

Week 1	28	29	30	31	1
Breakfast					Honey Nut Cheerios, Bananas & Milk
Snack AM					Vanilla Yogurt, Animal Crackers & Water
Lunch					Turkey & Cheese Sandwich, Carrot Sticks (150-200 Diced Carrots) , Fruit Cocktail & Milk
Snack PM					Graham Crackers & Apple Juice
Week 2	4	5	6	7	8
Breakfast	Whole Wheat French Toast, Syrup, Pears & Milk	Egg & Cheese Breakfast Tacos, Peaches & Milk	Maple Oatmeal, Bacon, Applesauce & Milk	Blueberry Muffins, Bacon, Tropical Fruit & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Multi Grain 5 Seed Crackers, Mandarin Oranges & Water	Animal Crackers, Applesauce & Water	Cucumbers with Ranch, Avocado Toast Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch	Corndogs, Corn, Tropical Fruit & Milk	Southwest Eggroll, Corn, Mandarin Oranges & Milk	Cheese Nachos, Refried Beans, Pineapples & Milk	Macaroni & cheese, Carrots, Peaches & Milk	Ham & Cheese Sandwich, Carrot Sticks (150-200 Diced Carrots) , Pineapples & Milk
Snack PM	Graham Crackers & Apple Juice	Chex Mix (150-250 Chex Cereal) & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice	Cheez-Itz & Apple Juice
Week 3	11	12	13	14	15
Breakfast	Whole Wheat Cinnamon Toast, Fruit Cocktail & Milk	Scrambled Eggs, Turkey Sausage, Apple Slices & Milk	Sugared Cake Donut Holes, Tropical Fruit & Milk	Sausage and Cheese Kolaches, Pears & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Carrot Sticks with Ranch, Avocado Toast Crackers & Water	Wheat Thins w/ Cheese Cubes & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch	Chicken Rice Pilaf, Ranch Style Beans, Fruit Cocktail & Milk	Cheese Quesadilla, Refried Beans, Peaches & Milk	Grilled Cheese Sandwich, Tomato Soup, Apple Slices & Milk	Lasagna, Broccoli, Tropical Fruit & Milk	Turkey & Cheese Sandwich, Carrot Sticks (150-200 Diced Carrots) , Fruit Cocktail & Milk
Snack PM	String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheez-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice
Week 4	18	19	20	21	22
Breakfast	Whole Wheat Pancakes, Pears & Milk	Scrambled Eggs, Potato Pancakes, Pineapples & Milk	Ciabatta Bacon, Egg, Cheese Sandwich, Peaches & Milk	Maple Oatmeal, Bacon, Mandarin Oranges and Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Multi Grain 5 Seed Crackers, Mandarin Oranges & Water	Animal Crackers, Applesauce & Water	Cucumbers with Ranch, Avocado Toast Crackers & Water	Ritz Crackers w/ Sliced Cheese & Water	Strawberry Yogurt, Graham Crackers & Water
Lunch	Chicken Fajitas, Mexican Rice, Pears & Milk	Popcorn Chicken, Mashed Potatoes, Pears & Milk	Cheeseburger Slider, Sweet Potato Fries, Fruit Cocktail, Milk	Cheese Pizza, Salad w/ Ranch, Applesauce & Milk	Ham & Cheese Sandwich, Carrot Sticks (150-200 Diced Carrots) , Mandarin Oranges & Milk
Snack PM	Graham Crackers & Apple Juice	Chex Mix (150-250 Chex Cereal) & Apple Juice	Goldfish & Apple Juice	Animal Crackers & Apple Juice	Cheez-Itz & Apple Juice
Week 5	25	26	27	28	29
Breakfast	Whole Grain Waffles, Syrup, Pears & Milk	Scrambled Eggs, Biscuits w/ Grape Jelly, Peaches & Milk	Pancake Turkey Sausage Wrap, Tropical Fruit & Milk	Pancakes, Bacon, Pears & Milk	Honey Nut Cheerios, Bananas & Milk
Snack AM	Animal Crackers, Applesauce & Water	Ritz Crackers w/ Cream Cheese & Water	Carrot Sticks with Ranch, Avocado Toast Crackers & Water	Wheat Thins, Cheese Cubes & Water	Vanilla Yogurt, Animal Crackers & Water
Lunch	Chicken Nuggets, Green Beans, Peaches & Milk	Hotdog, Sweet Potato Fries, Pineapples & Milk	Salsbury Steak, Mashed Potatoes, Dinner Roll, Mandarin Oranges & Milk	BBQ Meatballs, Baked Beans, Sliced Bread, Peaches & Milk	Ham & Cheese Sandwich, Carrot Sticks (150-200 Diced Carrots) , Pineapples & Milk
Snack PM	String Cheese & Apple Juice	Trail Mix & Apple Juice	Cheez-Itz & Apple Juice	Goldfish & Apple Juice	Graham Crackers & Apple Juice