







Monday	Tuesday	Wednesday	Thursday	Friday
				
4	5	6	7	8
Breakfast: Whole Wheat Pancakes, Pineapples & Milk AM Snack: Pastry Crisp & Water Lunch: Chicken Rice Pilaf, Pinto Beans, Fruit Cocktail & Milk PM Snack: Jello Cup & Water	Breakfast: Green Eggs, Bacon, Pears & Milk AM Snack: Vanilla Wafers & Water Lunch: Spaghetti w/ Meatballs, Broccoli, Pears & Milk PM Snack: Chex Mix & Water	Breakfast: Bagels with Flavored Cream Cheese, Peaches & Milk AM Snack: Goldfish & Water Lunch: Meatballs w/ Gravy, Brown Rice, Green Beans, Fruit Cocktail, Milk PM Snack: Cookies & Water	Breakfast: Maple Oatmeal, Bacon, Mandarin Oranges and Milk AM Snack: Animal Crackers & Water Lunch: Cheese Nachos, Refried Beans, Pineapples & Milk PM Snack: Ritz Crackers w/ Sliced Cheese & Water	Breakfast: Fruit Loops Cereal, Bananas & Milk AM Snack: Vanilla Yogurt & Water Lunch: Turkey & Cheese Sandwich, Cheese Puffs, Fruit Cocktail & Milk PM Snack: Graham Crackers & Water
11	12	13	14	15
Breakfast: Whole Grain Waffles, Syrup, Pears & Milk AM Snack: Blueberry Belvita Bar & Water Lunch: Chicken Nuggets, Green Beans, Peaches & Milk PM Snack: String Cheese & Water	Breakfast: Scrambled Eggs, Biscuits w/ Grape Jelly & Milk AM Snack: Ritz Crackers w/ Cream Cheese & Water Lunch: Hotdog, Potato Chips, Pineapples & Milk PM Snack: Trail Mix & Water	Breakfast: Pancake Turkey Sausage Wrap, Tropical Fruit & Milk AM Snack: Cheez- Itz & Water Lunch: Salisbury Steak, Mashed Potatoes, Mandarin Oranges & Milk PM Snack: Chocolate Pudding & Water	Breakfast: Blueberry Muffin, Bacon & Milk AM Snack: Applesauce & Water Lunch: BBQ Meatballs, Baked Beans, Peaches and Milk PM Snack: Wheat Thins, Cheese Cubes & Water	Breakfast: Apple Jacks, Bananas & Milk AM Snack: Pineapple Parfaits & Water Lunch: Turkey & Cheese Sandwiches, Cheese Puffs, Fruit Cocktail & Milk PM Snack: Graham Crackers & Water
18	19	20	21	22
Breakfast: Whole Wheat French Toast, Syrup, Pears & Milk AM Snack: Pastry Crisp & Water Lunch: Corn dogs, Corn, Tropical Fruit & Milk PM Snack: Jello Cup & Water	Breakfast: Egg & Cheese Omelete, Peaches & Milk AM Snack: Vanilla Wafers & Water Lunch: Grilled Cheese Sandwich, Tomato Soup, Apple Slices & Milk PM Snack: Chex Mix & Water	Breakfast: Maple Oatmeal, Bacon, Applesauce & Milk AM Snack: Goldfish & Water Lunch: Chicken Fajitas, Mexican Rice, Pears & Milk PM Snack: Vanilla Pudding & Water	Breakfast: Sausage and Cheese Kolaches, Tropical Fruit & Milk AM Snack: Animal Crackers & Water Lunch: Cheeseburger Macaroni, Carrots, Peaches & Milk PM Snack: Ritz Crackers w/ Sliced Cheese & Water	Breakfast: Cinammon Toast Crunch Cereal, Bananas & Milk AM Snack: Strawberry Yogurt & Water Lunch: Ham & Cheese Sandwich, Potato Chips, Pineapples & Milk PM Snack: Cookies & Water
25	26	27	28	29
Breakfast: Whole Wheat Cinnamon Toast, Fruit Cocktail & Milk AM Snack: Blueberry Belvita Bar & Water Lunch: Cheese Pizza, Salad w/ Ranch, Applesauce & Milk PM Snack: String Cheese & Water	Breakfast: Scrambled Eggs, Turkey Sausage, Apple Slices & Milk AM Snack: Ritz Crackers w/ Cream Cheese & Water Lunch: Cheese Quesadilla, Refried Beans, Peaches & Milk PM Snack: Trail Mix & Water	Breakfast: Cinnamon Biscuits, Tropical Fruit & Milk AM Snack: Cheez-Itz & Water Lunch: Cheeseburgers, Sweet Potato Fries, Mandarin Oranges & Milk PM Snack: Chocolate Pudding & Water	Breakfast: Blueberry Muffins, Bacon & Milk AM Snack: Applesauce & Water Lunch: Lasagna, Broccoli, Tropical Fruit & Milk PM Snack: Wheat Thins w/ Cheese Cubes & Water	Breakfast: Fruit Loops Cereal, Bananas & Milk AM Snack: Vanilla Yogurt & Water Lunch: Turkey & Cheese Sandwich, Cheese Puffs, Fruit Cocktail & Milk PM Snack: Graham Crackers & Water