



Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast: 5
Cheerios, apples & milk
Lunch: Chicken nuggets, mashed potatoes, mixed fruit & milk
Snack: Goldfish & apple juice

Breakfast: 6
Waffles, oranges & milk
Lunch: Chicken Alfredo, peaches, broccoli & milk
Snack: Cheese cubes & crackers

Breakfast: 7
Bagels with cream cheese, bananas & milk
Lunch: Beef with rice, mandarin oranges, green beans & milk
Snack: Yogurt & graham crackers

Breakfast: 8
French toast sticks, apples & milk
Lunch: Chicken quesadillas, pears, peas & carrots & milk
Snack: Cheese sticks & crackers

Breakfast: 9
Cheese toast, bananas & milk
Lunch: Mini corn dogs, mixed fruit, mixed vegetables & milk
Snack: Cheez-its & apple juice

Breakfast: 12
Chex, oranges & milk
Lunch: Chicken nuggets, mashed potatoes, mixed fruit & milk
Snack: Goldfish & apple juice

Breakfast: 13
Waffles, apples & milk
Lunch: Chicken with rice, peaches, broccoli & milk
Snack: Cheese cubes & crackers

Breakfast: 14
Bagels with cream cheese, bananas & milk
Lunch: Beef spaghetti, mandarin oranges, green beans & milk
Snack: Yogurt & graham crackers

Breakfast: 15
French toast sticks, oranges & milk
Lunch: Pizza quesadillas, pears, peas & carrots & milk
Snack: Cheese sticks & crackers

Breakfast: 16
Cheese toast, bananas & milk
Lunch: Meatballs with rice, mixed fruit, mixed vegetables & milk
Snack: Cheez-its & apple juice

Breakfast: 19
Cheerios, apples & milk
Lunch: Chicken nuggets, mashed potatoes, mixed fruit & milk
Snack: Goldfish & apple juice

Breakfast: 20
Waffles, oranges & milk
Lunch: Chicken Alfredo, peaches, broccoli & milk
Snack: Cheese cubes & crackers

Breakfast: 21
Bagels with cream cheese, bananas & milk
Lunch: Beef with rice, mandarin oranges, green beans & milk
Snack: Yogurt & graham crackers

Breakfast: 22
French toast sticks, apples & milk
Lunch: Chicken quesadillas, pears, peas & carrots & milk
Snack: Cheese sticks & crackers

Breakfast: 23
Cheese toast, bananas & milk
Lunch: Mini corn dogs, mixed fruit, mixed vegetables & milk
Snack: Cheez-its & apple juice

Breakfast: 26
Chex, oranges & milk
Lunch: Chicken nuggets, mashed potatoes, mixed fruit & milk
Snack: Goldfish & apple juice

Breakfast: 27
Waffles, apples & milk
Lunch: Chicken with rice, peaches, broccoli & milk
Snack: Cheese cubes & crackers

Breakfast: 28
Bagels with cream cheese, bananas & milk
Lunch: Beef spaghetti, mandarin oranges, green beans & milk
Snack: Yogurt & graham crackers

Breakfast: 29
French toast sticks, oranges & milk
Lunch: Pizza quesadillas, pears, peas & carrots & milk
Snack: Cheese sticks & crackers

Breakfast: 30
Cheese toast, bananas & milk
Lunch: Meatballs with rice, mixed fruit, mixed vegetables & milk
Snack: Cheez-its & apple juice