

Week 4 SERIES 1100-1250

**LEARNING GOALS**

- Listens to simple stories
- Actively participates in physical activity for three to five minutes at a time
- Participates in simple songs that involve numbers and quantity
- Completes a task with assistance
- Communicates what he/she likes about a picture
- Repeats actions many times to cause desired effect
- Expresses self-creativity with simple art materials

**DAILY SCHEDULE**

Morning Routine  
(Brush teeth, get dressed, breakfast, etc.)  
**Curriculum Activity**  
Snack  
Independent Play  
**Brain Waves**  
Lunch  
Rest/Nap  
**Curriculum Activity**  
Outdoor Play  
Evening Routine

**MATERIALS NEEDED**

- 2 sets of zoo animals
- container
- crayons
- glue stick
- internet access
- paint (gray)
- paintbrush
- paper
- pictures of zoo animals & elephant's tail to trunk
- scarves
- scissors
- small toys/items
- string or yarn
- turkey baster
- water

**CURRICULUM SCHEDULE**

**MONDAY**

Language/Literacy: *Viewing the Zoo*  
Creative Exploration: *Animal Movements*  
Brain Waves: *Building Zones*

**TUESDAY**

Math: *Counting Lions*  
Music/Movement: *Dancing Zoo*  
Brain Waves: *Building Zones*

**WEDNESDAY**

Science: *Elephant Trunk Drink*  
Cognitive Exploration: *Trunk to Tail Hug*  
Brain Waves: *Building Zones*

**THURSDAY**

Language/Literacy: *Everybody Reach Up*  
Dramatic Play: *Stretch and Grab*  
Brain Waves: *Building Zones*

**FRIDAY**

Social Studies: *Zoo Match*  
Sensory Activity: *My Zoo*  
Brain Waves: *Building Zones*

## Language/Literacy

### *A View at the Zoo* by Kathleen Long Bostrom

**Learning Goal:** Listens to simple stories

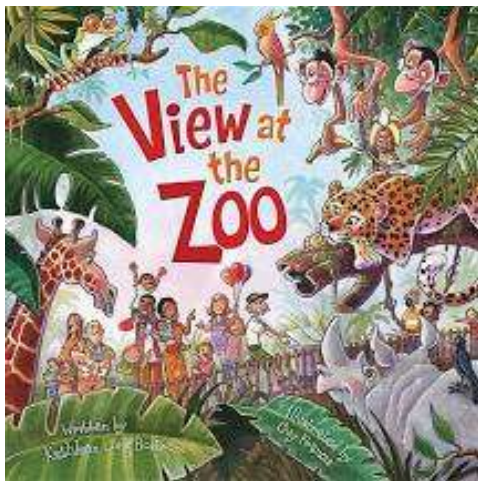
**Materials:** internet access, website:

<https://www.youtube.com/watch?v=C-TrBI8BAuQ>

**Preparation:** Preview book.

**Instructions:**

1. Encourage your child to join you.
2. As you listen together, ask your child questions about the story while encouraging him to look at the illustrations. As you are viewing, point out the various zoo animals and their characteristics.
3. After finishing the story, ask your child what animals did they see and some characteristics about the various zoo animals.



## Creative Exploration

### Animal Movements

**Learning Goal:** Actively participates in physical activity for three to five minutes at a time

**Materials:** internet access, website:

<https://www.youtube.com/watch?v=xxqdLtUC8sA>

**Preparation:** Preview video for familiarity with activity

**Instructions:**

1. Say, "We are going to pretend to be animals!"
2. Play the video and encourage your child to move like the various animals. Make it fun and move along with them.
3. Continue the activity if your child shows interest.



## Math

### Counting Lions

**Learning Goal:** Participates in simple songs that involve numbers and quantity

**Materials:** use the song below (“*Ten Little Lions*”)

**Preparation:** Practice the song.

**Instructions:**

1. Sing the song with your child.
2. Use your fingers to count as you sing.
3. Praise them for singing and counting.

#### Ten Little Lions

(sung to tune of “One Little, Two Little, Three Little Indians”)

One little, two little, three little lions,  
Four little, five little, six little lions,  
Seven little, eight little, nine little lions,  
Ten little lions roaring at the zoo.



## Music/Movement

### Dancing Zoo

**Learning Goal:** Experiments with vocalization, sounds, and musical instruments

**Materials:** scarves, favorite music

**Preparation:** Gather materials.

**Instructions:**

1. Encourage your child to join you and then give them a scarf.
2. As the music begins, move your scarf slowly encouraging them to follow your rhythm. Then, change up your rhythm.
3. Switch it up! Allow them to be the leader and you follow their rhythm.



## Science

### Elephant Trunk Drink

**Learning Goal:** Completes task with assistance

**Materials:** container, pictures (elephants), turkey baster, water

**Preparation:** Gather materials and pour water in container.

**Instructions:**

1. Encourage your child to join you.
2. Show pictures and explain how elephants use their trunks to drink.
3. Demonstrate how to squeeze water into and out of the turkey baster.
4. Encourage him to try and offer praise.



## Cognitive Exploration

### Trunk to Tail Hug

**Learning Goal:** Communicates what he/she likes about a picture

**Materials:** glue stick, paint (gray), paintbrush, picture of elephants (holding trunk to tail), scissors, yarn (black)

**Preparation:** Gather materials and cut yarn.

**Instructions:**

1. Encourage your child to join you. Show him a picture of an elephant holding another elephant's tail using his trunk. Encourage your child to ask questions.
2. Paint your hand and press on paper. Then paint your child's hand and press on paper. Allow to dry. Cut out hands.
3. Encourage him to glue hands on paper with thumbs representing the trunk. Then take the string and attach from palm to child's thumb.



## Language Exploration

### Everybody Reach Up

**Learning Goal:** Participates in simple songs that involve numbers and quantity

**Materials:** words below

**Preparation:** Read through the words below.

**Instructions:**

1. Encourage your child to join you.
2. Recite the words below and do the motions together.
3. Praise him/her for following directions.

**Everybody Reach Up**  
Everybody stretch,  
reach up, reach down,  
Everybody stand up on your feet.  
Stretch to the ceiling,  
stretch to the floor,  
Stretch to the ceiling,  
Now do it once more.  
(Repeat and change last line to  
“Now clap to four – 1, 2, 3, 4!”)



## Dramatic Play

### Stretch and Grab

**Learning Goal:** Repeats action many times to cause desired effect

**Materials:** string, toys/small items (ex: linking rings, plastic spoons, socks), giraffe picture

**Preparation:** Attach string to various toys and hang from various areas and lengths.

**Instructions:**

1. Encourage your child to join you. Show a picture of a giraffe and talk about its long neck and how it stretches it to eat.
2. Show your child the toys hanging at various heights and encourage him/her to reach and stretch to retrieve the toys.
3. Praise your child and ask, “Did you have to stretch your arms and stand on your toes to get them?”



## Social Studies

### Zoo Match

**Learning Goal:** Repeats actions many times to cause desired effect

**Materials:** printer, scissors, internet access, website:  
<https://www.mamaslearningcorner.com/preschool-week-match-game-packet/>

**Preparation:** Print out two (2) sets of the cards from the website and cut out.

**Instructions:**

1. Encourage your child to join you. Show them the pictures of the animals and match them up.
2. Mix up the pictures and place face-down. Encourage them to turn over two cards at a time to find a match.
3. Clap and cheer for their efforts. Encourage them to identify the animals.



## Sensory Activity

### My Zoo

**Learning Goal:** Expresses self-creativity with simple art materials

**Materials:** crayons, glue, scissors, paper, internet access, pictures of zoo animals (use website link), website:  
<https://mrprintables.com/printable-animal-flash-cards-polaroid-style.html>

**Preparation:** Print the Zoo Match activity animal pictures and cut out.

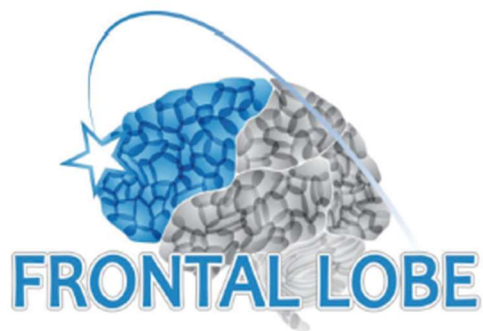
**Instructions:**

1. Encourage your child to join you. Show him/her the zoo animals and have him/her identify them.
2. Allow your child to choose which pictures to glue on the paper.
3. Encourage your child to draw the animals using crayons. Praise his/her work.



## Supporting the Development of the Frontal Lobe

A main function of the frontal lobe is cognitive thinking, such as reasoning and problem solving. This portion of the brain is also responsible for motor development, language development, social-emotional behavior, and impulse control. Research shows that lack of development in the frontal lobe can lead to deficits in concentration and decreased problem solving and creativity skills. To support the development of the frontal lobe, you can conduct the following activity with your child.



## Socialization

### Building Zones

**Materials:** building blocks, camera, props (cars, people, animals)

**Instructions:**

1. Say, “We are going to build together.”
2. Encourage your child to build with you.
3. Discuss their construction.
4. Photograph cooperative play and construction.

**Activity Variation:** Ask your child, “What do people do in the building you created?”

