

Week 1		28	29	30	1	2
Breakfast					Blueberry Muffins, Bacon, Tropical Fruit & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM					Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch					Macaroni & cheese, Carrots, Peaches & Milk	Ham & Cheese Sandwich, Carrot Sticks (150-250 Diced Carrots), Peaches & Milk
Snack PM					Animal Crackers & Apple Juice	Cheez-Itz & Apple Juice
Week 2		5	6	7	8	9
Breakfast		Whole Wheat Cinnamon Toast, Fruit Cocktail & Milk	Scrambled Eggs, Turkey Sausage, Apple Slices & Milk	Waffles, Syrup, Tropical Fruit & Milk	Sausage and Cheese Kolaches, Peas & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM		Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Cucumbers with Ranch, Club Crackers & Water	Wheat Thins w/ Cheese Cubes (150-250 Ritz Crackers) & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch		Chicken Rice Pilaf, Ranch Style Beans, Fruit Cocktail & Milk	Mini Chicken Sandwich, Diced Carrots, Peaches & Milk	Grilled Cheese Sandwich, Tomato Soup, Apple Slices & Milk	Lasagna, Broccoli, Tropical Fruit & Milk	Turkey & Cheese Sandwich, Carrot Sticks (150-250 Diced Carrots), Fruit Cocktail & Milk
Snack PM		String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheez-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice
Week 3		12	13	14	15	16
Breakfast			Scrambled Eggs, Potato Pancakes, Fruit Cocktail & Milk	Biscuits with Gravy, Tropical Fruit & Milk	Maple Oatmeal, Bacon, Mandarin Oranges & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM			Animal Crackers, Applesauce & Water	Carrot Sticks with Ranch (150-200 Apple Slices), Club Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch			Popcorn Chicken, Mashed Potatoes, Peas & Milk	Cheeseburger Sliders, Sweet Potato Fries, Peas & Milk	Cheese Pizza, Salad w/ Ranch (150-250 Diced Carrots), Applesauce & Milk	Ham & Cheese Sandwich, Carrot Sticks (150-250 Diced Carrots), Peaches & Milk
Snack PM			Cheex Mix (150-250 Cheex Cereal) & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice	Cheez-Itz & Apple Juice
Week 4		19	20	21	22	23
Breakfast		Whole Grain Waffles, Syrup, Peas & Milk	Scrambled Eggs, Biscuits w/ Grape Jelly, Peaches & Milk	Sausage and Cheese Brûche Sandwich, Peaches & Milk	Pancakes, Syrup, Bacon, Peas & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM		Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Cucumbers with Ranch, Club Crackers & Water	Wheat Thins w/ Cheese Cubes (150-250 Ritz Crackers) & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch		Chicken Nuggets, Green Beans, Peaches & Milk	Hotdog, Sweet Potato Fries, Peas & Milk	Salisbury Steak, Mashed Potatoes, Dinner Roll, Mandarin Oranges & Milk	Spaghetti Meatballs, Broccoli, Peaches & Milk	Turkey & Cheese Sandwich, Carrot Sticks (150-250 Diced Carrots), Fruit Cocktail & Milk
Snack PM		String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheez-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice
Week 5		26	27	28	29	30
Breakfast		French Toast, Syrup, Peas & Milk	Egg & Cheese Breakfast Tacos, Peaches & Milk	Maple Oatmeal, Bacon, Applesauce & Milk	Blueberry Muffins, Bacon, Tropical Fruit & Milk	Spooky Cheerios, Bananas & Milk
Snack AM		Cheddar Cheese Sun Chips, Mandarin Oranges & Water	Animal Crackers, Applesauce & Water	Carrot Sticks with Ranch (150-200 Apple Slices), Club Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch		Corndogs, Corn, Tropical Fruit & Milk	Chicken Alfredo, Broccoli Mandarin Oranges & Milk	Chicken Fajitas, Mexican Rice, Tortilla, Peas & Milk	Macaroni & cheese, Carrots, Peaches & Milk	
Snack PM		Graham Crackers & Apple Juice	Cheex Mix (150-250 Cheex Cereal) & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice	