



Week 1	30	31	1	2	3
Breakfast			Biscuits with Gravy, Tropical Fruit & Milk	Oatmeal, Bacon, Mandarin Oranges & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM			Cucumbers with Ranch, Club Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch			Cheeseburger Slider, Sweet Potato Fries, Fruit Cocktail, Milk	Cheese Pizza, Party Sides	Ham & Cheese Sandwich, Carrot Sticks <b>(150-250 Diced Carrots)</b> , Peaches & Milk
Snack PM			Goldfish & Apple Juice	Animal Crackers & Apple Juice	Cheez-Itz & Apple Juice
Week 2	6	7	8	9	10
Breakfast	Whole Grain Waffles, Syrup, Pears & Milk	Scrambled Eggs, Biscuits w/ Grape Jelly, Peaches & Milk	Sausage and Cheese Brioche Sandwich, Peaches & Milk	Pancakes, Bacon, Pears & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Carrot Sticks with Ranch, <b>(150-200 Apple Slices)</b> Club Crackers & Water	Wheat Thins, Cheese Cubes & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch	Chicken Nuggets, Green Beans, Peaches & Milk	Hotdog, Sweet Potato Fries, Pears & Milk	Salsbury Steak, Mashed Potatoes, Dinner Roll, Mandarin Oranges & Milk	Spaghetti with Meatballs, Broccoli, Peaches & Milk	Turkey & Cheese Sandwich, Carrot Sticks <b>(150-250 Diced Carrots)</b> , Fruit Cocktail & Milk
Snack PM	String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheez-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice
Week 3	13	14	15	16	17
Breakfast	French Toast, Syrup, Pears & Milk	Egg & Cheese Breakfast Tacos, Peaches & Milk	Maple Oatmeal, Bacon, Applesauce & Milk	Blueberry Muffins, Bacon, Tropical Fruit & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Cheddar Cheese Sun Chips, Mandarin Oranges & Water	Animal Crackers, Applesauce & Water	Cucumbers with Ranch, Club Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch	Grilled Cheese Sandwich, Tomato Soup, Apple Slices & Milk	Chicken Alfredo, Corn, Mandarin Oranges & Milk	Chicken Fajitas, Mexican Rice, Pears & Milk	Macaroni & cheese, Carrots, Peaches & Milk	Ham & Cheese Sandwich, Carrot Sticks <b>(150-250 Diced Carrots)</b> , Peaches & Milk
Snack PM	Graham Crackers & Apple Juice	Chex Mix <b>(150-250 Chex Cereal)</b> & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice	Cheez-Itz & Apple Juice
Week 4	20	21	22	23	24
Breakfast	Whole Wheat Cinnamon Toast, Fruit Cocktail & Milk	Scrambled Eggs, Turkey Sausage, Apple Slices & Milk	Waffles, Tropical Fruit & Milk	Sausage and Cheese Kolaches, Pears & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Carrot Sticks with Ranch <b>(150-200 Apple Slices)</b> , Club Crackers & Water	Wheat Thins w/ Cheese Cubes & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch	Chicken Rice Pilaf, Ranch Style Beans, Fruit Cocktail & Milk	Mini Chicken Sandwich, Diced Carrots & Peaches & Milk	Grilled Cheese Sandwich, Tomato Soup, Apple Slices & Milk	Lasagna, Broccoli, Tropical Fruit & Milk	Turkey & Cheese Sandwich, Carrot Sticks <b>(150-250 Diced Carrots)</b> , Fruit Cocktail & Milk
Snack PM	String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheez-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice
Week 5	27	28	29	30	1
Breakfast	Pancakes, Pears & Milk	Scrambled Eggs, Potato Pancakes, Fruit Cocktail & Milk	Biscuits with Gravy, Tropical Fruit & Milk	Oatmeal, Bacon, Mandarin Oranges & Milk	
Snack AM	Cheddar Cheese Sun Chips, Mandarin Oranges & Water	Animal Crackers, Applesauce & Water	Cucumbers with Ranch, Club Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	
Lunch	Cheese Nachos, Refried Beans, Pears & Milk	Popcorn Chicken, Mashed Potatoes, Pears & Milk	Cheeseburger Slider, Sweet Potato Fries, Fruit Cocktail, Milk	Cheese Pizza, Salad w/ Ranch <b>(150-250 Diced Carrots)</b> , Applesauce & Milk	
Snack PM	Graham Crackers & Apple Juice	Chex Mix <b>(150-250 Chex Cereal)</b> & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice	