

5 YEAR OLD

Week

24

Smart Activities



SMART CHOICE. SMARTER CHILD.®

The Statue of Liberty

Materials: internet access, website:

<https://youtu.be/usHRc7G0gVo>

Preparation: Preview video.

Instructions:

1. Say, "We are going watch a video about the Statue of Liberty!"
2. Ask questions about the video, ex: "Which country built the Statue of Liberty?" "Where is the Statue of Liberty located?"



Statue of Liberty

by Lucille Recht Penner

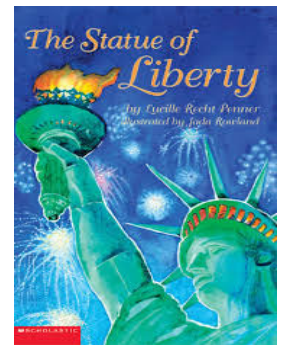
Materials: internet access, website:

<https://youtu.be/9Uip9uphEV4>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about the Statue of Liberty.
2. Ask questions about the story, "How big are the eyes of the Statue of Liberty?" "What does the word 'liberty' mean?"



Making Sand

Materials: 5 cups of flour, 1 cup of baby oil (scented if desired), container (plastic), mixing bowl, spoon

Preparation: Prepare area. Gather materials. Wash hands before and after activity.

Instructions:

1. Say, "We are going make our own sand!"
2. Put flour in a bowl.
3. Make a well in the middle of flour.
4. Pour oil into the well.
5. Encourage your child to mix oil and flour together with a spoon or by hands.
6. Transfer sand to plastic sensory container. It's ready for play!



Time to Step Up!

Preparation: Clear area. Step/stairs.

Instructions:

1. Encourage your child to join you.
2. Say, "We are going to do a leg work out!"
3. Stand tall with feet shoulder distance apart in front of a step/stair.
4. Shift your weight onto the left foot. Press through the left heel and move your body up onto the step.
5. Place the right foot entirely on the step. Then, slowly lower your left foot to the floor.
6. Return the right foot to the floor to return to your standing position.
7. Repeat with left foot for 10 reps.
8. Repeat on the right side 10 reps.

Sets of Torches

Materials: dice (small or large), paper, pencil, Set of Torches template, scissors

Preparation: Cut out torches.

Instructions:

1. Say, "We are going to learn how to make sets!"
2. Encourage your child to roll dice and count number of dots.
3. Encourage him/her to write the number representing the amount on the dice.
4. Ask your child to pick out corresponding number of torches and place on the table.
5. Explain to your child that he/she made a set!
6. Repeat steps 3 through 6 several times.



Lady Liberty's Holiday

by Jen Arena

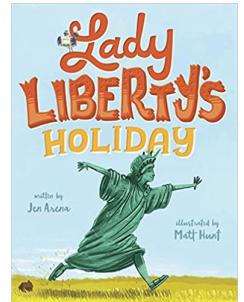
Materials: internet access, website:

<https://youtu.be/4-ScGPmnU3k>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud book with your child.
2. Ask questions about the story, ex: "What did Mo tell Lady Liberty to do?" "Where did Lady Liberty visit?" "Where did Lady Liberty feel small?" "What made Lady Liberty return back home?"



Making the Torch

Materials: bowl, glue, newspaper, paint (green), paintbrush, cardboard tube, scissors, tissue paper (yellow)

Preparation: Prepare area. Cover table with newspaper. Gather materials.

Instructions:

1. Say, "We are going make the torch of the Statue of Liberty!"
2. Glue paper bowl to the top of the cardboard tube.
3. Glue the yellow tissue paper inside the bowl to make the flame.
4. Paint the torch.



Balloon Torch Run

Materials: homemade torch from Making the Torch activity, objects for an obstacle course

Preparation: Gather materials.

Instructions:

1. Say, "We are going to exercise holding a torch like Lady Liberty!"
2. Have your child hold his/her torch and run as fast as he/she can from point A to point B.
3. Then, make an obstacle course for your child to zig and zag through holding the torch.



Virtual Tour: Statue of Liberty

Materials: internet access, website:
<https://youtu.be/FEqGmv8cN7w>

Preparation: Preview video.

Instructions:

1. Say, "We are going on a virtual tour to see the Statue of Liberty!"
2. Watch the video with your child.
3. Ask questions about the video, ex: "How many cars long is the Statue of Liberty?"



My L Book

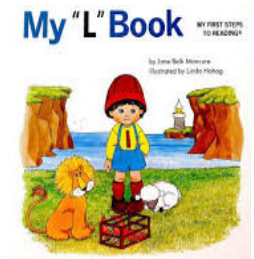
by Jane Belk Moncure

Materials: internet access, website:
<https://youtu.be/Erbwngofl3Q>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful book about a boy collecting items that begin with "L."
2. Ask questions about the story, ex: "What was the third item Little L placed in the box?" "Why was he careful placing the lobster in the box?"



L is for Liberty

Materials: glue, index cards, magazines, marker, scissors

Preparation: Prepare area. Cover table with newspaper. Gather materials.

Instructions:

1. Say, "We are going cut out pictures that begin with the letter 'L.'"
2. Encourage your child to find and cut out pictures and glue them onto index cards.
3. Encourage your child to say the name and write the picture's name underneath on index card.
4. Save index cards to utilize in the future.



Up Downs

Preparation: Find or create an open area. Preview exercises.

Instructions:

Encourage your child to join you for some exercise.

Tuck Jumps: bend knees and lift heels high while jumping.

Star Jack: like a jumping jack -jump straight up while spreading apart legs and arms in midair like a starfish



The Liberty Bell

Materials: internet access, website:

<https://youtu.be/bWVQS7hpr34>

Preparation: Preview video.

Instructions:

1. Say, "We are going to learn about the Liberty Bell."
2. Ask questions about the video, ex: "Who founded the state of Pennsylvania?" "What does the Liberty Bell represent?"



The Liberty Bell

by Lloyd G. Douglas

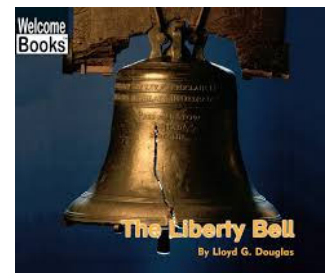
Materials: internet access, website:

<https://youtu.be/7abljsbvHX4>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about the Liberty Bell.
2. Ask questions about the story, ex: "When was the last time the Liberty was rung? Why?" "Why was the Liberty Bell rung in 1776?"



Crack in the Bell

Materials: pictures of the Liberty Bell, sand (from previous activity)

Preparation: Prepare area.

Instructions:

1. Say, "We are going to draw the Liberty Bell in the sand!"
2. Display pictures of the Liberty Bell and discuss its characteristics.
3. Encourage your child to draw the Liberty Bell in his/her sand.



Boom!

Preparation: Find or create an open area. Preview exercises.

Instructions:

Say, "Let's pretend we are fireworks and blast off in the sky."

Firework Exercise: Squat down to touch the ground between your feet and then jump up into the air reaching your arms straight over your head like a rocket. Then Yell, "BOOM!"



Why is the Bell Cracked?

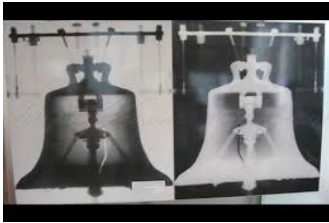
Materials: internet access, website:

<https://youtu.be/6Cgaek3KIZk>

Preparation: Preview video.

Instructions:

1. Say, "We are going to learn why the Liberty Bell is cracked."
2. Ask questions about the video, ex: "Why did they use an x-ray machine to look at the bell?" "How did the bell sound the last time it was rung? Why?"



Counting Objects

Materials: Counting Objects template, pencil

Preparation:

Instructions:

1. Say, "We are going to do a math activity."
2. Encourage your child to name and count the objects.
3. Write the correct answer.

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Newsprint Collage

Materials: construction paper, glue, magazine/newspaper, scissors

Preparation: Prepare area. Gather materials

Instructions:

1. Say, "We are going create a newspaper collage!"
2. Encourage your child to cut out pictures. While cutting, generate conversation about the activity.
3. Paste cut pictures on construction paper.



Jumping the Cracks

Materials: masking tape

Preparation: Create or find an open area.

Place several pieces of tape six inches apart on the floor.

Instructions:


1. Say, "We are jumping the cracks of the Liberty Bell!"
2. Encourage your child to jump over the pieces of tape without touching them.
3. Praise your child for his/her effort.
4. Continue activity if interest remains.



Sets of Torches Template



Counting Objects

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