

Week 1	31	1	2	3	4
Breakfast		Egg & Cheese Breakfast Tacos, Peaches & Milk	Maple Oatmeal, Bacon, Applesauce & Milk	Blueberry Muffins, Bacon, Tropical Fruit & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM		Animal Crackers, Applesauce & Water	Cucumbers with Ranch, Club Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch		BBQ Meatballs, Baked Beans, Bread Slice, Mandarin Oranges & Milk	Chicken Fajitas, Mexican Rice, Tortilla, Pears & Milk	Macaroni & cheese, Carrots, Peaches & Milk	Ham & Cheese Sandwich, Carrot Sticks (150-250 Diced Carrots) , Peaches & Milk
Snack PM		Cheex Mix (150-250 Chex Cereal) & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice	Cheez-Itz & Apple Juice
Week 2	7	8	9	10	11
Breakfast	Whole Wheat Cinnamon Toast, Fruit Cocktail & Milk	Scrambled Eggs, Turkey Sausage, Apple Slices & Milk	Waffles, Syrup, Tropical Fruit & Milk	Sausage and Cheese Kolaches, Pears & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Carrot Sticks with Ranch (150-200 Apple Slices) , Club Crackers & Water	Wheat Thins w/ Cheese Cubes (150-250 Ritz Crackers) & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch	Chicken Rice Pilaf, Ranch Style Beans, Fruit Cocktail & Milk	Mini Chicken Sandwich, Diced Carrots, Peaches & Milk	Grilled Cheese Sandwich, Tomato Soup, Apple Slices & Milk	Lasagna, Broccoli, Tropical Fruit & Milk	Turkey & Cheese Sandwich, Carrot Sticks (150-250 Diced Carrots) , Fruit Cocktail & Milk
Snack PM	String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheez-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice
Week 3	14	15	16	17	18
Breakfast	Pancakes, Syrup, Pears and Milk	Scrambled Eggs, Potato Pancakes, Fruit Cocktail & Milk	Biscuits with Gravy, Tropical Fruit & Milk	Maple Oatmeal, Bacon, Mandarin Oranges and Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Cheddar Cheese Sun Chips, Mandarin Oranges & Water	Animal Crackers, Applesauce & Water	Cucumbers with Ranch, Club Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch	Cheese Nachos, Refried Beans, Peaches & Milk	Popcorn Chicken, Mashed Potatoes, Pears & Milk	Ham & Cheese Sandwich, Carrot Sticks (150-250 Diced Carrots) , Peaches & Milk	Cheese Pizza, Salad w/ Ranch (150-250 Diced Carrots) , Applesauce & Milk	Cheese Burger Sliders, Sweet Potato Fries, Pears & Milk
Snack PM	Graham Crackers & Apple Juice	Cheex Mix (150-250 Chex Cereal) & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice	 Cheez-Itz & Apple Juice
Week 4	21	22	23	24	25
Breakfast	Whole Grain Waffles, Syrup, Pears & Milk	Scrambled Eggs, Biscuits w/ Grape Jelly, Peaches & Milk	Sausage and Cheese Brioche Sandwich, Peaches & Milk	Pancakes, Syrup, Bacon, Pears & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Carrot Sticks with Ranch (150-200 Apple Slices) , Club Crackers & Water	Wheat Thins w/ Cheese Cubes (150-250 Ritz Crackers) & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch	Chicken Nuggets, Green Beans, Peaches & Milk	Hotdog, Sweet Potato Fries, Pears & Milk	Salsbury Steak, Mashed Potatoes, Dinner Roll, Mandarin Oranges & Milk	Spaghetti Meatballs, Broccoli, Peaches & Milk	Turkey & Cheese Sandwich, Carrot Sticks (150-250 Diced Carrots) , Fruit Cocktail & Milk
Snack PM	String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheez-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice
Week 5	28	29	30		
Breakfast	French Toast, Syrup, Pears & Milk	Egg & Cheese Breakfast Tacos, Peaches & Milk	Maple Oatmeal, Bacon, Applesauce & Milk		
Snack AM	Cheddar Cheese Sun Chips, Mandarin Oranges & Water	Animal Crackers, Applesauce & Water	Cucumbers with Ranch, Club Crackers & Water		
Lunch	Corndogs, Corn, Tropical Fruit & Milk	BBQ Meatballs, Baked Beans, Bread Slice, Mandarin Oranges & Milk	Chicken Fajitas, Mexican Rice, Tortilla, Pears & Milk		
Snack PM	Graham Crackers & Apple Juice	Cheex Mix (150-250 Chex Cereal) & Apple Juice	Goldfish & Apple Juice		