



Week 1	27	28	29	30	1
Breakfast					Honey Nut Cheerios, Bananas & Milk
Snack AM					Strawberry Yogurt, Graham Crackers & Water
Lunch					Ham & Cheese Sandwich, Carrot Sticks <b>(150-250 Diced Carrots)</b> , Peaches & Milk
Snack PM					Cheeze-Itz & Apple Juice
Week 2	4	5	6	7	8
Breakfast	Whole Grain Waffles, Syrup, Pears & Milk	Scrambled Eggs, Biscuits w/ Grape Jelly, Peaches & Milk	Sausage and Cheese Brioche Sandwich, Peaches & Milk	Pancakes, Bacon, Pears & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Carrot Sticks with Ranch, <b>(150-200 Apple Slices)</b> Club Crackers & Water	Wheat Thins, Cheese Cubes & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch	Chicken Nuggets, Green Beans, Peaches & Milk	Hotdog, Sweet Potato Fries, Pears & Milk	Salsbury Steak, Mashed Potatoes, Dinner Roll, Mandarin Oranges & Milk	Spaghetti with Meatballs, Broccoli, Peaches & Milk	Turkey & Cheese Sandwich, Carrot Sticks <b>(150-200 Diced Carrots)</b> , Fruit Cocktail & Milk
Snack PM	String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheeze-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice
Week 3	11	12	13	14	15
Breakfast	French Toast, Syrup, Pears & Milk	Egg & Cheese Breakfast Tacos, Peaches & Milk	Maple Oatmeal, Bacon, Applesauce & Milk	Blueberry Muffins, Bacon, Tropical Fruit & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Cheddar Cheese Sun Chips, Mandarin Oranges & Water	Animal Crackers, Applesauce & Water	Cucumbers with Ranch, Club Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch	Corndogs, Corn, Tropical Fruit & Milk	Chicken Alfredo, Corn, Mandarin Oranges & Milk	Chicken Fajitas, Mexican Rice, Pears & Milk	Macaroni & cheese, Carrots, Peaches & Milk	Ham & Cheese Sandwich, Carrot Sticks <b>(150-250 Diced Carrots)</b> , Peaches & Milk
Snack PM	Graham Crackers & Apple Juice	Chex Mix <b>(150-250 Chex Cereal)</b> & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice	Cheeze-Itz & Apple Juice
Week 4	18	19	20	21	22
Breakfast	Whole Wheat Cinnamon Toast, Fruit Cocktail & Milk	Scrambled Eggs, Turkey Sausage, Apple Slices & Milk	Waffles, Tropical Fruit & Milk	Sausage and Cheese Kolaches, Pears & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Carrot Sticks with Ranch <b>(150-200 Apple Slices)</b> , Club Crackers & Water	Wheat Thins w/ Cheese Cubes & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch	Chicken Rice Pilaf, Ranch Style Beans, Fruit Cocktail & Milk	Mini Chicken Sandwich, Diced Carrots & Peaches & Milk	Grilled Cheese Sandwich, Tomato Soup, Apple Slices & Milk	Lasagna, Broccoli, Tropical Fruit & Milk	Turkey & Cheese Sandwich, Carrot Sticks <b>(150-250 Diced Carrots)</b> , Fruit Cocktail & Milk
Snack PM	String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheeze-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice
Week 5	25	26	27	28	29
Breakfast		Scrambled Eggs, Potato Pancakes, Fruit Cocktail & Milk	Biscuits with Gravy, Tropical Fruit & Milk	Maple Oatmeal, Bacon, Mandarin Oranges and Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM		Animal Crackers, Applesauce & Water	Cucumbers with Ranch, Club Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch		Popcorn Chicken, Mashed Potatoes, Pears & Milk	Cheese Pizza, Salad w/ Ranch <b>(150-250 Diced Carrots)</b> , Applesauce & Milk	Cheeseburger Slider, Sweet Potato Fries, Fruit Cocktail & Milk	Ham & Cheese Sandwich, Carrot Sticks <b>(150-250 Diced Carrots)</b> , Peaches & Milk
Snack PM		Chex Mix <b>(150-250 Chex Cereal)</b> & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice	Cheeze-Itz & Apple Juice