

Week 1	28	29	30	1	2
Breakfast				Grits, Bananas, Milk	Cheerios, Mixed Fruits, Milk
Lunch				Grilled Chicken & Mashed Potatoes, Green Beans, Peaches, Milk	Spaghetti w/ Meatballs, Carrots, Applesauce, Milk
Vegetarian				<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM				WG Wheat Thins, Slice Cheese, Water	Yogurt, Graham Crackers, Water
Week 2	5	6	7	8	9
Breakfast	Warm Waffles, Peaches, Milk	Warm Toast w/Jelly Bananas, Milk	Warm Oatmeal, Strawberries, Milk	Cheerios, Bananas, Milk	Warm Toast w/ Jelly, Applesauce, Milk
Lunch	Chicken Vegetable Pasta, Broccoli, Pears, Milk	Baked Chicken Mashed Potatoes, Peas, Applesauce, Milk	Turkey Meatballs, Mixed Vegetables, Peaches, Milk	Chicken Quesadilla, Black Beans, Mix Berries, Milk	Tuna Salad Sandwich, Cucumber Slices, Applesauce, Milk
Vegetarian	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM	Slice Apples, Banana Bread, Water	Graham Crackers, Pears, Water	Slice Cheese, Ritz Crackers, Water	Hummus with Pretzels, Water	Peach Granola Yogurt Parfait, Water
Week 3	12	13	14	15	16
Breakfast		Warm Pancakes, Bananas, Milk	Warm Toast w/Jelly Peaches, Milk	Warm Bagels w/ Cream Cheese, Applesauce, Milk	Warm French Toast, Mixed Fruits, Milk
Lunch	Closed	Turkey & Gravy, Brown Rice, Green Beans, Peaches, Milk	Chicken Tacos, Corn, Pears, Milk	Flat Bread Pizza, Broccoli, Pears, Milk	Tuna Pasta Salad, Green Beans, Applesauce, Milk
Vegetarian		<i>Plant Based Met</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM		Applesauce, Graham Crackers, Water	Yogurt, Strawberries, Water	Wheat Thins, String Cheese, Water	Bananas, Blueberry Muffins, Water
Week 4	19	20	21	22	23
Breakfast	Warm Waffles, Mixed Fruits, Milk	Warm Toast, Bananas, Milk	Rice Cakes w/ Cream Cheese, Peaches, Milk	French Toast, Mixed Fruits, Milk	Warm Pancakes, Bananas, Milk
Lunch	Chicken & Rice Casserole, Carrots, Peaches, Milk	Penne Pasta w/Meatballs, Broccoli, Mixed Fruits, Milk	Chicken Nuggets, Green Peas, Applesauce, Milk	Chicken Caesar Wraps, Pears, Milk	Grilled Chicken, Brown Rice, Green Beans, Peaches, Milk
Vegetarian	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM	Pears, Graham Crackers, Water	Blueberry Muffin, Apples, Water	Pita Bread with Hummus, Water	Ritz Cracker, Slice Cheese, Water	Strawberries, Yogurt Parfait, Water
Week 5	26	27	28	29	30
Breakfast	Warm Bagels w/ Jelly, Applesauce, Milk	Warm Toast, Peaches, Milk	Cheerios, Mixed Fruits, Milk	Warm Biscuit w/ Jelly Peaches, Milk	French Toast, Applesauce, Milk
Lunch	Vegetable Chicken Noddle Soup, Wheat Roll, Pears, Milk	Sloppy Joe, Green Beans, Applesauce, Milk	Chicken Tacos, Black Beans, Pears, Milk	Chicken Vegetable Fried Rice, Mixed Fruits, Milk	Chicken Alfredo, Sweet Peas, Strawberries, Milk
Vegetarian	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant based Meat</i>
Snack PM	Saltine Crackers, Cheese Slice, Water	Peach Cobbler, Water	Graham Crackers, Mixed Fruits, Water	Animal Crackers, Applesauce, Water	Goldfish, Mixed fruits, Water