweet treats **Preparation:** Tape the pictures to the floor. **Instructions:** 

- 1. Hold your baby and say, "Look at the pictures of the sweet treats?"
- 2. Encourage your baby to crawl/walk to the picture. Modify as needed.
- 3. Praise all efforts as he/she shows interest in the pictures.



#### **Five Candy Canes**

Materials: internet access, website: https://youtu.be/6MejJBiag5A

Preparation: Preview video.

#### Instructions:

- 1. Enjoy this Candy Cane as your baby responds to music.
- 2. Repeat as interest remains.
- 3. Encourage and praise all responses.



#### **My Candy Cane**

Materials: paper, red paint, scissors Preparation: Cut out a candy cane shape. Instructions:

- 1. Hold your baby and say, "We are going to create a candy cane using art materials."
- 2. Assist your baby with painting the candy cane. Modify as needed.
- 3. Encourage and praise all response as your baby completes the art activity.
- 4. Enjoy this priceless art.



#### Sign Language "Book"

#### Instructions:

Place flat hands palm to palm with fingers pointing forward. Then, move them so palms face up as if opening a book.





# Day 2 Week 38

#### **Ball Chase**

#### Materials: ball

#### Instructions:

- 1. Hold your baby and say, "We are going to chase the ball."
- 2. Encourage your baby to chase the ball after you roll it on the floor. Modify/assist as needed.
- 3. Repeat as your baby examines the ball.



#### **Roll It Around**

#### Materials: ball, box, paint Preparation: Put the paint in the box. Instructions:

- 1. Hold your baby and say, "We are going to paint with a ball."
- 2. Put the ball in the box.
- 3. Encourage your baby to shake the box.
- 4. Observe as your baby paints with the ball.



#### **Roll the Ball**

Materials: internet access, website: https://youtu.be/s5ZhjCJ2bIE

**Preparation:** Preview video. **Instructions:** 

- 1. Enjoy this sing along with your baby.
- 2. Encourage and praise all responses.



## Sign Language "Book"

#### Instructions:

Place flat hands palm to palm with fingers pointing forward. Then, move them so palms face up as if opening a book.





# Day 3 Week 38

#### **Books for Me**

#### Materials: books

**Preparation:** Place the books near your baby. **Instructions:** 

- 1. Hold your baby and say, "Time to read some books."
- Modify/assist as needed. Encourage your baby to select a book.
- 3. As you read the books, ask your baby to repeat simple words.
- 4. Observe as your baby responds to repeated words.



#### **Book Pick Up**

**Materials:** books, blanket **Preparation:** Place books on the blanket. **Instructions:** 

- 1. Hold your baby and say, "We are going to pick up the books."
- 2. Encourage your baby to help with picking up the books. Assist and modify as needed.
- 3. Count the books as they are picked up.
- 4. Select one to read once the task is complete.
- 5. Praise all efforts.



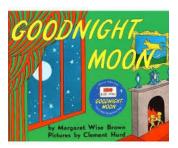
#### Goodnight

**Materials:** internet access, website: <u>https://youtu.be/Rg3wI0OPRe0</u>

Preparation: Preview video.

#### Instructions:

- 1. Enjoy *Goodnight Moon* by Margret Wise Brown.
- 2. Repeat simple words and encourage your baby to repeat them.
- 3. Encourage and praise all responses.



## Sign Language "Book"

#### Instructions:

Place flat hands palm to palm with fingers pointing forward. Then, move them so palms face up as if opening a book.





## Day 4 Week 38

#### **Stocking Fun**

Materials: holiday stocking, favorite toys Instructions:

- 1. Hold your baby and say, "This is a stocking, and we are going to put your toys inside."
- 2. Encourage your baby to grasp the toys and feel the stocking. Modify as needed.
- 3. Repeat as your baby develops a sense of grasp.



#### **Over the Moon**

**Materials:** internet access, website: https://youtu.be/PuqD8XfLM6I

**Preparation:** Preview video. **Instructions:** 

- 1. Enjoy *My First Christmas* by Tomie dePoala.
- 2. Point to items in the story.
- 3. Encourage and praise all responses.



#### **My Stocking**

Materials: paper, crayons, scissors

**Preparation:** Cut out stocking shape using paper.

#### Instructions:

- 1. Hold your baby, and say, "We are going to create a stocking using art materials."
- 2. Assist your baby with coloring the stocking. Modify as needed.
- 3. Encourage and praise all response as your baby completes an art activity.



## Sign Language "Book"

#### Instructions:

Place flat hands palm to palm with fingers pointing forward. Then, move them so palms face up as if opening a book.





# Day 5 Week 38

#### **Pillow Fun**

#### **Materials:** favorite pillow **Preparation:** This activity requires close supervision.

#### Instructions:

- 1. Hold your baby and say, "This is a pillow. We are going to use it during tummy time."
- 2. Place your baby safely on a pillow with hands on support.
- 3. Encourage your baby to raise his/her head by singing and smiling. Modify as needed.
- 4. Repeat as your baby develops control of head and back.



#### I See It

## Materials: favorite noisy toy Instructions:

- 1. Hold your baby and say, "We are going to have tummy time."
- 2. Place your baby safely on his/her tummy with hands-on support.
- 3. Encourage your baby to raise his/her head by shaking the noisy toy. Modify as needed.
- 4. Observe as your baby moves his/her head towards the noisy toy.
- 5. Encourage and praise all responses as your baby develops control of head and back.



#### I Got This

#### **Materials:** internet access, website: <u>https://youtu.be/M3rCtW9DMD4</u>

**Preparation:** Preview video. **Instructions:** 

- 1. Enjoy tummy time with your baby.
- 2. Repeat as interest remains.
- 3. Encourage and praise all responses.



#### Sign Language "Book"

#### Instructions:

Place flat hands palm to palm with fingers pointing forward. Then, move them so palms face up as if opening a book.



