

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast: **1**
Cheese toast, bananas & milk
Lunch:
Meatballs with rice, mixed fruit, mixed vegetables & milk
Snack:
Cheez-its & apple juice

4
Breakfast:
Cheerios, apples & milk
Lunch:
Chicken nuggets, mashed potatoes, mixed fruit & milk
Snack:
Goldfish & apple juice

5
Breakfast:
Waffles, oranges & milk
Lunch:
Chicken alfredo pasta, peaches, broccoli & milk
Snack:
Cheese cubes & crackers

6
Breakfast:
Bagels with cream cheese, bananas & milk
Lunch:
Beef with rice, mandarin oranges, green beans & milk
Snack:
Yogurt & graham crackers

7
Breakfast:
French toast sticks, apples & milk
Lunch:
Pizza quesadillas, pears, peas & carrots & milk
Snack:
Cheese sticks & crackers

8
Breakfast:
Blueberry muffins, bananas & milk
Lunch:
Mini corn dogs, mixed fruit, mixed vegetables & milk
Snack:
Cheez-its & apple juice

11
Breakfast:
Chex, oranges & milk
Lunch:
Steak fingers, mashed potatoes, mixed fruit & milk
Snack:
Goldfish & apple juice

12
Breakfast:
Waffles, apples & milk
Lunch:
Chicken with rice, peaches, broccoli & milk
Snack:
Cheese cubes & crackers

13
Breakfast:
Bagels with cream cheese, bananas & milk
Lunch:
Beef spaghetti, mandarin oranges, green beans & milk
Snack:
Yogurt & graham crackers

14
Breakfast:
French toast sticks, oranges & milk
Lunch:
Chicken quesadillas, pears, peas & carrots & milk
Snack:
Cheese sticks & crackers

15
Breakfast:
Cheese toast, bananas & milk
Lunch:
Meatballs with rice, mixed fruit, mixed vegetables & milk
Snack:
Cheez-its & apple juice

18
Breakfast:
Cheerios, apples & milk
Lunch:
Chicken nuggets, mashed potatoes, mixed fruit & milk
Snack:
Goldfish & apple juice

19
Breakfast:
Waffles, oranges & milk
Lunch:
Chicken alfredo pasta, peaches, broccoli & milk
Snack:
Cheese cubes & crackers

20
Breakfast:
Bagels with cream cheese, bananas & milk
Lunch:
Beef with rice, mandarin oranges, green beans & milk
Snack:
Yogurt & graham crackers

21
Breakfast:
French toast sticks, apples & milk
Lunch:
Pizza quesadillas, pears, peas & carrots & milk
Snack:
Cheese sticks & crackers

22
Breakfast:
Blueberry muffins, bananas & milk
Lunch:
Mini corn dogs, mixed fruit, mixed vegetables & milk
Snack:
Cheez-its & apple juice

25
Breakfast:
Chex, oranges & milk
Lunch:
Steak fingers, mashed potatoes, mixed fruit & milk
Snack:
Goldfish & apple juice

26
Breakfast:
Waffles, apples & milk
Lunch:
Chicken with rice, peaches, broccoli & milk
Snack:
Cheese cubes & crackers

27
Breakfast:
Bagels with cream cheese, bananas & milk
Lunch:
Beef spaghetti, mandarin oranges, green beans & milk
Snack:
Yogurt & graham crackers

28
Breakfast:
French toast sticks, oranges & milk
Lunch:
Chicken quesadillas, pears, peas & carrots & milk
Snack:
Cheese sticks & crackers

29
Breakfast:
Cheese toast, bananas & milk
Lunch:
Meatballs with rice, mixed fruit, mixed vegetables & milk
Snack:
Cheez-its & apple juice