

# September Menu 2019

Milk & Water are served with every meal and Snack



	Mon	Tue	Wed	Thu	Fri
3 S	<b>NO SCHOOL !!!</b>	3 <b>Breakfast:</b> Cinnamon Toast Sticks, Pineapples, Milk <b>Lunch:</b> Chicken & Rice Casserole, Corn, Fruit Cocktail, Milk. <b>AM:</b> Graham Crackers & Bananas <b>PM:</b> Animal Crackers & Raisins	4 <b>Breakfast:</b> Muffins, Applesauce, <b>Lunch:</b> Cheeseburgers, French Fries, Pears, <b>AM:</b> Yogurt W/ Peaches <b>PM:</b> Pretzels & Sun Butter	5 <b>Breakfast:</b> Biscuits, Turkey Sausage, Jelly, Fruit Cocktail, <b>Lunch:</b> Hot Dog Mac & Cheese, Green Beans, Peaches, <b>AM:</b> Ritz Crackers & Jelly <b>PM:</b> Wheat Crackers and Turkey <b>PM:</b> Choc. Chip Cookies & Juice	6 <b>Breakfast:</b> Honeynut Cheerios Cereal, Mixed Fruit, <b>Lunch:</b> Turkey Sandwiches, Chips, Mixed Fruit, Milk <b>AM:</b> Fresh Fruit, Crackers <b>PM:</b> Trail Mix
4 S	9 <b>Breakfast:</b> Wheat Waffles W/ Syrup, Pears, <b>Lunch:</b> Fish Sticks, Tator Tots, Ketchup, Peaches, Milk <b>AM:</b> Wheat thins & String Cheese <b>PM:</b> Graham Crackers & Peaches	10 <b>Breakfast:</b> Cheese Toast, Peaches, Milk <b>Lunch:</b> Bean and Cheese Burritos, Rice, Pears, Milk <b>AM:</b> Carrots, Crackers & Ranch <b>PM:</b> Goldfish & Pears	11 <b>Breakfast:</b> Biscuits W/ Jelly, Fruit Cocktail, <b>Lunch:</b> Pizza, Corn, Pineapples, <b>AM:</b> Ritz Crackers & Cheese <b>PM:</b> Finger Sandwiches & Chips	12 <b>Breakfast:</b> Scrambled Eggs, Hash browns, Toast W/ Jelly, Pineapples, <b>Lunch:</b> Turkey Fingers, Mashed Potatoes, Ketchup, Fruit Cocktail, Milk <b>AM:</b> Animal Crackers & Raisins <b>PM:</b> Club Crackers & Turkey	13 <b>Breakfast:</b> Strawberry Spooners Cheerios, Mixed Fruit, <b>Lunch:</b> Turkey Sub-Sandwiches, Chips, Pickles, Mixed Fruit, <b>AM:</b> Oranges, Crackers <b>PM:</b> Graham Crackers & yogurt
1 S	16 <b>Breakfast:</b> Pancakes W/ Syrup, Pears, <b>Lunch:</b> Hot Dog Mac & Cheese, Green Beans, Mandarin Oranges, <b>AM:</b> Jelly/ Sun Butter Sandwiches <b>PM:</b> Goldfish & Pears	17 <b>Breakfast:</b> Cheese & Egg Taco, Peaches, <b>Lunch:</b> Chicken Nuggets, Mashed Potatoes, Pineapples, <b>AM:</b> Fresh Fruit, Ritz Crackers <b>PM:</b> Pretzels w/ Sun Butter	18 <b>Breakfast:</b> : Muffins, Applesauce, <b>Lunch:</b> Beef A Roni, Corn, Fruit Cocktail, <b>AM:</b> Graham Crackers & Bananas <b>PM:</b> Carrots w/ Ranch & Crackers	19 <b>Breakfast:</b> Cinnamon Toast Sticks, Fruit Cocktail, <b>Lunch:</b> Cheeseburgers, French Fries, Ketchup, Pears, <b>AM:</b> Yogurt & Peaches <b>PM:</b> Turkey, Cheese & Crackers	20 <b>Breakfast:</b> Cereal, Honey Nut cheerios Mixed Fruit, <b>Lunch:</b> Turkey Sandwiches, Chips, Pickles, Mixed Fruit, <b>AM:</b> Cheez Its and Applesauce <b>PM:</b> Trail Mix
2 S	23 <b>Breakfast:</b> Wheat Waffles W/ Syrup, Pears, <b>Lunch:</b> Spaghetti W/ Meatballs, Green Beans, Fruit Cocktail, <b>AM:</b> Fresh Fruit, Wheat Crackers <b>PM:</b> Goldfish & Pears	24 <b>Breakfast:</b> Cheese & Egg Taco, Peaches, <b>Lunch:</b> Burritos W/ Beans & Cheese, Rice, Applesauce, <b>AM:</b> Ritz Crackers & Jelly <b>PM:</b> Cheez -Its & Applesauce	25 <b>Breakfast:</b> Biscuit, Jelly, Turkey Sausage, Fruit Cocktail, <b>Lunch:</b> Pizza, Corn, Pineapples, <b>AM:</b> Fresh Fruit, Pretzel Sticks <b>PM:</b> Jelly/ Sun Butter Sandwiches & Chips	26 <b>Breakfast:</b> Scrambled Eggs, Toast, Applesauce, <b>Lunch:</b> Chicken Alfredo, Carrots, Peaches, <b>AM:</b> Club Crackers w/ Cheese <b>PM:</b> Wheat thins & Cheese Sticks	27 <b>Breakfast:</b> Rice Krispies, Mixed Fruit, <b>Lunch:</b> Turkey Sub-Sandwiches, Chips, Pickles, Mixed Fruit, <b>AM:</b> Animal Crackers & Raisins <b>PM:</b> Graham Crackers & yogurt
3 S	30 <b>Breakfast:</b> Pancakes W/ Syrup, Pears, <b>Lunch:</b> Beanie Weenies, Carrots, Applesauce, Crackers, <b>AM:</b> Wheat Crackers & cheese <b>PM:</b> Cheez-Its & Peaches				