

Week 9 SERIES 1100-1250

LEARNING GOALS

- Listens to simple stories
- Expresses self creatively with simple art materials
- Recognizes simple patterns in the environment
- Moves body to the music
- Uses simple tools to explore
- Solves a simple problem successfully with adult assistance
- Listens and imitates sounds in nursery rhymes, songs, and chants
- Regulates some impulses with adult guidance
- Recognizes that familiar people perform different occupations

DAILY SCHEDULE

Morning Routine
(Brush teeth, get dressed, breakfast)
Curriculum Activity
Snack
Independent Play
Brain Waves
Lunch
Rest/Nap
Curriculum Activity
Outdoor Play
Evening Routine

MATERIALS NEEDED

- construction paper (assorted colors)
- containers
- crayons
- gardening tools (play, i.e. shovels, rake, spoons)
- glue
- index cards
- internet access
- large lima beans
- markers
- masking tape
- music
- non-fertilized soil
- paper plate
- pictures (flowers, garden)
- play dough
- seed packets (3, print or draw)
- tape

CURRICULUM SCHEDULE

MONDAY

Language/Literacy: *Seeds*
Creative Exploration: *A Flower Plate*
Brain Waves: *Roly Dough*

TUESDAY

Math: *Number Patterns*
Music/Movement: *Flower Shoes*
Brain Waves: *Roly Dough*

WEDNESDAY

Science: *Dig In*
Cognitive Exploration: *Put it Together*
Brain Waves: *Roly Dough*

THURSDAY

Language/Literacy: *Three Little Seeds*
Dramatic Play: *Color Game*
Brain Waves: *Roly Dough*

FRIDAY

Social Studies: *The Gardener*
Sensory Activity: *Planting Seeds*
Brain Waves: *Roly Dough*

Language/Literacy

Seeds

Learning Goal: Listens to simple stories

Materials: internet access, website:
<https://www.youtube.com/watch?v=3mtp0VHJuP4>

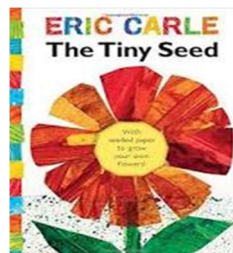
Preparation: Preview the read aloud book, *The Tiny Seed* by Eric Carle, at the website above.

Instructions:

1. Encourage your child to join you and listen to the story.
2. Explain the roles of the author and illustrator of the book.
3. Encourage him/her to repeat the role of each.
4. Ask questions as you read the book, ex: “What seasons did the seeds travel through?” “What plant grows the fastest?” “What was the last seed to grow and what did it grow into?”
5. Sign the word “Flower.”

flower

Place the fingertips of the dominant hand under each nostril separately as if sniffing.



Creative Exploration

A Flower Plate

Learning Goal: Expresses self creatively with simple art materials

Materials: construction paper (assorted colors), crayons, glue, paper plate

Preparation: Cut paper into strips.

Instructions:

1. Encourage your child to join you. Explain he/she is going to make a flower like the book we read.
2. Give them crayons, glue, paper plate, and paper.
3. Encourage him/her to color the plate and then ask them to tear the construction paper into pieces and glue them around the plate.



Math

Number Patterns

Learning Goal: Recognize simple patterns in the environment

Materials: index cards, markers

Preparation: Write numbers 1 -3 on index cards (one per card). Create 3 for each number.

Instructions:

1. Encourage your child to join you.
2. Show him/her the number cards. Hold up a number cards 1 -3 and ask him/her to tell you the numerical name.
3. Place the cards in a pile and encourage your child to draw one. Ask him/her to identify it and place it upside up on the table. Continue until all cards have been drawn and identified.
4. Help him/her put the numbers in numerical order. Ask if he/she sees a pattern?



Music/Movement

Flower Shoes

Learning Goal: Moves body to the music

Materials: pictures of flowers, tape, pick out favorite music

Preparation: Print pictures of flowers.

Instructions:

1. Encourage your child to join you.
2. Explain that your child is going to dance with flowers on his/her feet.
3. Tape the pictures of flowers to shoes. (Make sure surface is not slippery - do on carpet if possible.)
4. Turn on children's music and encourage your child to dance. Make it fun and dance along.
5. Change it up! Tape flowers to the floor in a straight line and encourage your child to walk on the flowers like a balance beam.



Science

Dig In

Learning Goal: Uses simple tools to explore

Materials: soil (non-fertilized), tubs/containers (small), gardening tools, i.e. toy shovels, rake, spoons

Preparation: Put soil in tubs.

Instructions:

1. Encourage your child to join you.
2. Show him/her the gardening tools (ex: sub in spoons for shovels).
3. Explain that he/she is going to use the tools to scoop and pour the soil from one tub to another.
4. Praise your child's efforts. Encourage him/her to count each scoop.



Cognitive Exploration

Put it Together

Learning Goal: Solves a simple problem successfully with adult assistance

Materials: pictures (flowers, garden)

Preparation: Print out pictures and cut in half. Lay out on table.

Instructions:

1. Encourage your child to join you.
2. Explain that they will match the pictures.
3. Give your child one half of the picture and encourage him/her to match it with the correct half. (You can cut them again if your child has mastered matching halves.)



Language/Literacy

Three Little Seeds

Learning Goal: Listens and imitate sounds in nursery rhymes, songs, and chants

Materials: masking tape, 3 seed packets (print or draw)

Preparation: Make a large triangle on the floor with masking tape. Sing the song to the tune of your choice beforehand. Tape a seed packet on each end of the triangle.

Instructions:

1. Encourage your child to join you. Show him/her the packets of seeds. Talk about how you plant seeds in the ground and flowers grow from seeds.
2. Ask your child to stand on one corner of the triangle and count the sides and seed packets.
3. Begin singing the song “Three Little Seeds” and encourage him/her to move as you sing together.

Three Little Seeds

Three little seeds all in a row.

(Sign the number three.)

Three little seeds being planted to grow.

(Squat on the floor.)

Three little seeds waiting in line.

(Stand up.)

Three little seeds ready to sparkle and shine.

(Wave hands above head and smile.)

Three little seeds grow tall and strong.

(Hold arms out and flex arm muscles.)

Three little seeds sing a song.

(Sign the number three.)

Three little seeds become flowers overnight.

(Jump up and down.)



Dramatic Play

Color Game

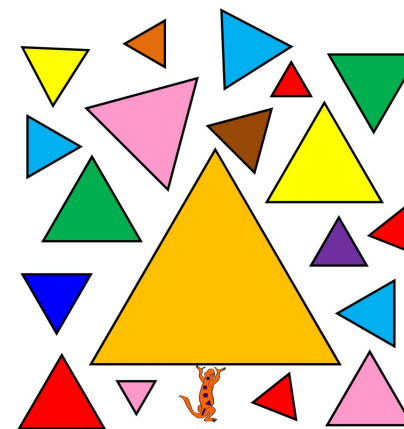
Learning Goal: Regulates some impulses with adult guidance

Materials: construction paper (variety of colors)

Preparation: Cut out different colored triangles from construction paper. Hide the triangles outside (if possible).

Instructions:

1. Encourage your child to join you.
2. Show him/her a paper triangle. Say “A triangle has 3 sides.” Point out the 3 sides and count.
3. Tell your child that he/she is going to find the hidden triangles you have hidden.
4. As your child finds the triangles, encourage him/her to identify the color and count the sides.



Social Studies

The Gardener

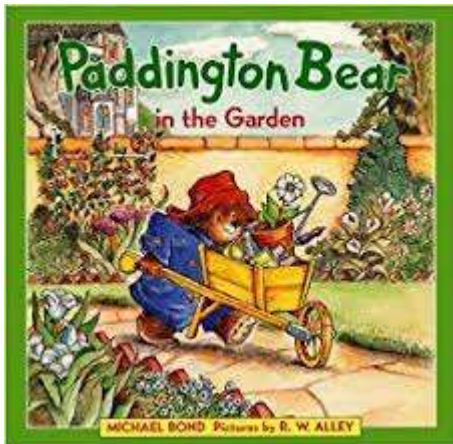
Learning Goal: Recognizes that familiar people perform different occupations

Materials: internet access, website:
<https://www.youtube.com/watch?v=HGVvuSQbwCY>

Preparation: Preview the read aloud book, *Paddington Bear in the Garden* by Michael Bond, using the website above.

Instructions:

1. Encourage your child to join you.
2. Explain a person who takes care of a garden is called a gardener.
3. As you read the book, emphasize the job duties of the gardener.



Sensory Activity

Planting Seeds

Learning Goal: Regulates some impulses with adult guidance

Materials: large lima beans, container, soil (non-fertilized), toy gardening tools (i.e. shovel, spoon)

Preparation: Fill the container with soil. Mix large lima beans into the soil.

Instructions:

1. Encourage your child to join you.
2. Say, "This is a garden. There are seeds in the soil."
3. Tell him/her to dig in the soil and find the seeds. Then, encourage them to examine and plant the seeds again.
4. Ask questions, ex: "What does the dirt feel like?" "What does the seed feel like?" "What color is the dirt?"



Supporting the Development of the Parietal Lobe

The parietal lobe deals with perceptual modality and sensory processing. This is the portion of the brain that processes information relating to touch, temperature, and pain; it deals with spatial recognition, visual and speech processing, and perception.



Sensory Stimulation

Roly Dough

Materials: play dough (store bought or homemade)

Preparation: Making dough homemade - flour, salt, water, food coloring optional - <https://www.youtube.com/watch?v=oAIAm6BF0fs>

Instructions:

1. Encourage your child to join you.
2. Provide a small amount of dough. Demonstrate how to roll the dough with your hands.
3. Encourage him/her to mimic your actions. Talk about the texture of the dough.

* This activity activates the senses, which helps improve memory and attention span and helps develop the central nervous system.

