



| Week 1    | 1  | 2  | 3  | 4   | 5  |
|-----------|--|--|--|---|--|
| Breakfast | Whole Grain Waffles, Syrup, Pears & Milk                     | Scrambled Eggs, Biscuits w/ Grape Jelly, Peaches & Milk                | Sausage and Cheese Brioche Sandwich, Peaches & Milk                            | Pancakes, Bacon, Pears & Milk   | Honey Nut Cheerios, Bananas & Milk   |
| Snack AM  | Animal Crackers, Applesauce & Water                          | Ritz Crackers w/ Cream Cheese & Water                                  | Carrot Sticks with Ranch, <b>(150-200 Apple Slices)</b> Club Crackers & Water  | Wheat Thins, Cheese Cubes & Water   | Vanilla Yogurt, Animal Crackers & Water  |
| Lunch     | Chicken Nuggets, Green Beans, Peaches & Milk                 | Hotdog, Sweet Potato Fries, Pears & Milk                               | Salsbury Steak, Mashed Potatoes, Dinner Roll, Mandarin Oranges & Milk          | Beef Ravioli, Broccoli, Peaches & Milk  | Turkey & Cheese Sandwich, Carrot Sticks <b>(150-200 Diced Carrots)</b> , Fruit Cocktail & Milk |
| Snack PM  | String Cheese & Apple Juice                                  | Trail Mix & Apple Juice  | Cheez-Itz & Apple Juice  | Goldfish & Apple Juice  | Graham Crackers & Apple Juice  |
| Week 2    | 8  | 9  | 10   | 11  | 12   |
| Breakfast | French Toast, Syrup, Pears & Milk                            | Egg & Cheese Breakfast Tacos, Peaches & Milk                           | Maple Oatmeal, Bacon, Applesauce & Milk  | Blueberry Muffins, Bacon, Tropical Fruit & Milk                                 | Honey Nut Cheerios, Bananas & Milk   |
| Snack AM  | Cheddar Cheese Sun Chips, Mandarin Oranges & Water           | Animal Crackers, Applesauce & Water                                    | Cucumbers with Ranch, Club Crackers & Water                                    | Ritz Crackers w/ Sliced Cheese & Water  | Strawberry Yogurt, Graham Crackers & Water   |
| Lunch     | Corndogs, Corn, Tropical Fruit & Milk                        | BBQ Meatballs, Baked Beans, Corn, Bread Slice, Mandarin Oranges & Milk | Chicken Fajitas, Mexican Rice, Pears & Milk                                    | Macaroni & cheese, Carrots, Peaches & Milk                                      | Ham & Cheese Sandwich, Carrot Sticks <b>(150-250 Diced Carrots)</b> , Peaches & Milk           |
| Snack PM  | Graham Crackers & Apple Juice                                | Chex Mix <b>(150-250 Chex Cereal)</b> & Apple Juice                    | Goldfish & Apple Juice   | Animal Crackers & Apple Juice   | Cheez-Itz & Apple Juice  |
| Week 3    | 15   | 16   | 17   | 18  | 19   |
| Breakfast | Whole Wheat Cinnamon Toast, Fruit Cocktail & Milk            | Scrambled Eggs, Turkey Sausage, Apple Slices & Milk                    | Waffles, Tropical Fruit & Milk   | Sausage and Cheese Kolaches, Pears & Milk                                       | Honey Nut Cheerios, Bananas & Milk   |
| Snack AM  | Animal Crackers, Applesauce & Water                          | Ritz Crackers w/ Cream Cheese & Water                                  | Carrot Sticks with Ranch <b>(150-200 Apple Slices)</b> , Club Crackers & Water | Wheat Thins w/ Cheese Cubes & Water   | Vanilla Yogurt, Animal Crackers & Water  |
| Lunch     | Chicken Rice Pilaf, Ranch Style Beans, Fruit Cocktail & Milk | Mini Chicken Sandwich, Diced Carrots & Peaches & Milk                  | Grilled Cheese Sandwich, Tomato Soup, Apple Slices & Milk                      | Lasagna, Broccoli, Tropical Fruit & Milk  | Turkey & Cheese Sandwich, Carrot Sticks <b>(150-250 Diced Carrots)</b> , Fruit Cocktail & Milk |
| Snack PM  | String Cheese & Apple Juice                                  | Trail Mix & Apple Juice  | Cheez-Itz & Apple Juice  | Goldfish & Apple Juice  | Graham Crackers & Apple Juice  |
| Week 4    | 22   | 23   | 24   | 25  | 26   |
| Breakfast | Pancakes, Pears and Milk                                     | Scrambled Eggs, Potato Pancakes, Fruit Cocktail & Milk                 | Biscuits with Gravy, Tropical Fruit & Milk                                     | Maple Oatmeal, Bacon, Mandarin Oranges and Milk                                 | Honey Nut Cheerios, Bananas & Milk   |
| Snack AM  | Cheddar Cheese Sun Chips, Mandarin Oranges & Water           | Animal Crackers, Applesauce & Water                                    | Cucumbers with Ranch, Club Crackers & Water                                    | Ritz Crackers w/ Sliced Cheese & Water  | Strawberry Yogurt, Graham Crackers & Water   |
| Lunch     | Cheese Nachos, Refried Beans, Pears & Milk                   | Popcorn Chicken, Mashed Potatoes, Pears & Milk                         | Cheeseburger Slider, Sweet Potato Fries, Fruit Cocktail, Milk                  | Cheese Pizza, Salad w/ Ranch <b>(150-250 Diced Carrots)</b> , Applesauce & Milk | Ham & Cheese Sandwich, Carrot Sticks <b>(150-250 Diced Carrots)</b> , Peaches & Milk           |
| Snack PM  | Graham Crackers & Apple Juice                                | Chex Mix <b>(150-250 Chex Cereal)</b> & Apple Juice                    | Goldfish & Apple Juice   | Animal Crackers & Apple Juice   | Cheez-Itz & Apple Juice  |
| Week 5    | 29   | 30   | 1  | 2   | 3  |
| Breakfast | Whole Grain Waffles, Syrup, Pears & Milk                     | Scrambled Eggs, Biscuits w/ Grape Jelly, Peaches & Milk                |  |   |  |
| Snack AM  | Animal Crackers, Applesauce & Water                          | Ritz Crackers w/ Cream Cheese & Water                                  |  |   |  |
| Lunch     | Chicken Nuggets, Green Beans, Peaches & Milk                 | Hotdog, Sweet Potato Fries, Pears & Milk                               |  |   |  |
| Snack PM  | String Cheese & Apple Juice                                  | Trail Mix & Apple Juice  |  |   |  |