

## **MENU**



Week 1	2	3	4	5	6
Breakfast	Fresh Pancakes & Turkey Bacon	Turkey Sausage & Warm Biscuits	Warm Mini Muffins & Bananas	Fresh Pancakes & Applesauce	Donuts & Strawberries
Lunch	Cheese Broccoli Casserole, Applesauce,	Hot Turkey & Cheese Sliders, Green Beans, Mixed Fruit	Shredded Chicken & Cheese Nachos, Black Beans, Pineapples	Meatball Subs, Salad w. Ranch, Strawberries	Bean & Cheese Tacos, Yellow Rice & Mixed Berries
Vegetarian		Grilled Cheese	Plant Based Meat	Plant Based Meats	Plant Based Meat
Snack PM	Oatmeal Cookies & Milk	Whole Grain Crackers & Cheese Cubes	Rice Cakes & Cream Cheese	Cucumber Slices & Hummus	Jumbo Pretzel & Melted Cheese
Week 2	9	10	11	12	13
Breakfast	Yogurt Parfait & Fresh Blueberries	Oatmeal & Strawberries	Cheesy English Muffins & Oranges	Whole Wheat French Toast & Pears	Warm Bagels & Cream Cheese
Lunch	Chicken Caesar Wrap, Fresh Oranges, & Green Beans	Cheese Pizza, Corn & Fruit Salad	Chicken Nuggets, French Fries, Broccoli, & Peaches	Roasted Potatoes, Shredded Chicken, Applesauce, & Mixed Vegetables	Grilled Cheese, Vegetable Soup, & Mixed Tropical Fruit
Vegetarian	Veggie Chicken		Plant Based Meat	Plant Based Meat	
Late PM	Cheese Sticks & Whole Wheat Crackers	Applesauce & Graham Crackers	Trail Mix & Blueberries	Scooby Snacks & Pears	Chocolate Chip Cookies & Bananas
Week 3	16	17	18	19	20
Snack AM	Grits & Turkey Sausage	Rice Cakes w/ Cream Cheese	Warm Waffles & Bananas		Breakfast Bar & Strawberries
Lunch	BBQ Meat Balls, Creamy Mashed Potatoes, Corn, Pears	Fish Sticks, Sweet Potatoes Fries, Cauliflower, Peaches	Chicken & Rice Casserole, Broccoli Florets, & Applesauce	CLOSED	Chicken Nuggets, Green Beans, & Peaches
Vegetarian	Plant Based Meat		Plant Based Meat		Plant Based Meat
Snack PM	Fresh Veggies & Ranch	Ritz Crackers & Slice Cheese	Veggie Straws & Mixed Berries		Apple Slices & Wheat Crackers
Week 4	23	24	25	26	27
Snack AM	Butter Croissants & Applesauce	Whole Wheat Avocado Toast & Turkey Bacon	Breakfast Burrito & Strawberries	Oatmeal & Peaches	Warm Muffins & Fresh Oranges
Lunch	Chicken Stir Fry, Brown Rice, Mandarin Oranges, Mixed Veggies	Grilled Cheese, Pineapple, & Green Beans	Chicken Nuggets, Dinner Roll, Peaches, & Broccoli	Creamy Mashed Potatoes, Fish Sticks, Pears, Dinner Roll	Cheese Pizza, Salad, & Fresh Oranges
Vegetarian	Plant Based Meat		Plant Based Meat		
Snack PM	Animal Crackers & Yogurt	Saltine Crackers & Pears	Pretzels & Oranges	Rice Cakes & Peaches	Vanilla Pudding & Wafers
Week 5	30	1	2	3	4
Snack AM	Yogurt Parfait & Peaches				
Lunch	Shredded Chicken, Corn, Yellow Rice & Strawberries				
Vegetarian	Plant Based Meat				
Snack PM	Cheese Sticks & Whole Wheat Crackers				