

Week 1	30	31	1	2	3
Breakfast			Cheerios, Fresh Oranges, Milk	Warm Bagel w/Cream Cheese, Mango, Milk	Blueberry Muffin, Applesauce, Milk
Lunch			Tuna Sliders, Wheat Bread, Fresh Broccoli, Pears, Milk	Chicken & Cheese Burritos, Mixed Vegetables, Mandarin Orange, Milk	Buttermilk Chicken Sandwich, Green Beans, Peaches, Milk
<i>Vegetarian</i>			<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM			Animal Crackers, Banana, Water	Sun Chips, Peaches, Water	Graham Crackers, Yogurt, Water
Week 2	6	7	8	9	10
Breakfast	Warm Oatmeal, Peaches, Milk	Warm Biscuits, Pears, Milk	French Toast, Fresh Strawberries Milk	Warm English Muffins w/Jelly, Milk	Warm Waffles, Blueberries, Milk
Lunch	Creamy Chicken Rice Casserole Broccoli, Fresh Slice Oranges, Milk	Flat Bread Pizza, Garden Salad, Applesauce, Milk	Teriyaki Chicken, Basmati Rice, Green Beans, Pears, Milk	Grilled Chicken Sandwich, Green Peas, Peaches, Milk	Mini Cheeseburgers, Corn, Tropical Fruit, Milk
<i>Vegetarian</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM	Saltine Crackers, Slice Cheese, Water	Rice Cake W/Cream Cheese, Water	Cheez it Crackers, Banana, Water	Blueberries, Yogurt, Granola, Water	Animal Crackers, Pears, Water
Week 3	13	14	15	16	17
Breakfast	Cheerios, Bananas, Milk	Butter Toast, Oranges, Milk	Fresh Butterly Pancakes, Peaches, Milk	Rice Cake w/Cream Cheese, Milk	Yogurt granola, Peaches, Milk
Lunch	Chicken Nuggets, Mixed Veggies, Applesauce, Milk	Chicken & Cheese Quesadillas, Green Beans, Tropical Fruits, Milk	Meatball Subs, Baked Beans, Mixed Berries, Milk	Chicken Caesar Wrap, Green Beans, Oranges, Milk	Chicken Tacos, Black Beans, Rice, Pears, Milk
<i>Vegetarian</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM	Wheat Thins Crackers, Cheese Cubes, Water	Vanilla Wafers, Pudding, Water	Saltine Crackers, Slice Cheese, Water	Graham Crackers, Applesauce, Water	Goldfish, Bananas, Water
Week 4	20	21	22	23	24
Breakfast	Waffles, Applesauce, Milk	Cheese Toast, Applesauce, Milk	Bagel w/Jelly, Milk	Hash Brown, Oranges, Milk	English Muffins, Bananas, Milk
Lunch	Baked Ziti, Caesar Salad, Fresh Oranges, Milk	Grilled Chicken, Corn, Sliced Bread, Mixed Fruit, Milk	Sloppy Joe, Carrots, Pears, Milk	Toasted Grilled Cheese, Green Beans, Pears, Milk	Chicken & Vegetable Penne, Fresh Salad, Peach, Milk
<i>Vegetarian</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>
Snack PM	Soft Jumbo Pretzels, Cheese slices, Water	Animal Crackers, Strawberries, Water	Goldfish w/Blueberries, Water	Oatmeal Cookies, Pears, Water	Vanilla Wafers, Pudding, Water
Week 5	27	28	29	30	1
Breakfast	French Toast Sticks, Peaches, Milk	Blueberry Muffin, Fresh Slice Oranges, Milk	Rice Cake, Mixed Fruit, Milk	Waffles, Oranges, Milk	
Lunch	Italian Pasta w/ Meatballs, Green Beans, Tropical Fruit, Milk	Soft Chicken Tacos, Corn, Mixed Fruit, Milk	Golden Baked Mac & Cheese, Green Beans, Peaches, Milk	BBQ Chicken Sliders, Peas, Pears, Milk	
<i>Vegetarian</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	<i>Plant Based Meat</i>	
Snack PM	Cheez its, Apple Slice, Water	Pretzels, Slicer Cheese, Water	Wheat Thins, Applesauce, Water	Animal Crackers, Bananas, Water	