

Week 1	3	4	5	6	7
Breakfast	Cheerios, Fresh Oranges, Milk	Warm Bagels w/Cream Cheese, Peaches, Milk	Blueberry Muffins, Applesauce, Milk	Butter Grits, Peaches, Milk	Warm Biscuits, Pears, Milk
Lunch	Tuna Sliders, Wheat Bread, Broccoli, Pears, Milk	Chicken & Cheese Burritos, Mixed Vegetables, Mandarin Orange, Milk	Buttermilk chicken Sandwich, Green Beans, Peaches, Milk	Creamy Chicken Rice Casserole, Broccoli, Slice Oranges, Milk	Flat Bread Pizza, Green Beans, Applesauce, Milk
Vegetarian	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM	Animal Cracker, Banana, Water	Sun Chips, Peaches, Water	Graham Crackers, Yogurt, Water	Saltine Crackers, Slice Cheese, Water	Rice Cake w/Cream Cheese, Water
Week 2	10	11	12	13	14
Breakfast	French Toast, Mixed Fruit	Warm English Muffins w/jelly, Milk	Warm Waffles, Pears, Milk	Cheerios, Bananas, Milk	Butter Toast, Slice Oranges, Milk
Lunch	Teriyaki Chicken, Rice, Green Beans, Pears, Milk	Grilled Chicken Sandwich, Green Peas, Peaches, Milk	Mini Cheeseburgers, Corn, Tropical Fruit, Milk	Chicken Nuggets, Mixed Veggie, Applesauce, Milk	Chicken & Cheese Quesadillas, Green Beans, Tropical Fruits, Milk
Vegetarian	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM	Cheez-its Bananas, Water	Peaches, Yogurt, Granola, Water	Animal Crackers, Pears, Water	Wheat Thin Crackers, Cheese Cube, Water	Vanilla Wafers, Pudding, Water
Week 3	17	18	19	20	21
Breakfast	Butter Pancakes, Peaches Milk	Rice Cakes w/ Cream Cheese, Milk	Yogurt granola, Peaches, Milk	Waffles, Applesauce, Milk	Cheese Toast, Applesauce, Milk
Lunch	Meatballs Subs, Baked Beans, Mixed Berries, Milk	Chicken Caesar Wraps, Green Beans, Oranges, Milk	Chicken Tacos, Black beans, Rice, Pears, Milk	Baked Ziti, Green Peas, Oranges, Milk	Grilled Chicken, Corn, Sliced Bread, Mixed Fruit, Milk
Vegetarian	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM	Saltine Crackers, Slice Cheese, Water	Graham Crackers, Applesauce, Water	Goldfish, Bananas, Water	Soft Jumbo Pretzels, Cheese Slice, Water	Animal Crackers, Pears, Water
Week 4	24	25	26	27	28
Breakfast	Bagels w/jelly Milk	Hash Brown, Oranges, Milk	English Muffins, Bananas, Milk	French Toast Sticks, Peaches, Milk	Blueberry Muffins, Fresh Slice Orange, Milk
Lunch	Sloppy Joe, Carrots, Pears, Milk	Toasted Grilled Cheese, Green Beans, Pears, Milk	Chicken & Vegetable Pasta penne, Peaches	Italian Pasta w/Meatballs, Green Beans, Tropical Fruit, Milk	Soft Chicken Tacos, Corn, Mixed Fruit, Milk
Vegetarian	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM	Goldfish w/ Applesauce, Water	Oatmeal Cookies, Pears, Water	Vanilla Wafers, Pudding, Water	Cheez 'its Apple Slice, Water	Pretzels, Slice Cheese, Water
Week 5	31	1	2	3	4
Breakfast	Rice Cakes, Mixed Fruit, Milk				
Lunch	Baked Mac and Cheese, Green Beans, Peaches, milk				
Vegetarian	<i>Plant Based Meat</i>				
Snack PM	Wheat Thin Crackers, Applesauce, Water				