

Week 5 SERIES 1100-1250

**LEARNING GOALS**

- Listen and respond to brief conversations and group discussions
- Expresses self creatively with simple art materials
- Beginning to understand that numbers of objects can be symbolized by printed numerals
- Participates in simple songs that involves numbers and quantity
- Explores characteristics of living things
- Searches for hidden or missing objects
- Uses some non-verbal gestures and actions used by others to express feelings
- Exploring new situations through dramatic play
- Completes a task with assistance
- Engages in structured play using water

**DAILY SCHEDULE**

Morning Routine

(Brush teeth, get dressed, breakfast, etc.)

**Curriculum Activity**

Snack

Independent Play

**Brain Waves**

Lunch

Rest/Nap

**Curriculum Activity**

Outdoor Play

Evening Routine

**MATERIALS NEEDED**

- bathtub toys (aquatic animals)
- blue cloth
- blue food coloring
- bucket
- construction paper
- goggles
- internet access
- markers, crayons
- music
- pictures of aquatic animals: (dolphin, fish, octopus, shark)
- plastic container
- playdough or materials to make (flour, salt, water, and food coloring)
- scissors, tape, glue
- stuffed aquatic animals
- water

**CURRICULUM SCHEDULE**

**MONDAY**

Language/Literacy: *The Pout-Pout Fish* by Denise Diesen

Creative Exploration: *Octo-Arms*

Brain Waves: *My Work Area*

**TUESDAY**

Math: *Octopus Wiggle*

Music/Movement: *5 Swimming Octopuses*

Brain Waves: *My Work Area*

**WEDNESDAY**

Science: *Why Do I Swim?*

Cognitive Exploration: *Where's Nemo?*

Brain Waves: *My Work Area*

**THURSDAY**

Language/Literacy: *I Can Sign "Fish"*

Dramatic Play: *Snorkeling Fun*

Brain Waves: *My Work Area*

**FRIDAY**

Social Studies: *Back to the Ocean*

Sensory Activity: *Deep Sea Dive*

Brain Waves: *My Work Area*

## Language/Literacy

### *The Pout-Pout Fish*

by Deborah Diesen

**Learning Goal:** Listen and respond to brief conversations and group discussions

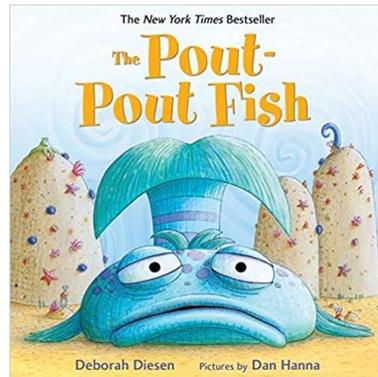
**Materials:** pictures (fish), Theme Book: *The Pout-Pout Fish* by Deborah Diesen or internet access for read along:

<https://www.youtube.com/watch?v=oqupxANpqlE>

**Preparation:** Pre-read/listen to the book and gather pictures of fish.

#### **Instructions:**

1. Encourage your child to join you.
2. As you read/listen along, ask them questions about the story. Allow them to look at the illustrations. As they look, point out the different types of fish and their characteristics.
3. Praise them for their participation.



## Creative Exploration

### Octo-Arms

**Learning Goal:** Expresses self creatively with simple art materials

**Materials:** construction paper, crayons, glue, scissors

**Preparation:** From construction paper, cut out an octopus shape (without arms) and 8 arms/legs for the octopus.

#### **Instructions:**

1. Encourage your child to join you.
2. Talk to them about octopuses.
3. Provide them with an octopus shape and encourage them to color it anyway they choose.
4. Assist your child with gluing the arms/legs on the octopus.
5. Count the arms/legs and encourage them to count with you.



## Math

### Octopus Wiggle

**Learning Goal:** Beginning to understand that numbers of objects can be symbolized by printed numerals

**Materials:** children's music, number 2 (cut out or number chart), picture of an octopus (2 copies), tape

**Preparation:** Tape the octopus pictures on floor.

**Instructions:**

1. Encourage your child to join you.
2. Show them the 2 pictures of the octopus. Then, show them the picture of the number 2.
3. Touch and count the octopuses with them.
4. Ask your child to stand on the 2 pictures of the octopus.
5. Turn on some music and encourage them to wiggle like an octopus while standing on the pictures.



## Music/ Movement

### 5 Swimming Octopuses

**Learning Goal:** Participates in simple songs that involves numbers and quantity

**Instructions:**

1. Encourage your child to join you.
2. Sing *5 Swimming Octopuses* (to the tune of *5 Little Ducks*) several times and encourage your child to sing with you.

#### 5 Swimming Octopuses

(sung to the tune of *5 Little Ducks*)

5 swimming octopuses swam here and there.

Swimming around without a care

the big grey shark went yum, yum, yum.

And 4 swimming octopuses swam

home, home, home.

(count down 5,4,3,2,1 and then 0)



## Science

### Why Do I Swim?

**Learning Goal:** Explores characteristics of living things

**Materials:** pictures (dolphins, fish, octopus, whales), tape

**Preparation:** Print and hang pictures around the house at child's eye-level.

**Instructions:**

1. Encourage your child to join you.
2. Show your child pictures of each aquatic animal hung around your house. Discuss their characteristics using simple vocabulary and encourage them to move like the animal does in the water.
3. Praise their efforts.



## Cognitive Exploration

### Where's Nemo?

**Learning Goal:** Searches for hidden or missing objects

**Materials:** stuffed animal (fish)

**Preparation:** Hide fish in a simple place in the house.

**Instructions:**

1. Encourage your child to join you.
2. Talk to your child about fish and where they can live, ex: ocean, aquariums, fishbowls, etc.
3. Say "We are going to play a game. A fish got out of the tank and we need to find it! Can you help me?"
4. Encourage them to search the house for the missing fish.
5. When they find it, cheer and clap for their effort.



## Language/ Literacy

### I Can Sign “Fish”

**Learning Goal:** Uses some non-verbal gestures and actions used by others to express feelings

**Materials:** pictures of sharks

**Instructions:**

1. Encourage your child to join you.
2. Show them pictures of sharks and discuss their features.
3. Move your body like a shark swishing the tail. Encourage your child to mimic your actions.
4. Begin to move around the room like a shark in water and encourage your child to follow you. Sign the word “Fish” like the picture below.
5. Praise their efforts.



## Dramatic Play

### Snorkeling Fun

**Learning Goal:** Exploring new situations through dramatic play

**Materials:** blue cloth, goggles, pictures of aquatic animals, scissors, tape

**Preparation:** Create or find an open area. Spread cloth on the floor in the area. Cut out and tape aquatic animal pictures on the cloth.

**Instructions:**

1. Encourage your child to join you.
2. Engage in discussion about the ocean with them. Show your child a pair of goggles and discuss what they do.
3. Encourage your child to put on goggles and explore animal pictures on the cloth identifying each animal while pretending to swim in the ocean.
4. Praise their efforts.



## Social Studies

### Back to the Ocean

**Learning Goal:** Completes a task with assistance

**Materials:** bucket, markers, stuffed aquatic animals

**Preparation:** Decorate the bucket to resemble to ocean.

**Instructions:**

1. Encourage your child to join you.
2. Provide your child with stuffed aquatic animals and allow them to explore while discussing the different animal features. (If you don't have stuffed aquatic animals, use your printed ocean animals.)
3. Say, "It is time for the animals to go back to the ocean." Encouraging them to place the aquatic animals back in the ocean (bucket).
4. Praise their effort for completing this task.



## Sensory

### Deep Sea Dive

**Learning Goal:** Engages in structured play using water

**Materials:** bathtub toys (aquatic animals), food coloring (blue), plastic container, water (1 inch)

**Preparation:** Add water and food coloring to plastic container. Then add plastic sea animals.

**Instructions:**

1. Encourage your child to join you.
2. Encourage them to explore the container and all the aquatic animals that live under the sea.
3. Encourage conversation by asking questions about the characteristics of each animal.
4. Allow independent exploration by your child.
5. Praise their efforts.



## Supporting the Development of the Parietal Lobe

The parietal lobe deals with perceptual modality and sensory processing. This is the portion of the brain that processes information relating to touch, temperature, and pain; it deals with spatial recognition, visual and speech processing, and perception.



## Spatial Awareness

### My Work Area

**Materials:** playdough

(easy to make recipe: <https://www.youtube.com/watch?v=oAIAm6BF0fs>

- bowl, flour, food coloring, salt, water, work place ex: placemat, wax paper, etc.)

**Preparation:** gather or make playdough

**Instructions:**

1. Encourage your child to join you. Show them the playdough.
2. Place playdough on work area and tell them this is your “work area.” Encourage your child to squeeze and mold.
3. Encourage them to manipulate the playdough with tools, ex: plastic spoons and forks.

**Activity Variation:** Provide your child with paper, paint, table blocks, and other materials to fit in their work area.