

Monday

Tuesday

Wednesday

Thursday

Friday

## AUTISM AWARENESS MONTH



**Breakfast:** 1  
Bagels with cream cheese, bananas & milk

**Lunch:**  
Beef spaghetti, mandarin oranges, green beans & milk

**Snack:**  
Yogurt & graham crackers

**Breakfast:** 2  
French toast sticks, oranges & milk

**Lunch:**  
Pizza quesadillas, pears, peas & carrots & milk

**Snack:**  
Cheese sticks & crackers



**Breakfast:** 6  
Cheerios, apples & milk

**Lunch:**  
Chicken nuggets, mashed potatoes, mixed fruit & milk

**Snack:**  
Goldfish & apple juice

**Breakfast:** 7  
Waffles, oranges & milk

**Lunch:**  
Mac & Cheese, peaches, broccoli & milk

**Snack:**  
Cheese cubes & crackers

**Breakfast:** 8  
Bagels with cream cheese, bananas & milk

**Lunch:**  
Beef with rice, mandarin oranges, green beans & milk

**Snack:**  
Yogurt & graham crackers

**Breakfast:** 9  
French toast sticks, apples & milk

**Lunch:**  
Pizza quesadillas, pears, peas & carrots & milk

**Snack:**  
Cheese sticks & crackers

**Breakfast:** 10  
Cheese toast, bananas & milk

**Lunch:**  
Meatballs with rice, mixed fruit, mixed vegetables & milk

**Snack:**  
Cheez-its & apple juice

**Breakfast:** 13  
Chex, oranges & milk

**Lunch:**  
Chicken nuggets, mashed potatoes, mixed fruit & milk

**Snack:**  
Goldfish & apple juice

**Breakfast:** 14  
Waffles, apples & milk

**Lunch:**  
Chicken with rice, peaches, broccoli & milk

**Snack:**  
Cheese cubes & crackers

**Breakfast:** 15  
Bagels with cream cheese, bananas & milk

**Lunch:**  
Beef spaghetti, mandarin oranges, green beans & milk

**Snack:**  
Yogurt & graham crackers

**Breakfast:** 16  
French toast sticks, oranges & milk

**Lunch:**  
Pizza quesadillas, pears, peas & carrots & milk

**Snack:**  
Cheese sticks & crackers

**Breakfast:** 17  
Cheese toast, bananas & milk

**Lunch:**  
Meatballs with rice, mixed fruit, mixed vegetables & milk

**Snack:**  
Cheez-its & apple juice

**Breakfast:** 20  
Cheerios, apples & milk

**Lunch:**  
Chicken nuggets, mashed potatoes, mixed fruit & milk

**Snack:**  
Goldfish & apple juice

**Breakfast:** 21  
Waffles, oranges & milk

**Lunch:**  
Mac & Cheese, peaches, broccoli & milk

**Snack:**  
Cheese cubes & crackers

**Breakfast:** 22  
Bagels with cream cheese, bananas & milk

**Lunch:**  
Beef with rice, mandarin oranges, green beans & milk

**Snack:**  
Yogurt & graham crackers

**Breakfast:** 23  
French toast sticks, apples & milk

**Lunch:**  
Pizza quesadillas, pears, peas & carrots & milk

**Snack:**  
Cheese sticks & crackers

**Breakfast:** 24  
Cheese toast, bananas & milk

**Lunch:**  
Meatballs with rice, mixed fruit, mixed vegetables & milk

**Snack:**  
Cheez-its & apple juice

**Breakfast:** 27  
Chex, oranges & milk

**Lunch:**  
Chicken nuggets, mashed potatoes, mixed fruit & milk

**Snack:**  
Goldfish & apple juice

**Breakfast:** 28  
Waffles, apples & milk

**Lunch:**  
Chicken with rice, peaches, broccoli & milk

**Snack:**  
Cheese cubes & crackers

**Breakfast:** 29  
Bagels with cream cheese, bananas & milk

**Lunch:**  
Beef spaghetti, mandarin oranges, green beans & milk

**Snack:**  
Yogurt & graham crackers

**Breakfast:** 30  
French toast sticks, oranges & milk

**Lunch:**  
Pizza quesadillas, pears, peas & carrots & milk

**Snack:**  
Cheese sticks & crackers

