



Week 1	29	30	1	2	3
Breakfast			Sausage and Cheese Brioche Sandwich, Peaches & Milk	Pancakes, Bacon, Pears & Milk	
Snack AM			Carrot Sticks with Ranch, (150-200 Apple Slices) Club Crackers & Water	Wheat Thins, Cheese Cubes & Water	
Lunch			Salsbury Steak, Mashed Potatoes, Dinner Roll, Mandarin Oranges & Milk	Turkey & Cheese Sandwich, Carrot Sticks (150-200 Diced Carrots) , Peaches & Milk	
Snack PM			Cheeze-Itz & Apple Juice	Goldfish & Apple Juice	
Week 2	6	7	8	9	10
Breakfast	French Toast, Syrup, Pears & Milk	Egg & Cheese Breakfast Tacos, Peaches & Milk	Maple Oatmeal, Bacon, Applesauce & Milk	Blueberry Muffins, Bacon, Tropical Fruit & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Cheddar Cheese Sun Chips, Mandarin Oranges & Water	Animal Crackers, Applesauce & Water	Cucumbers with Ranch, Club Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch	Corndogs, Corn, Tropical Fruit & Milk	BBQ Meatballs, Baked Beans, Bread Slice, Mandarin Oranges & Milk	Chicken Fajitas, Mexican Rice, Flour Tortilla, Pears & Milk	Mini Chicken Sandwich, Diced Carrots & Peaches & Milk	Ham & Cheese Sandwich, Carrot Sticks (150-250 Diced Carrots) , Peaches & Milk
Snack PM	Graham Crackers & Apple Juice	Chex Mix (150-250 Chex Cereal) & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice (Extra Snack: Sugar Cookies)	Cheeze-Itz & Apple Juice
Week 3	13	14	15	16	17
Breakfast	Whole Wheat Cinnamon Toast, Fruit Cocktail & Milk	Scrambled Eggs, Turkey Sausage, Apple Slices & Milk	Waffles, Tropical Fruit & Milk	Sausage and Cheese Kolaches, Pears & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Carrot Sticks with Ranch (150-200 Apple Slices) , Club Crackers & Water	Wheat Thins w/ Cheese Cubes & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch	Chicken Rice Pilaf, Ranch Style Beans, Fruit Cocktail & Milk	Macaroni & cheese, Carrots, Peaches & Milk	Grilled Cheese Sandwich, Tomato Soup, Apple Slices & Milk	Lasagna, Broccoli, Tropical Fruit & Milk	Turkey & Cheese Sandwich, Carrot Sticks (150-250 Diced Carrots) , Fruit Cocktail & Milk
Snack PM	String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheeze-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice
Week 4	20	21	22	23	24
Breakfast	Pancakes, Pears and Milk	Scrambled Eggs, Potato Pancakes, Fruit Cocktail & Milk	Biscuits with Gravy, Tropical Fruit & Milk	Maple Oatmeal, Bacon, Mandarin Oranges and Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Cheddar Cheese Sun Chips, Mandarin Oranges & Water	Animal Crackers, Applesauce & Water	Cucumbers with Ranch, Club Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch	Cheese Nachos, Refried Beans, Pears & Milk	Popcorn Chicken, Mashed Potatoes, Pears & Milk	Cheeseburger Slider, Sweet Potato Fries, Fruit Cocktail, Milk	Cheese Pizza, Salad w/ Ranch (150-250 Diced Carrots) , Applesauce & Milk	Ham & Cheese Sandwich, Carrot Sticks (150-250 Diced Carrots) , Peaches & Milk
Snack PM	Graham Crackers & Apple Juice	Chex Mix (150-250 Chex Cereal) & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice	Cheeze-Itz & Apple Juice
Week 5	27	28	29	30	31
Breakfast	Whole Grain Waffles, Syrup, Pears & Milk	Scrambled Eggs, Biscuits w/ Grape Jelly, Peaches & Milk	Sausage and Cheese Brioche Sandwich, Peaches & Milk	Pancakes, Bacon, Pears & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Carrot Sticks with Ranch, (150-200 Apple Slices) Club Crackers & Water	Wheat Thins, Cheese Cubes & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch	Chicken Nuggets, Green Beans, Peaches & Milk	Hotdog, Sweet Potato Fries, Pears & Milk	Salsbury Steak, Mashed Potatoes, Dinner Roll, Mandarin Oranges & Milk	Beef Ravioli, Broccoli, Peaches & Milk	Turkey & Cheese Sandwich, Carrot Sticks (150-200 Diced Carrots) , Fruit Cocktail & Milk
Snack PM	String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheeze-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice