

## Highland Glen/Pearland

### January Newsletter Suite 150



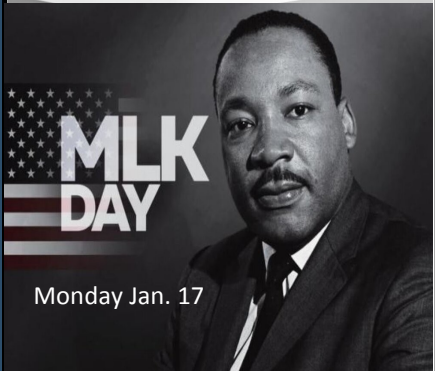
Tuesday, Jan. 4  
NATIONAL

**Spaghetti**  
DAY



What's your  
**FAVORITE**  
HAT TO WEAR?  
NATIONAL HAT DAY

Wednesday Jan. 12



**MLK**  
DAY

Monday Jan. 17



**NATIONAL  
POPCORN  
DAY**

January 19



Mitchell is using his fine motor skills to create circular shapes on his paper.



### Frontal Lobe

### Activity

### X's and O's

This activity activates the neural mechanisms underlying emotion regulation, which allows infants to process emotions.



### Fundamental Focus

Winter Happenings

### Theme

Winter Wonderland, Snowflakes, Winter Dreams, Bundle Up

### Sign Language

cold, diaper, Mom, Dad

### Favorite Activities

1. We will encourage the infants to touch frozen water and say, "cold."
2. We will encourage the infants to come sit with us and read a book about the snow.
3. We will encourage the infants to join us in dancing on the snow (we will use white butcher paper as snow).
4. We will encourage the infants to join us in touching our eyes, nose, mouth, ears, and head.

### Learning at Home

Go outside and observe the change of weather.